

The image is a complex, multi-layered composition. At the center is a glowing, heart-like shape with a textured, organic appearance. Inside this heart are several Hebrew letters: **א** (Aleph) at the top, **ב** (Beth) on the left, **ג** (Gimel) on the right, and **ד** (Dalet) at the bottom. The heart is surrounded by a dense network of colorful, branching lines resembling a DNA helix or a complex web. To the left of the heart is a profile of a face with a crown, and to the right is a profile of a face with a beard. The background is dark and filled with abstract patterns, including a grid of dots and lines at the top right. A vertical strip on the right side of the image contains a series of diagrams, including a DNA helix and a grid of numbers and letters. At the bottom, there is a table with two rows and six columns, and a large text block below it.

The Word	?	Numbers	?	?	?
The World	?	Creation	?	?	?

WHY is Power such a Mystery?



Truth be Told...

- **Truth be told**, I am ambivalent: a part of me knows what to do, the other doesn't want to do it.
- **This dividedness** is what sources the illusion of separation, lack and limitation.
- **Imagine now** having a language soulful enough to address the root of the conflict. This language vibrates at the frequency of "enough." It lights a path by which to restore health in ALL levels of communication. And yes, it was hidden in plain sight in Hebrew...



The **Will** of Come_unity

When volunteering to be in “the hot seat,” I am willing:

- to know the truth.
- to begin to see a path to transformation.
- to give myself the permission to stop at any time.

When witnessing solo or as part of a group, I am willing:

- to hold sacred space for the work that is being done.
- to feel that the work being done is also my work.



Who am I?



I am a **seeker**.



I am a **visionary**.



I am a **coach** or a **healer**.



I am an **emissary**.



The Power of a Seeker



To understand that there is an end to dissatisfaction and to persevere to THE END...



The Power of a **Visionary**



To surrender to the unknown, not only in my
“art,” but in all aspects of life...



The Power of a Coach or a Healer



To give up the things that make me sick
and allow me to heal...



The Power of an Emissary



To be the change I wish to see
in the **WORD...**



WHY Power?

BECAUSE I am a divine being – boundless, unlimited.
This also means that I am here to remember that true Power is wholesome.

“You create your own reality.” Download from the Collective Unconscious

- Consider: coming to wholesome Power is the work. It entails evolving (my) consciousness beyond the fear of being emPowered, and thus giving/receiving it all.
- I wish to know WHY I would choose to *think* I can't _____.

Am I willing 1) to see that I ALWAYS get what I want, which may not be the same as what I *think* I want? 2) to inquire on why I would unconsciously argue for my limitations? 3) to take full response-ability for my “Power failures?”



WHY is Power a Mystery?

BECAUSE, while language is where my Power activates itself, there is an unconscious element that drives the story I tell.

“Communication is not what is said and done. It is the *result* of what is said and done.” Golden XPR

- When the results of my communication match my vision, I am telling the truth.
- But when there’s a misalignment between what I say I want and what I have *in reality*, there are a few unconscious intentions in my space.
- These “secrets” are what obstruct my creative magic:
 - In regards to _____, I say I want _____.
 - And what I *actually* have is _____.



WHY “UnderStanding?”

BECAUSE understanding myself – and therefore being able to recognize WHY I once chose to do harm – is understanding everyone and everything. This is “UnderStanding” – a sentience coming from making the unconscious conscious.

The XPR Formula: Understand. Choose Peace. emPower the NOW

- **A Nature-Language:** there is a metalanguage (a language beyond all languages) that is programmed to write Nature into being.
- **It is my Nature to be LOVE:** the codes allow me to understand my creations from a grander perspective, and thus to feel the order inherent to chaos.
- **Understanding allows the Choice of Peace:** this felt sense is helped by an inquiry that is sourced in sacred geometry. As such, it is universal (it relates to the whole and not just parts of me), credible (I can trust it), and radical (it takes me to the root).

We call this language “S/Hebrew” [shee-broo], as it is when Hebrew goes global, ecological and unisex as **the words and worlds** of sacred geometry...



WHY Words & Worlds?

BECAUSE, when I open to S/Hebrew's geometry, I realize that it is not the WORLD that was created in 6 days. It is the WORD!

Order of Above	1	2	3	4	5	6
Order of "Belove"	"Day" 1	The SIXth "Day"	"Day" 5	"Day" 4	"Day" 3	"Day" 2

- Called *the seed of life* and *the Genesis pattern*, the geometrical design below transmits the code of creativity in SIX stages.
- When the **6th circle** is formed, two more almond shapes are drawn to complete the revealing of the **7th circle** which was here before time or mind.
- This state of mind is called *Shabbat* for "rest." Being aligned to it opens the door to Love and wholesome Power. More than a day, it is **the infinite field** where I do not cause anything, letting creation happen *through* me and not *by* me.





The Gølden Rule™

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		"PAIRfect"		Resisting		Changing		Separating		Opening	
9	Th	8	H	7	G	6	F V U W	5	E	4	D	3	C	2	B	1	Æ
90	Z	80	Ph P	70	O	60	X	50	N	40	M	30	L	20	K	10	I J Y
900	Z f.	800	P f.	700	N f.	600	M f.	500	K f.	400	T	300	S Sh	200	R	100	Q

Imagine an alphabet that transcribes the movement of energy (from 1-Opening to 9-Completing, and back) in order to balance the left and right sides of the brain, and ease the mind-body connection...

Language is movement. Movement is life. Life has no meaning. It just is.



The emPowering NOW Team – **dedicated to the simplicity of “do good or, at the least, do no harm!”**

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