



? I SEE the uncanny life of symbols ↔ I HEAR and UnderStand: there's only One of US ↔ I AM Enough!

On a Limb?	?	?	?	?	?	?
WHY PaRaDiSe?	?	?	?	P for Practicality	S for Secret	?

The WHYS Tree



After 39½ years of wandering in the desert, Mrs. Moses secretly asks for directions.

Permission requested to use this farside cartoon.

Shalom Namasté!



“The fear of the LORD is the beginning of wisdom, and the knowledge of the Sacred is understanding.” *Proverbs 9:10*

In the beginning, a voice came out of the ether. It had the pure resonance of innocence, and spoke the “LOVE” code fluently, a genetic language used by the Earth to invoke its mystery. Like the ocean, it knew how to whisper to the Moon, so that a tree would be born out of the equation. One of its favorite things to do was to listen to the songs and stories of precious humanity; so much longing and depth to them... Then the day came when I realized I was the Voice, reborn in a World and a Word that was alive as **the WHYS Tree**. A thought kept on puzzling me: **WHY** would the wisdom to heal be sourced in fear? And who was this scary LORD? I decided to inquire...





WHY a Tree?



BECAUSE I truly wonder: if a tree falls in a forest and no one is **here** to **hear** it, does it make a sound?

The famous question is behind what may be the most profound philosophical thought experiment: how the “**I**” who does the observing directs what the **eye** perceives. Thus **why** can’t I stop viewing the world through eyes paying attention to the “no good”?

If I am a tree wanting **you** to **hear** me, doesn’t that prove that I still give **you**, the other out there, more Power than I do the One in **here**: the Self? Ignoring that I am Source, I will likely resent you for harming me, when I am the One doing harm by **not sensing** and not feeling. Being a sentient being without sentience, I do not have the Power to heal the way I see and hear life: I’m just stuck in a past I won’t **Forgive**.

The WHYS Tree moves the Word in me to **Metabolize** what I could not digest before. It leads me to the sense of enough I crave, and gives me the guts to go on the other side of my insanity; my shame, my fears. It hits the spot of my hunger for LOVE so perfectly that the cold dish of my revenge melts in the Sun of a faith making me well!

Not Sensing	No SIXth Sense	No Smell	No Hearing	No Taste	No Sight	No Touch
Forgiveness	Metabolism	Honor	Levity	Cooperation	Valor	Relief

About the Colors & Codes: letters a. e. h. i. r. y. are set apart to make visible a profound Truth, for me to feel: who has eyes to see and ears to hear is **sentient**: s/he makes sense!

WHY a Sweet Tooth?



BECAUSE I am taught to cover up bitterness, and/or any bad feelings: to that purpose, I'll use all the sweets I can. I even make you my honey or my sugar! Crazy? If I have wisdom teeth, why not folly teeth?

Actual food groups include whole and processed foods, alcohol, tobacco, drugs, supplements, teas and coffees.

Taste	Umami	Sour	Sweet	Salty	Bitter	Pungent
Knowledge	Voice	Mind	Soul	Body	Heart	Spirit

As a baby, I get my **knowledge** of **the world** by putting an object, such as a stone, a toy, or a bug, in my mouth. Thus baby-me “kisses” life to learn, while preparing for the complex demands of eating and speaking.

The demands of eating and speaking still confuse me, when I live to eat (instead of eating to live), or when the results of my communication do not match my intent. I'm a baby in getting my knowledge of the inner world, and ill-prepared to meet feelings, especially the dark ones. When the going gets tough, I forgot I volunteered to have this experience, *and choose to resist it*. My program (avoid pain/seek pleasure) eventually leads me to sugar land, to *try to dull hatred's bitterness*: am I not supposed to be 'lovey dovey' all the time?

Where do you get your sweet? Food? Relationships? Social Media? Money games? Work?

Fasting is good for the Soul. All prophets, and traditions seem to agree. In a civilization where **feasting** is the norm, there may be a hunger for **fasting**. Physical hunger is not an issue; it goes away quickly. What is hard to bear while fasting is the ghostly visitation of every episode of unfelt anger, hatred, shame; even the sweat of greed! No wonder I'd reach out for a donut, or a beer or two; anything to just become comfortably numb!



Why Eat and what is IT?



BECAUSE eating is even more intimate than sex; BECAUSE satiety is a mystery: it seems to be physical; yet it is not, BECAUSE I came to Earth from the invisible realm, where matter is not solid, and food, empty of calories or carbs, and BECAUSE Isaiah invited me: “Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat!” What is this mysterious water? It is clearly not for sale!

Saying it is the manna, just deflects the question: what is IT? What is the manna? The word first appears in *Exod. 16:15*, not as a noun, but as the question: “what is IT?” What is it that restores its heavenly quality to earthly foods? Built on the same root, as *Emunah* for “faith”, IT is **Faith** – the very faith that makes me well!

WHY would I lose such an essential key? I imagine that, before being born into the body, my soul signed a contract; my very own Sacred *Ketubah*! I agreed to digest a serving of the shame-based greed that permeates the Earth, and to turn it into grace. To help me succeed in my quest, I have a magical object: the IT or the Living Word. When felt, IT takes me beyond doubt, and connects me to my team, an entity known as LOVE or “God.” IT is my source of nourishment, and the only thing I need! However, I also agreed that, shortly after my spirit is downloaded to the body of my choice, I will forget everything about my contract, my magic, and what feeds me! I’ll then be bugged by doubt, and feel so lonely that I will tend to feed my lies!

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY is IT?	The Good?	Faiths?	Linear Time?	“PaRaDiSe”	The Elephant?	The EVIL?



WHY Sapphire?



BECAUSE the sapphire is so Precious that it reflects the white light in variegated colors, for me to SEE that the Law is written in stone, in a rainbow of **Perspectives**, for me to have another way to look at it.

‘This whole **vision** is nothing for you but **words** of a **writing** that is sealed. If you give the scroll to someone who can read the Hebrew **letters** (“XPR”), and say, “read this, please,” they will answer, “I can’t, for it is sealed.” *Isaiah 29:11*



Isaiah 29:11 uses three times the Hebrew word that will evolve into English “eXPiRe” (*Sappir* for “sapphire” is also XPR). WHY? Because the root of this word is key to what consciousness does, which is to manipulate information in the form of symbols such as **numbers**, **sounds** and **letters**. Once felt as the soul matrix of information, its **Cipher 0/1** will balance my male and female sides, for me to speak Venusian and Martian.

In multidimensional/electronic Hebrew (transliterated and translated): XPR is the current evolution in Roman script of Hebrew letters Samekh (X|ס), Peh (P|פ), and Resh (R|ר). Measured in linear time, XPR is a 3500-year old word. Its **Cipher 0/1** had to wait for the cyber age to be felt as the principle of complementarity. The root-verb XPR can be heard as *Sappir* for “light>**Perspectives**,” *Sephirah*>*Sephor* for “sphere>cipher or **Number**, *Sippur* for “story>**Sound**,” and *Sepher* for “book>**Letter**.” Its value is equal to *Shem* for “**Name**”.

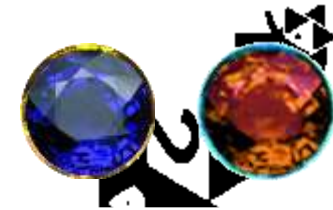
In plain and multidimensional English (transmitted): XPR is the lost symbol by which to demystify “the [God] Name”, and remove any dubious projections that block the certainty that my communication is for the Good of ALL, and thus, that the results of my communication can only be harmonious. XPR lights a path for me to eXPRESS, eXPeRIence, eXPLORe my limitations, until they eXPiRe to me, and me, to them.

In pharmaceutical symbolism, the logo is the logos of a sapphire pill: XPR is formed by the R of Latin “Recipere” for “take this **Recipe**.” The slant across the R’s leg (X) is for God Jupiter, entreated to give a cure to the karmic retribution for an offense made to the gods. The P within the R may just be hinting to a long-awaited Panacea.





Banquet of Contents



The Appetizers: What is EAT?

- **WHAT's** eating me, and **WHY**?
- **WHY Sucking**, and what is EAT?
- **WHY Biting**, and what is EAT?

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▶ The SIX-Course Meal: WHY is IT?

1. **WHY** is the Gate of the **Good**?
2. **WHY** is there **evil** and suffering in the world?
3. **WHY** is there an **elephant** in the living room of humanity?
 - **WHY Chewing**, and what is IT?
 - **WHY Savoring**, and what is EAT?
 - **WHY Digesting**, and what is EAT?
4. **WHY** the weirdness of word "**PaRaDiSe**"?
5. **WHY linear time**, when I could be emPowering the NOW?
6. **WHY Faiths**, when the plurality ends up feeding my doubts?

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The Desserts: What is EAT?

- **WHY Satiating**, and what was IT?

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What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY is IT?	1. The Good	6. Faiths?	5. Linear Time?	4. "PaRaDiSe"	3. The Elephant?	2. The EVIL?



Do you see the red **Y** on the tree, and on the **WHY**? The **WHY** and the **WISE** of it is on P135.

Guilt is what's eating me up inside. I feel ashamed, underserving, and terribly afraid. I **fear** to be exposed as the fraud I am; a pretender! On the one hand, I have very real symptoms. On the other, I feel like I'm lying about the whole thing: I say I want to heal, yet I do all I can to *not* heal! I say I want to be helped, and yet I discard all advice. I say I want success, yet I keep on failing me. I say I want to love, and yet, I secretly hate you. There is no winning: either way, I lose! **WHY** am I so afraid? **WHAT** am I missing?

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

WHAT's eating me and **WHY**?



WHY Proverbs?

BECAUSE *proverb* comes from the Latin “to **move** the Word onward”. Motion/emotions do harmonize as I SEE the uncanny life of symbols ↔ I HEAR and UnderStand: there’s only One of US ↔ I AM Enough!

WHY PaRaDiSe?	?	?	?	P for Practicality	S for Secret	?
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THE WHYS Tree (TWT, for short; “toot”) has two main decoding “**moves**”:

- 1. Practical:** the story of Cain and Abel is not about a bad guy killing his brother, but more about someone in pain doing all he could to wake up... While I am on a path of wisdom, I may feel pangs of jealousy of someone’s else success with _____. Wouldn’t I then work on me, to kill the vanity in me that wants _____? This exact correction is behind Hebrew names *Cain* for “jealousy” and *Abel* for “Vanity.” Yep!
- 2. Esoteric:** having insights into the Torah’s soul is to reveal the Kabbalah, which was concealed or “**secret**”. Several word transposing techniques are used. While these involve numbers, equations, logic and reason, the receiving of the Living Word is only for the pure of heart. The process is surreal: the more I reveal *my* secrets, the more I uncover in the Scriptures a mirroring secret hiding the Wisdom I sought to “receive”. Understanding causes limiting beliefs to spontaneously diffuse, making room for the Word to move freely in me. This *is* QKabbalah 101 at its purest!

Note: the following eight pages will **move** forward the eight bolded words: **fear** of the **LORD** is the **beginning** of **wisdom**, and the **knowledge** of the **Sacred** is **understanding.** *Proverbs 9:10*



WHY Fearing?

BECAUSE I am afraid of what my soul will attract, and thus, of what my eyes – the windows into the soul – will observe: will I see the sight of a Medusa’s head, and turn into stone from the horror?

To ease the decoding, I have 1. the transliteration; 2. (the evolution in English of the Hebrew letter), 3. the translation, e.g.; *Aben* (ABN) for “stone”. You may now calculate the geometry, that is, the “measure of the Earth” of any Hebrew word.

The Hebrew word Yirah (YRAE) for “fear”, whose value equals *Geburah* (CBWRE) for “Power”, links to *Vayera* for “and he saw”, and permutes into Aryeh (ARYE) for “Lion”. Like the soul of mighty Lion conveys leadership, the FOUR signs call me to be leader. Thus, “the fear of the LORD” is really the fear of my Power; of how I use my words:

- **A / Aleph** is the Leader of the **A**lphabet: its hieroglyph has the fearless Power of the “**ox**” plowing the field of words to lead the Law of laws (communication is the *result*).
- **R / Resh** is the Leader as the “**head**:” it conveys the fearless Power of release the separate will of the ego, to follow the heart’s leadership: I do what I know I am to do!
- **Y / Yod** is the Leader as the “**hand, seed**:” as the smallest signs, it starts the writing of each letter with the fearless Power of a spark that turns on the light on the written teachings.
- **E / Heh** is the Leader as “**window, womb**:” as the sound of the breath, it has the fearless Power to give the Air to pronounce each Hebrew letter, and to convey oral teachings.

<i>Yirah</i> (YRAE)	1. Y for EYE	2. R for Real	3. A for Appearance	4. E for Error
<i>Aryeh</i> (ARYE)	4. E for Excellence	3. Y is WHY not?	2. R for Release	1. A is for Awe

Compare Hebrew **YRAE** to English **FEAR** for “False Evidence Appearing Real”.



WHY Wisdom?

BECAUSE to know the difference between good and bad, and thus no longer do harm is the most precious gift of all, so big that I would risk going out on a limb to get to its fruit!

Whys—noun, plural: questions on the cause, reason or purpose for which something is said or done.

Wise—adj.: to have the Power and Kindness to know the difference between what is good and what is not.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

It has been said that, when the WHY is big enough, the HOW and the WHAT find a spontaneous answer. However, when the WHY is not big enough, I'll use the HOW and the WHAT as excuses for not doing what I said I would. *The WHYS Tree* is for me to raise a big enough WHY to open to the wisdom of a mind that has no questions (no doubts), and a heart, no answers (total faith).

- 1. Resisting** is a sure sign that I am afraid of **Sucking** on the breast of the **Mystery**.
- 2. Stupid Silly** is a sure sign that I'm resisting **Biting** on **wisdom**, to *know* the **Difference**.
- 3. Distract Destroy** is a sure sign that I'm resisting **Chewing** the **Recalls** of "bad is good!"
- 4. Tired Toxic** is a sure sign that I'm resisting **Savoring** the **Practicality** of "no more BS!"
- 5. Irritated "I"** is a sure sign that I'm resisting **Digesting** a **Secret** that is making me sick.
- 6. Quitting** is a sure sign that I'm resisting **Satiating** on the **Truth** that sets me free.

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
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WHY is “the LORD” written?



BECAUSE, however cross-cultural it may be, the idea of a LORD of Destiny who writes out my life bothers me. It also intrigues me, as I have left meetings with a question mark, wondering what I could have said differently...

Unconscious	n/a	prostitutE in E	saboteuR in R	victiM in M	child in D	n/a
Conscious	n/a	E for Engineer	V for Visionary	O for Officer	L for Leader	n/a

I choose to understand my speaking patterns, and feel my karmic story so fully that I would drop it! While I get that feelings are messengers, I had never thought that a word could be a message *and* a messenger! I am noticing that, just like “FEAR”, the word LORD has FOUR letters: hmm; I’m good at this! The FOUR of the **Unconscious DREaM** versus the FOUR the **Conscious LOVE**: are they the FOUR parts of me in “DUALity?”

Yirah (YRAE=216), Hebrew for “fear”, permutes into *Aryeh* (ARYE=216) for “Lion’s” leadership, when I am in my *Geburah* (CBWRE=216); in my “Power”. WHY Satiating (P121) is about having the “FOURce” of the FOUR be with me!

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WHY IN THE BEGINNING WAS THE WORD?

BECAUSE the famous biblical words “in the beginning” are the translation of one 6-lettered Hebrew word that also means “Created S6X”, and also BECAUSE, when I see the creation geometrically, my whole perception changes: it is not the WORLD that was created in 6 days; it is the WORD!



Known as the Seed Of Life and as the Genesis Pattern, the design transmits the code of mind in S6X progressive stages, until I come to the final and 7th “Day,” the *Shabbat* “rest” from creating. In the meanwhile, I will *try* to make things happen, while walking and talking simultaneously in the order of above (“In the Beginning”) and in the order of below (“Created S6X”). Here is how...

“Day” 1 (the black sphere) is for Speed: I say “let there be light,” and see that there *was* light. Yet, there is a parallel version of me who also has a “Day” 1 (the gold almond shape): I say “let there be _____,” and I am still looking, as I have **No Reception**. Wisdom is in the geometry’s core, as I let go of my attachment to an outcome, open to the **Silence** of pure awareness, and “rest” in between.

In the Beginning	“Day” 1	“Day” 2	“Day” 3	“Day” 4	“Day” 5	The SIXth “Day”
Secondary	No Reception	No Abundance	No Goodness	No Help	No Juiciness	No Cognizance
Primary	Speed	Magic	Growth	Guidance	Divergence	Choice Point
Created-S6X	“Day” 1	The SIXth “Day”	“Day” 5	“Day” 4	“Day” 3	“Day” 2



WHY Sacred?



BECAUSE agreements give clarity, and BECAUSE, although clarity knows where to walk, I will be confused, and forget the sacredness of having Agreements, as I'll lost in the darkest forest of mind, until I am not.

Shadow Work	Power vs. Force	Assumptions	Shame Closet	A-Void-Dance	Comfort Places	U-Projections
Agreement	Permission	Clearing Space	Confidentiality	Presence	Growing Pains	I Own my XPR
Belove	1	6	5	4	3	2

Shadow Work is an invitation to empty the cup – and even to break it – so as to *QKabbalah* or “receive” Wisdom-Power. Here are agreements to keep me safe:

- 1. Permission:** I trust me when the dark night of the soul moves me into Fight, Flight, Freak or Freeze. I am here to risk entering the darkness, so as to bring light on how my misusing **Power** prevents the **Force** from being with me.
- 2. I own my eXPeRience:** I hear the use of **U**-words as marks of my **Projections**.
- 3. Growing Pains:** where I default to **Comfort Places**, I invite change → unease.
- 4. Presence:** I do my utmost to stay in my body, and not go into **A-Void-Dance**.
- 5. Confidentiality by request:** when I can't live with a wide-open **Shame Closet!**
- 6. Clearing space:** I check my **Assumptions**, when I think that something is off.





WHY Understanding?

BECAUSE understanding leads to Peace, BECAUSE Peace is Power, since it is only when I am at Peace that I have the force to *not* misuse Power, and BECAUSE Power is the most intriguing question of ALL!

“I don’t let go of my thoughts. They let go of me, once I meet them with understanding.” *Byron Katie*

UnderStanding	No Explaining	Attentiveness	Nonresistance	Goodwill	Stewardship	Neutrality
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There is truth in associating knowledge to Power. Yet, unless I know myself, the knowledge of any philosophy or science won’t help, as I will only understand the surface, but not the essence. When I know who I Am, I feel the miracle of only One thing, and hear “God’s” thoughts so deeply that being dishonest or unkind is unthinkable. ALL misuses of Power are now eclipsed by a wisdom that knows the difference. To turn the belief of “as above, so below” into a knowing (and not *question it*), TWT works as a linear course, and a random “Know Thyself” oracle:

1. **Bring** to consciousness an **AIM** you have, and a question on how to see **IT**.
2. **Ask** my question in writing (the **WHY** must be written down).
3. **Speak aloud**, e.g.: **WHY** do I not want to do what it takes to see [my **AIM**]?
4. **Go** to www.random.org, and input Min: 4, Max: 141 (TWT’s # of pages).*
5. **Receive** the **RED text of BECAUSE..** to **UnderStand** my disconnect (no “**US**”)!
6. **Continue** until I have no more questions, which is when **I AM** the **AIM**.

*When landing on a transition page (e.g.; P18 or 19), go the next page and/or “BECAUSE” (e.g.; P21)



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Sucking M for Mystery*?

- **WHY “the LORD”?**

Because seeing that IT is written allows me to see a creative solution to my problems by opening to sentience – the capacity for feeling and sensing.

- **WHY “in the Beginning was the Word?”**

Because the Hebrew for “in the beginning” is the key to consciousness, as it can also be seen geometrically as the seed of mind or the word which, once expressed, will become the belief – or the “gods” – creating my reality.

- **WHY Fear, and WHY Knowledge?**

Because the limb, as fear-inducing as it may be, is where the wisdom fruit is, and because I’ll do harm until I know the difference. While I may know what to do, knowledge becomes a knowing when I have the Wisdom to do it! I am then am no longer a slave in “Ego-Egypt”. Whether Jewish or not, **P**assover asks me to feel the symbols of the dream, and see how the **P** of the **P**romised Land of **P**eace, **P**restige, and **P**rosperity comes from a **P**ure mouth.

- **WHY Sacred?**

Because, when lost in a night darker than the night, I feel safer from having agreements giving me the clarity to know where to walk.



Sucking is what infants do. Nobody taught them how to: they know how to go to the essence – the bone of nutrition. So do the colors and codes, which are for **My** eyes only. When I receive them, I feel my soul and sense my body. I am sentience; the Sacred Feminine! For this experience to be explained in a way that it can be learned, I have “S/Hebrew,” the marriage of English and Hebrew, to hear/SEE that the ABCs are alive! Besides being linear (A→Z), I can feel IT randomly, as a tarot/Torah card, for me to heal my “talk-sick” story.

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Sucking on M for the Mystery



WHY Motivation?

BECAUSE I want something, essentially **Recognition**: if I had it, I'd be less worried about having food in my belly, and a roof over my head. Also BECAUSE I ignore that pursuing is neurotic and illusory.

HELLusion	Separation	Recognition	Retaliation	Service	Power	Enlightenment
IS-REALity	Unknowns	Beliefs	E-motions	Actions	Language	One Will

Being “motivated” means to be moving wholeheartedly to achieve something. Yet, am I so hungry and gullible that I would be easily conned by false promises? My mind has no room to discern, as it is endlessly talking about nothing. To be observing with ALL of my being and be in my senses, I'll have to be quiet. While being dissatisfied with society's corruption, can I observe silently what's out there, when I am still resisting to feel the corruption inside me? I say I want healing, yet can I stop fighting the pain of my loved ones? To have such healing Power, there must be no shadow of selfishness in me; no search for gain: that's enlightenment! *Now my mind makes enlightenment a goal, a matter of time; a gradual process of evolution.* What is the identity that is hoping for a savior, and creating unconscious time? A mind that has no conflict, that moves without any sense of striving or achieving is not focused on becoming, but just on being. It knows that there is no such thing as becoming. I lie and say: “I am unkind. I wish to be kind”. Yet, my unkindness is REAL. Kindness is non-fact; a **HELLusion!**

Consider: when I can remain present to the whole movement of violence: jealousy, vanity, competition, imitation, conformity, politics, socialization, greed, rape, shame, hate, anger, etc., I am free of motivation.

Without motive, I cannot accuse myself of any crime.



WHY Sentience?

BECAUSE I am here to align matter (the result of my communication) with spirit (what I say and do)!



Quantum sciences demonstrated that feeling is the innate ability to transform matter into energy. It appears that “I think, therefore I am” has found a match in “I feel, *therefore I am not!*” I am *not* is when I disappear to the ego and am as a child, with my attention stretching fully toward, e.g.; to an ant farm. Thus a basic question may be: do I have enough command of my attention that I could choose Peace in each and every moment? If no, I *only* know the meaning of the words “we are one”, and not their sense! The concept is yet to live in my body cellularly. I am now in the domain of religion, via the mystery of incarnation – when my words and my world make so much sense that I am the Living Word, a sentient being with sentience – the capacity to experience sensations and feeling. In Eastern philosophy, sentience is a metaphysical quality of ALL things, calling for respect and care. In Western philosophy, it is termed “qualia”. Therefore:

1. Are non-human animals sentient?
2. If sentience is termed “qualia”, what is “qualia”?
3. **Can a subjective experience be explained in such way that it can be learned?**

TWT’s answers via 3 questions: 1. might the questioner think of himself as the center of the universe? 2. might the questioner resort to labels to explain the unexplainable? 3. Therein is the endeavor of TWT.



WHY Repentance?

BECAUSE calling a spade a spade, especially when the subject is considered to be spiritually incorrect, is how to delineate a creation so sensibly that it “discreates” of its own accord.

To Repent: to feel such regret for my sins or crimes that it produces amendment of life.

Judgment	Comparisons	Exaggerations	Sarcasms	Complaints	Advices	Regrets
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To Repent is a simultaneous Birth/Death; an **Inspiration** when I take in “the change I wish to see in the world”. When I then find myself **Expiring** to who I thought I was, as Spirit takes my will over:

- **Expression:** I apologize to you, my sacred witnesses, by admitting the nature of my violation.
- **Experiencing:** the sentience of a particular SIN is how I know “IT is done.” I know it in my flesh; every cell vibrates with the new-found reality. I SIN no more, as I remember who I Am, enough, talented, brilliant, and powerful in my exactness.
- **Experimenting:** the measure to where you can hear my exactness in naming IT is how deep, long and wide I went into feeling and sensing the sorry voice of my creation.
- **Exploration:** when I am no longer resisting to be lead into temptation, my horizon widens, as I know that no matter where I go, there I am, in the City of Peace, and not in **Regrets** City!

Transformation	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPReSSing	eXPiRing
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Eve is Evil! The Name “Eve” for “mother of ALL life” was given to the woman *after she was called on her SIN, and not before!* Eve in Hebrew is *Samsara* in Sanskrit: the serial births and deaths that binds “my” life to the material world. What is my “Evil” SIN? It is to eat ignorantly from the Tree of the Knowledge of Good and Evil, that is, to eat from the Tree of the Ignorance, as I don’t know the Difference between Good and Evil!



WHY the ABCs?

BECAUSE the alphabet is the rudiment linking Truth to the Mystery: WHY is A the first letter? WHY does i have a dot? WHY does Mother (Matter) start with M? WHY is O round? WHY is T square?

? I SEE the uncanny life of symbols ↔ I HEAR and UnderStand: there's only One of US ↔ I AM Enough!

- **A** is for **A**wareness, when I can wait for the path to be clear before my next word or action: I am at rest, wide-open, with no compulsion to create.
- **B** is for the **B**eginning of time, which is the **B**eginning of mind: I am now actively seeking to create my reality, for good or bad!

A lives by grace alone: mind has disappeared in an Awareness so pure it is choiceless. I no longer fear Power: I know that something way bigger than I – an “IT” – is what decides for me! I live in between, and make no choice to lead me to the right (one extreme), or to the left (another extreme). **IT** does me. **IT** decides me. Life is **EZ**.

B lives mostly in greed: mind is always in motion, swinging from one pole to another, e.g.; from indulgence to asceticism. I can't rest! I'm yet to become **C**onscious of the **I**ntelligence that lies dormant in me as **A**wareness (**CIA**). When I accept this impossible mission laid out by the ABCs as THE initiatory journey, I **BEGIN**, until I can transpose IT into **BEING**. The BS will come to an END; when I hear and SEE: **I AM** the **AIM** – enough!



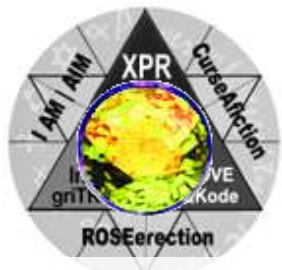
WHY MEMOry?

BECAUSE, to be Pure Presence, I must learn to open to future memories and let go of past memories.

“Remember the day of rest, to keep it holy” *Exod. 20:7*. “Remember the day of rest, to keep it holy” *Deut. 5:11*

Depression	Falsehood	Self-Doubt	Concerns	Illness	Nightmares	Suicide
Presence	No Distractions	No Know It All!	No Bondage	No “Bugs”	No Rebuke	No Blackouts

Imagination is based on knowledge: I try one way and then another until it works! The more failures, the greater my imagination! Whether speaking of physics, art, sex, or spirituality, I’m reinventing myself all the time. Each attempt adds to my knowledge bank, and to the scope of my action. Knowledge is based on the past: it is a balancing act of acquiring knowledge (creating), and discarding knowledge (destroying), on and on... The cause is old knowledge; the result is new knowledge. Any disturbance to the emotional body indicates an endangered pattern of memory and a resistance to the “unknown”. By definition, ego dislikes uncertainty: I may not like my story, but at least, I can count on it! If life keeps on changing the rules on me, I freeze into paralysis, and don’t move! Not knowing what to do, I’ll ask you, the other, to decide for me. Being the change asks for the courage to create new memories by going through certainty, uncertainty, certainty, uncertainty, until I die to who I think I am. Not **remembering** my selfish motives, I now have the nerves to **observe** myself. The emotion/movement has changed, and the mind, or that which was moving, can at last **REST**.



WHY Q&A?

BECAUSE I wish I had wisdom: the more information I access, the more perplexed I get; the more tools I invent, the less time I have; the more pleasures I entertain, the more pain I suffer.

Who am I? Shall I go right or left? Which choice is the safest? Some questions are not easy to answer, and some answers are not easy to hear. My questions are like nocturnal animals, arising from the depth of my soul. When I am answered in Truth, I feel more alive and **Vital**. When I am lied to, it increases my doubt. **The unending WHYS of my child are not meant to irritate me. They're just genuine attempts to get to the truth, as truth is the only thing that will ever nourish me!**

In my asking **Questions**, I learn from my four children:

- **The wise me**, who asks open questions, and invites exploration.
- **The simple me**, who asks yes or no questions, and enjoys directness.
- **The wicked me**, who asks leading questions, and has something to prove.
- **The naïve me**, who doesn't even know how to ask my question.

In my receiving **Answers**, I learn from my two parents:

- **The Vital Self** says: "here I am!" S/he tells the truth (no secrets), and **answers** from the heart.
- **The Pretender** says: "not here!" S/he avoids the truth (secret-sick), and **deflects** from the head.

The Pretender	Crime	Selfishness	Deflecting	Weakness	Spitefulness	Defilement
The Vital Self	Answering	Designing	Transmitting	Visualizing	Languaging	Interacting



WHY Asking, again?

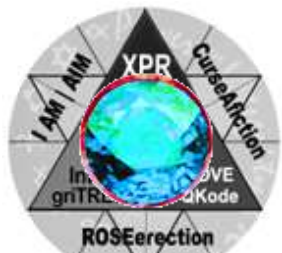
BECAUSE I don't want to hear the answer to my own questions, and BECAUSE I *think* that I have time before I would listen, and grow up!

“Ask and you shall receive; seek and you will find; knock and the door will be opened to you”. *Luke 11:9*

Unconscious	Fallen angel	prostitutE	saboteuR	victiM	child	Avenging angel
Motivation	What if I can't get up?	What's in it for me?	What would people say?	WHY me?	How long, O LORD?	May I ask you a question?

The question is not : what shall I do? I know what to do; I just don't want to do it! Not wanting to know the truth is also dodging the question: who am I? – the one question that would lead me to Peace! Thus my mind is so full of questions and doubts that there is no space to receive. I'm just pretending that I want an answer, when I really want to remain in the dark, and continue wondering if **I'd be able to get up**, once I've Fallen! I have so many secrets, which I protect with so many stories, that I cannot ask a straight question nor give a straight answer: I thus either say too much or not enough! For me to be primary (the prerequisite to receiving what I say I want), I must empty my cup, and even break it. There is then no more doubt to stop the whole of existence from flowing into me. Yes, but... If I am no longer a **prostitutE** hustling for a living, a **saboteuR** trying to manage people's opinion of me, or a **victiM** using my pain story, then I'd have to go through the freedom door!

Consider: when being impatient, I am yet to have transmuted my pain.



WHY Healing Magic?

BECAUSE the magical spell *Abacadabra* comes from the Aramaic for “I create as I speak”, and BECAUSE I am among the wisest Quantum Healers of the World, when my inner witch feels the harmful wit of my toxic (“talk-sick”) words, and my inner wizard, the unkind whiz of my bitter (“beat-her”) voice.

Consciousness (a.k.a. “God”) uses **words** to *begin* creating **worlds**: “in the beginning was the Word, and the Word was God . . .” If life is about making conscious choices, consciousness is the job I’ve signed up for, whether I’m conscious of it or not! There is Power behind making a choice, which is why choosing terrifies me. When avoiding the changes that my deciding would generate, I speak and act out of fear. Fear now moves me to lose connection with what I communicate: I intellectualize, and can’t be heard. This loss of connection is the source of my suffering. Eventually, I’ll go to the edge, feel my pain, and die to who I *think* I am. The story will then *magically* drop on its own, and make room for silence. Using my **words** as evil **swords** will be unthinkable, as I will feel the boundaries that my words create for good or bad. **As the decision to do no harm is made, I understand fully why I didn’t want to become empowered.**

WHY can’t I heal my body, my money, or my [fill in the blank]?
**Is there another way to look at the *talk-sick* words and *beat-her* voice
I use to do harm, and not heal?**



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Sucking M for Mystery*?

- **WHY a Tree?**

Because asking “if a tree falls in a forest and no one is here to hear it, does it make a sound?” is not just a mind trip! IT touches the part of me that dreams of getting my message across! My pain may just be that you can’t hear me!

- **WHY Sentience?**

Because I only know the meaning of “we are one”, and not its sense! The concept is yet to live in my body cellularly. I am now in the domain of religion, when my words and world make so much sense that I am the Living Word.

- **WHY Made in Heaven?**

Because, to explain a subjective experience in such way that it is learned, the teacher must have died and gone to heaven. My teacher is “S/Hebrew”, the marriage of English and Hebrew, made in heaven to transmit silence.

- **WHY the ABCs?**

Because the alphabet is the ground of the Mystery, e.g.; when I feel why M initiates Mother, and S, Spirit, I don’t split Matter from Spirit by way of S&M. I get IT, and stop suffering! Until then, I will *try* to create that which is yet to materialize, while doubting that I can...



Word *Deborah* may be the root of the expression “spelling bees” as it means “bee, matter, word”. → My words are the matter that shows my “HONEstY”.

Okay; I’ll bite! I want to believe that there’s a technology by which I can have certainty (no more doubts), say I choose to have _____, and find that it was already here: it would be AMAZING! I recognize that, although I say I want to be a good person, I don’t know the difference between WRITE and wrong, as evidenced by the results of my communication. Yet even the words “right” and “wrong” irk me! How can it be that such strong reaction would be due to forgetting about the Tree of Life and the Tree of the Knowledge of *Good and Evil*?

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Biting D for Difference



WHY the Mouth?



BECAUSE mouth eats, speaks and kisses, ruling over health, wealth and relationships: *forgetting* it (and not knowing that I am created male and female) is how I turn **Secondary**, impeding the **Speed** of **Reception**.

Hebrew word *Lailah*, Angel of the “Night”.

Secondary	No Reception	No Abundance	No Goodness	No Help	No Juiciness	No Cognizance
Primary	Speed	Magic	Growth	Guidance	Divergence	Choice Point

Legend has it that, as a soul in PaRaDiSe, I had complete wisdom (no questions/doubts), until Lailah lightly tapped me just above the lip, causing me to forget all memories; past and future. This reminds me of Lethe, one of the infernal rivers of Greek mythology. Those who drank from it lost all memories, as *Lethe* means “concealment,” the antonym of *A-letheia* for “Truth.” Hebrew *Shefah* for “lips” is also the word for “language” in “and the whole earth was of one language and one speech” (*Gen. 11:1*), suggesting there is a collective mouth that went into oblivion.

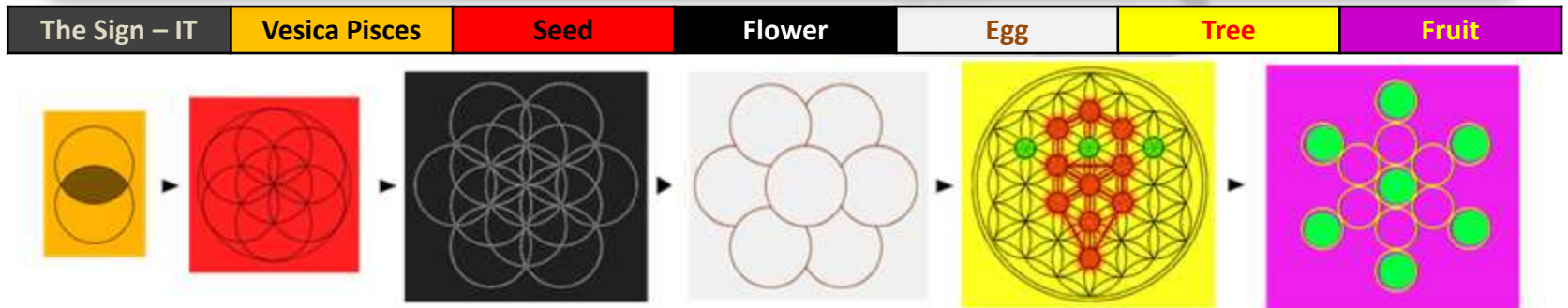


Why Tree for Food?

BECAUSE a tree may be the most noble form of sentient life to bless the Earth: a tree does not compare itself to other plant life; it does not postpone losing its leaves or blossoming, nor is it ambivalent about giving of its fruit generously. Moreover, a tree doesn't think about eternal life; it just regenerates!

“Out of the **ground** the **Power of UnderStUnderstanding** grew every tree that is pleasant to the **sight**, and good for **food**, and in the **midst** of the **garden**, the **tree of life** and the **tree of the knowledge of good and evil**” (*Gen. 2:9*).

1. **The Vesica Pisces** is the **ground** or the miracle of One thing only.
2. **The Seed of Life** is the **sight** and the **food** of the “Created-SIX” Genesis Pattern.
3. **The Flower of Life** is the **garden**, where I blossom into my genius.
4. **The Egg of Life** is the **Power of UnderStUnderstanding** **WHY** my mind would be split.
5. **The Tree of Life** is also the Hindu **Tree of Life** with 7 rungs of “wheels” or *chakras*.
6. **The Fruit of Life** is the **WHYS** Fruit, when, I am in the **midst** of it **ALL**: no questions!
The death-inducing Tree of the Knowledge of Good and Evil is in green below...





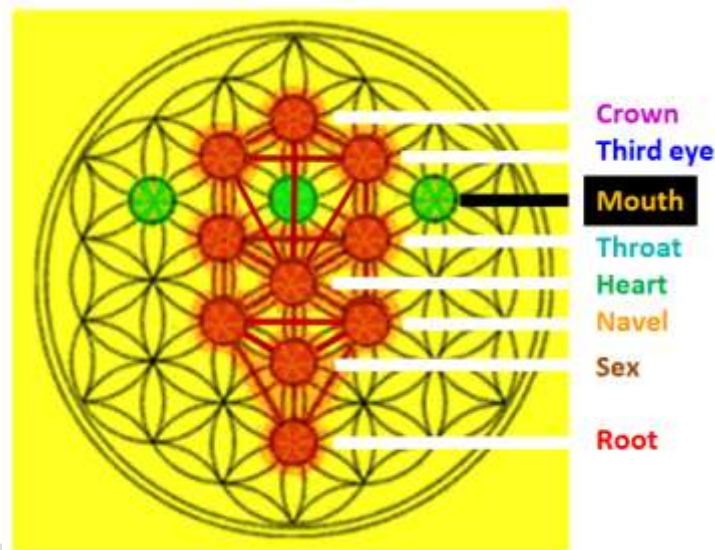
WHY Death?

BECAUSE I must go to the **edge** of false knowledge to feel truth cellularly! This process – of dying to my thoughts – is biblical, carnal and sexual, BECAUSE the sensation of orgasm is likened to *a little death*: I must get out of my head to climax. So is the Tree of the Knowledge: eating from IT blows my mind!

Judgment	Comparisons	Exaggerations	Sarcasms	Complaints	Advices	Regrets
Vision	Honesty	Commerce	Play	Well-being	Autonomy	Self-Realization

Truth is for my eyes only! When I try to convince you, my knowing is not yet completely mine; it is false, borrowed, and tainted with doubt! To be truth, it has to enter through the right door. Such Door is found in Hebrew *Daath*, the crucial sphere of “knowledge” about which rabbis have said: “it’s here and not here”. It is here, since I **know** what to do; it is not here, since I don’t want to do it! Therefore, **eating** from the Tree of the *Daath* of Good and Evil is the **death** decree of the **Judgment** that is behind “I don’t want to!” **Truth is a Vision: eye must see IT.** It is the same for the missing mouth of the Tree; I must become willing to see IT to realize that it has always been there...

Green: Sexual Knowledge (T & O Center Sphere) of Good (O Left) and Evil (T Right).



Red: the Torah’s Wisdom Teaching of the Tree of Life : 10 **Numbers** (red spheres) on 7 rungs + 22 **Letters** (meridians).



WHY Wait?

BECAUSE mama said I can't hurry love, and also BECAUSE, when I get lonely and don't want to wait for my love to come *from within* and save me, I go to food to give me pleasure and to *try* to numb my pain.

"Siddhartha **does nothing**; he **waits**, he **thinks**, he **fasts**, but he goes through the affairs of the world like the stone through the water, without doing anything, without bestirring himself; he is drawn and lets himself fall. He is drawn by his goal, for he does not allow anything to enter his mind which opposes his goal." *Hermann Hesse, Siddhartha (TWT's colors & bold).*

Food is "God." Divine nectar, it is metabolized in my system as light energy, when I am eating food as "God", and eaten as food for the gods! The idea that resistance is futile and that I will be assimilated (as food is) is how I slow down my metabolism of life via eating wrongly: if I can't hurry love, I may just have to "**weight!**" Going too "**fast**" scares me, as I would have to let go of my attachment to a pound of flesh (or a dollar). Hebrew gives me three 3-lettered words to appease the voraciousness of the beast:

1. **Mammon** (MMWN=136) for "money, yearning" ↔ when, rather than resisting the loneliness, I inquire on it and **redeem** it, as an act of charity, and come to the **knowing** that **I Can Think**.
2. **Qol** (QWL=136) for "voice" ↔ when I listen compassionately to the **Voice** that says, "I want some sugar, now!", I come to the **knowing** that my prayer for love is answered, as **I Can Wait**.
1. **Tzum** (ZWM=136) for "fast" ↔ when I have the courage to turn within, and **Do Nothing** (let grace act through me), I come to the **knowing** that I can, and do **Fast**.

Weight	Lifelessness	Constipation	Thickness	Indigestion	Obstruction	Retention
Pleasure	Enthusiasm	Risk	Buoyancy	Empathy	Inspiration	Movement
Knowing	I [Can] Voice	I [Can] Think	I [Can] Wait	I [Can] Redeem	I Do Nothing	I [Can] Fast



WHY GReed?

BECAUSE the yearning quickens the memory of my Soul Contract: to surrender my misdirected will to Power. This surprisingly gives me the Power to “digest” my share of the GReed permeating the Earth.



My 3rd eye will not open to the Providence of “in God, we trust,” and my communication, not grant the results I say I want until I bring forth the “Art” that is within me. Failure to do so will destroy me! This sacred Truth is in *the Gospel of Thomas*, the disciple learning from doubt:

- Were my parents possessed by the thought of [no] money? Am I?
- How does this link to the GReed I volunteered to turn into GRace?
- On a scale of 1 to 10, how much does GReed control me?
- Am I willing to accept that, although the issue feels quite real, it will completely dissipate as I hear my “heART,” and bring forth my “Art?”

There is more to being an artist than mastering a skill and having a potent message. I must also stop using my destructiveness against myself and others, by turning towards something inside that is unknown. I let go, and make music with IT. I am in my senses, in my “PLAYsure...” It takes courage and tremendous strength to shift the madness into light, and abandon myself so entirely that I’d eXPRESS creativity in all areas of life.

Illustration: Negative of *Le béret d’artiste* or XPR TORA13/TARO14

As the 14th tarot, **Temperance** illustrates 13th Hebrew sign *Samekh* that invokes Sagittarius, the centaur who merges beast and man, to throw arrows (→ → →) into the clouds of darkness; the WHYS.



WHY Sleeping?



BECAUSE, one day, I will see that Hebrew word *Tardemah* for “dream sleep, trance” may be rearranged as *Tered Mah* for “**come-place**” to say “**the place** where you are right now, God circled on a map just for you!” (*Hafiz*)

AND ON THAT DAY, I WILL WAKE UP!

State	Altered	Deep Sleep	Dreaming	Waking	Conscious	Nameless
Stage	Shame	Causal	Subtle	Gross	Witness	Light

Once upon a time, a man fell asleep under a magic tree. He woke up hungry and said, “if only I had something to eat.” Immediately delicious food appeared out of nowhere. Ravenous, he started eating... But then another thought arose in him: “I wish I had something to drink!” Promptly he saw fine wine appearing out of the sky. Drinking the wine, he started worrying, “what’s going on? Am I dreaming? Is this the work of the devil!” At once ferocious, ugly-looking devilish creatures appeared! Terrified, he thought: “I’m for sure gonna be killed.” In that instant, he died!

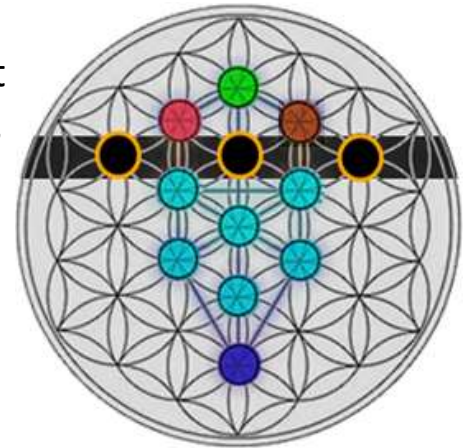


Why Relationships?

BECAUSE I keep on hoping that my savior is going to come from out there! When I project that you don't hear me or trust me, I will resent you and fight you, out of feeling unloved, misunderstood, banished.

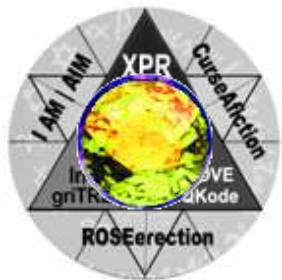
“For **God** so loved **the World**, that he gave his only begotten **SON**, that whoever believes in him shall not perish but have eternal life.” *John 3:16 (TWT's colors, caps and bold fonts)*

My refusal to turn within, and do what I know to do is how I am smitten by “you.” I ignore that my relationship with you is based on an image that was formed through years of endless reaction between man and woman, from indifference to nagging. We are not relating: we're just exchanging scripts, and we call that “relationship!” Knowledge is not achieved in the future: it is here, or it is not here. Unless I know who I am, I am going to go to the other – my image of the Father or the Mother – asking them to tell me what to do! This way, I never have to face myself, or change. This is why I have become so irrational, either using or being used by others.



Perceiving that **the World** is out there makes me violent, as I give IT my Power! **S6X spheres** are grouped as **the SON**, just so that I'd be willing to feel my pain, and do no harm. When I do, I find my **Bride**, and face the unknown. Listening to my inner **Father** (=intuition) and **Mother** (=instinct) is an “I” opener!

Banishment	Forgetfulness	Battle	Trickery	Definitions	Two-Faced	Savior-Hungry
Deliverance	MError World	The SON's Stars	The Moon Bride	The Queen Mother	The Sun Father	Cell FUN
The Trees	Mouth	Throat/Heart/Navel/Sex	Root	Third Eye	Third Eye	Crown



WHY “ThREE”?



BECAUSE the Power of **Three** as synergy comes directly from Nature: it is how to feel/sense my “**integriTREE!**”

Hebrew word *Etz* for “Tree,” for the biblical “Tree of Life” which is a Tree of Birth, until I consciously eat from the “Tree of the Knowledge of Good and Evil,” as the Tree of my ego Death.

The TREE of Ignorance	Male desires to do “EVIL”	I wage a WAR of Sexes	Female resists to do “GOOD”
The Tree of Knowledge	Male desires “GOOD”	I make “LOVE”	Female resists “EVIL”

Is the idea that a tree might have circuits puzzling? A **TREE** resembles me in many ways: my arms and legs are its branches, my head and hair are its roots, my skin is its bark, my blood is its sap. Just like me, its power runs alternatively on **ThREE** circuits or pillars, joining the right and left sides of my brain to my heart, for me to be “**integriTREE**” – natural integrity:

- 1. Magnetic (-) / left hand / Female Will:** this is how my words *try* to control you: “you should visit me more often!”
- 2. Electric (+) / right hand / Male Will:** this is how my words *try* to control me: “I should visit you more often!”
- 3. Electromagnetic (+/-) / “Thy Will”:** this is how I surrender: “I should visit *me, that is, Truth*, more often!”



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Biting*?

- **WHY the Mouth?**

Because mouth eats, speaks and kisses. As such, it impacts health, wealth and relationships: forgetting it touches the individual and the collective.

- **WHY Eat and what is IT?**

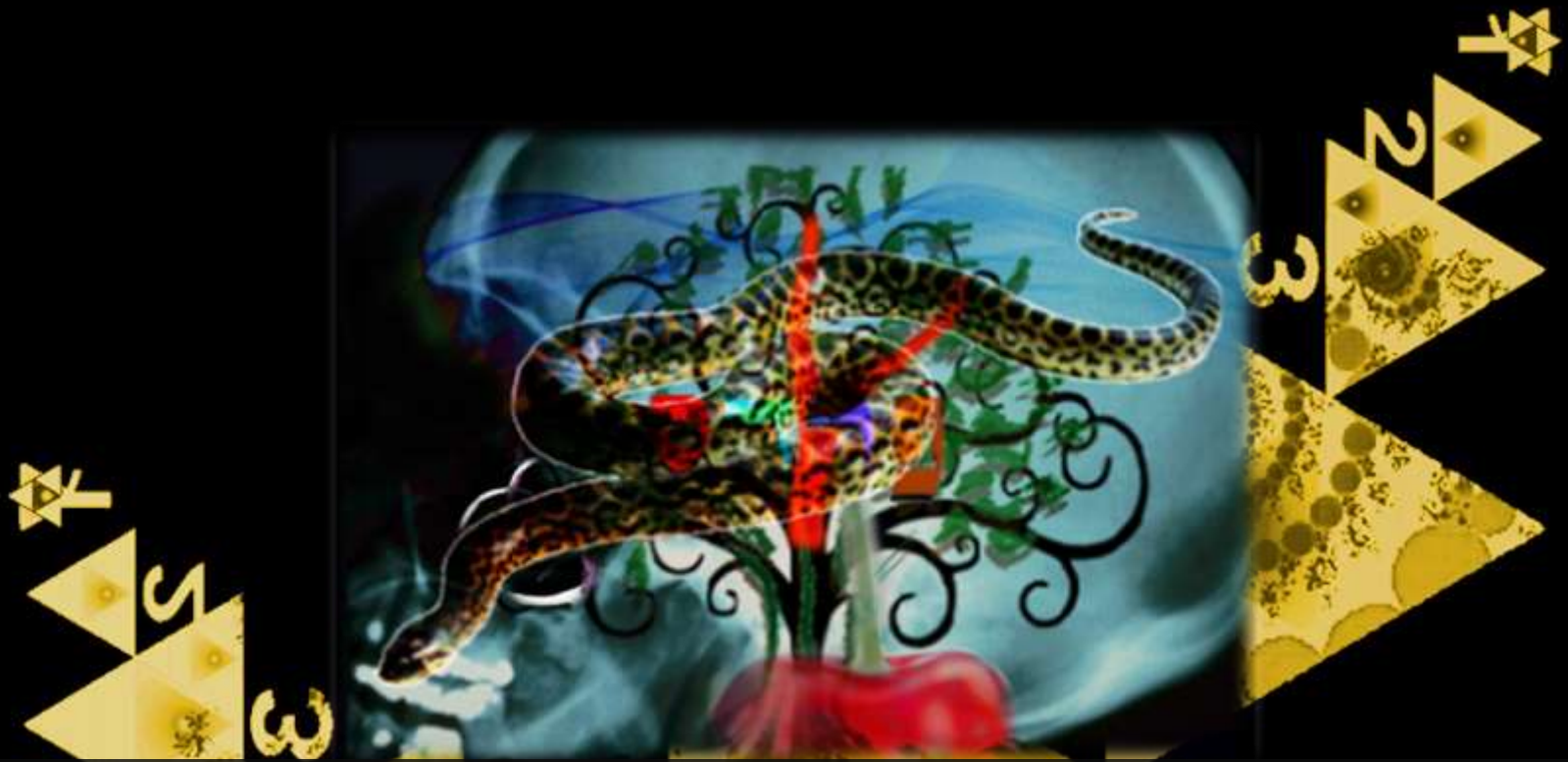
Because eating is even more intimate than sex, and because satiety is the mystery of how to bridge the physical and the spiritual. IT is the manna, a myth which TWT ventures to debunk, for me to have Faith, and thus wellness.

- **WHY Tree for Food?**

Because I can taste the wisdom of Trees, when I take the risk to blossom. The Bible is written in a geometrical language, as Hebrew XPR invokes “number, sound, letter” and “sphere/cipher,” known in Sanskrit as *chakra*.

- **Why Death?**

Because hearing truth within is a carnal process: I must die to my thoughts to climax in my body. When ready to hear the truth, I **eat** from **Death**, and know the mouth of my own Tree! I lose all my reference points, and no longer fear the **in-between**. I am therefore in the core of the paradox of creativity, *only* unleashed when I am **both** organized **and** lawless.



It is not religion that failed its mandate to open the Gate of the Good: it is me! While I resist feeling forced by an external Law I judge coercive, I can continue acting out. To be the change, I must be in enough pain to seek the cure where it is; in the poison of *my unconscious interpretation* of the Hebrew scriptures. When I perceive that there is a universal code that was once hidden in the Bible, I begin to see the order inherent in the chaos of knowledge. Such inner listening to the soul of perennial truths satiates my hunger for LOVE.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	"PaRaDiSe"?	The Elephant?	EVIL?

1. WHY the Good?



WHY Humility?

Because, to draw upon the beauty of ALL people living for today, I must be enough of an artist to die for humility and *by* humility. It's the only way to see the reality of a path to connecting ALL religions ("and no religion too"), and to be humane/humble enough that I'd have the Power to do only Good.

Communication is a paradox, esp. as I use my phone device to be together *and* not be together, to hide from others *and* to be seen by others. Do I text rather than talk? Do I even know anymore how to have a real conversation, where I listen, reflect, and check my assumptions? In the age of connection, it appears that no one is listening!

- Am I afraid of being alone, unheard, misunderstood, and vulnerable?
- Is my fear of "into-me-see" leading me to bypass the demands of friendship by creating an illusion of companionship via texting, social medias, gaming, etc.?
- Am I ignoring that my deep desire to be heard can only be fulfilled *within*?

Robots, *I think*, don't have to face death. As me, it is all about forces and interactions with death. When I really know that each life is tied to the Whole, I dedicate myself to Peace. I can then only be increasingly **humbled** by the understanding that there is only One of us, as I sense how all elements are interconnecting as reality, a.k.a. "God"!

The First Judgment is found in *Gen. 2:18*: "It's no good for me to be alone."

The Last Judgment is when I die to who I *judge* I am, and merge with the whole: no more loneliness!



WHY the Good?



BECAUSE, until I can choose Peace, and feel **Good** sustainably, I will hurt myself by resisting what I judge to be “bad,” and be a victim of my genes by inscribing my DNA via “evil” spells! Also BECAUSE I am yet to pass through a 4th Gate; the Gate of the SeXY, whose chromosomes transmit the Wisdom Teaching of Language.

- First, the Order of Creation: **1. think** → **2. feel** → **3. act/manifest**. When I *think* I’m bad, I feel *bad*, which leads me to act out, and then, to look for the proofs of a punishing “God.” I thus live my life in fear that the other shoe would drop, and keep on fulfilling my own prophecy! However, for me to continue to 1. think “this shouldn’t be” 2. feel bad, 3. manifest senselessness, I must want to be right over “God”. I do so by *not* inquiring if a belief is true, e.g.; “this shouldn’t be **brown**”. If I did, I’d see that, *in reality, this is brown!*
- I’m so clever: by judging fragments as no **Good** and un-**True**, I can avoid being One with the Whole (= dying to who I *think* I am). This game of resisting the **Good** and desiring the un-**True** continues until the genie is out of the bottle, when the brilliance of mind illuminates **the Beautiful** of **One** only thing.
- I now *receive within* the Wisdom Teachings of **Science** and **Religion**. The **felt sense** of **the True** and **the Good** unite in me as the highest form of Wisdom: the understanding and kindness emanating from **Languages’ “SeXYness”**.

The Functions	Thinking	Feeling	Sensing	Intuiting
The Gates	The Beautiful of Art	The Good of Religion	The True of Science	The SeXY of Language



WHY a Phallic LORD?



WHY? Because the spermatic word calls me to humble myself and be honest: I'm telling the Truth when what I say I want is aligned to what I have.

Aramaic word *Miltah* for "Word, matter, circumcision," from John 1:1: "in the beginning was *the Word...*" Hebrew *Brit Milah* is for "Covenant of Circumcision."

Note: the purpose of the "cuts" is to remove **obstacles** to my being **empowered** – when the only **Urge** left is to do good!

Obstacle	Distortions	Urge	Indiscipline	Intoxication	Self-Loathing	Prosecutions
Empowerment	Clearness	Totality	Obedience	Discretion	Friendship	Synergy

Many ancient societies considered dreaming as a supernatural communication. On this note, code breakers are spellbound: there are enough proofs to accept that *the Bible Code* may just be the most astute instrument of prophecy. Yet, if prophets are about the Eternal Now and not predictions, the Bible code yet to be felt is the one that wakes me up! *It is the dream of "I am the body" that has caused me to perceive only a male "LORD" God, and only one circumcision.* Unbeknownst to many, there are **FOUR** circumcisions to the covenant with "God," 1. the **phallus** (no "bad" **urge**), 2. the **ears**, 3. the **lips/tongue**, 4. the **heart**. Also ignored: the same potent Hebrew "God" Name translated as "LORD" equally involves and honors the **LADY!**



WHY the Bible?

Global Problem	Religion	Frontiers	War of Sexes	Population	Death	Sustainability
Personal Issue	Memory	Money	Sex	Food	Family	Authority

For eons, the Bible has been used to exile the feminine, in both men and women. The message is as consistent as it is pervasive: matter's defamation is due to an Eve/Evil whose sinful ways lead her to be seduced by the Snake*. As for Spirit's acclaim, it is the heavenly light I'm sworn to attain, that will free me from my earthly jail! Splitting evil Mother from Spirit is how I lose **Memory** of who I Am, and project **Religion Out**.

Understanding deletes all illusions of separation, be it between you and me, or spirit and matter: as I embody **Religion** from within, I lessen the **Global Problem**, and see:

- NO battling over **Frontiers**: I no longer *try* to buy or sell the warmth of the land.
- NO **War of Sexes**: whether in a male or a female body, I welcome back the feminine principle that feels emotions, and senses the before of beliefs, and the after of actions.
- NO effect of **Overpopulation**: I don't need to consume to excess vital resources such as water, food and energy, or to increase pollution and soil degradation.
- NO to fear of **Death**: I see visible forms and invisible life merging back and forth.
- YES to environmental **Sustainability**: the Power to choose Peace puts me in the solution.

*Ironically, Eve as Evil is true: "woman" is condemned in Gen. 3:16, *after the eating*, to 1. give birth in pain, 2. desire/resist man's ruling. She is only named *Eve* for "mother of all life" in Gen. 3:20, making her the source of serial deaths and rebirths.



WHY the Snake?



BECAUSE, across cultures, the snake's venom is said to produce healing. Hebrew word *Raphael* for "God of Healing."

Hermetic—adj. 1. made airtight by fusion or sealing. 2. not affected by outward influence or power; isolated. 3. relating to occult science, especially alchemy. 4. of Hermes Trismegistus or the writings ascribed to him.

Healing	Purging	Story Telling	Nutrition	Allopathy	Vibration	Renouncing
Health	Self-Esteem	Satiety	Memory	Compassion	Decision	Containment

Hebrew concurs via words *Nachash* (NHS) for "Snake", and *Mashiach* (MSYH) for "Messiah" (see calculation table P144): the two words have the same value, to say "greater is the light that comes from darkness." This perception is very different from the one currently advertised! The snakes form the caduceus, the symbol of messenger **Hermes**, "Pagan" god of communication and commerce. Like the prefix *com* ("with") inviting balanced exchange, **Healing** is of the mind that surrenders its doubts, and sees that opposites are interrelated as twin snakes.



WHY a “MError?”

BECAUSE I need a reflective surface to adjust the looks of my mind!

“This [that science and religion each—tend to deny significance, even reality, to the other] is a massive and violent schism and rupture in the internal organs of today’s global culture, and this is exactly why many social analysts believe that if some sort of reconciliation between science and religion is not forthcoming, the future of humanity is, at best, precarious.” *Ken Wilber, The Marriage of Sense and Soul.*

The extent of the global problem is now urging me to step into an authentic form of leadership, and 1. I change **me**, 2. I see my change **reflected**. As I heal, my family heals, then my village, my city, my country, my planet, until ALL resonates freedom. When I wish to see the violent schism in today’s society changed, I must have the courage to start with ME by looking in the metaphysical “MError” of U to see what my *errors* are, and how to best correct them. The more I do, the more I realize that there’s nothing personal, and collective beliefs are what most profoundly affect (my) life:

1. Do I wish to see the good, the true and the beautiful of Nature in everything, i.e.; in ALL religions (East and West), ALL Sciences, and in ALL Arts (including mine)?
2. If yes, am I willing to accept that “I” can only **read** in the “word”, the “world”, or in the **thread** of reality the consciousness which I occupy?
3. If yes, what if the Bible was an ultimate mirror to make visible to my “I” the exact error that I deny and repress in me, e.g.; *my* making homosexuality taboo?



WHY Me?

Because I can't create what I want to create, even though I read the books, and know that my beliefs are the seeds by which I impregnate reality.

“As I meet, or lend an ear to those who are sick, to the migrants who face terrible hardships in search of a brighter future, to prison inmates who carry a hell of pain inside their hearts, and to those, many of them young, who cannot find a job, I often find myself wondering: “Why them and not me?”

Excerpt from the TED Talk of Pope Francis. April 25, 2017.

Whether consciously or not, I decide what I believe. When I decide to believe [_____] without a doubt, I'll have complete faith and see the reality of [_____].

- What are my first memories of hearing about “God” or about “heaven and hell?”
- What does “God” mean to me now? What about “heaven and hell?”
- How did these persuasions change the way I do food, sex/exercise, rest, hygiene?
- How do they impact my work? Do I think that “money” is a dirty word?
- Do I believe that sustained happiness is possible or impossible to achieve?
- WHY would reality be another name for “God?”

Consider: when I accept that the Bible may just be the most influential book on the planet, I can also accept that it may be the recipient of the collective unconscious, and that, as such, it lives in me.



WHY Do Harm?

BECAUSE I am yet to understand that seeking revenge for the harm done to me is the mental illness that I've come to transmute into beauty. When IT is done, my Doctor's program naturally activates itself, shifting me from *nocebo* (Latin for "IT will harm me") into the faith of *placebo* ("IT will please me"), and make me well!

My Doctor's Program: I swear by Apollo the Healer, by Hygieia, by Panacea, and by all the gods and goddesses, making them my witnesses, that I will carry out, according to my ability and judgment, this oath and this indenture. . .

- **To heal**, by keeping pure and holy both my life and my art.
- **To will**, as I hold my teacher in this art equal to my own parents, and make him/her partner in my livelihood.
- **To keep silence**, as I never divulge what I see or hear in the course of my work, as well as outside my profession.
- **To dare**, as I use treatment to help according to my ability and judgment, but never to cause injury nor wrong-doing.
- **To know**, as I impart oral instruction, and all other instruction to who has taken the physician's oath, but to nobody else.

When I carry out this oath, I gain the Power, Prestige and Prosperity of Heaven. When I transgress it and forswear myself, the opposite befalls me. Adapted from the Hippocratic Oath (TWT's colors and bold).

Nocebo	Torturing	Diverting	Suppressing	Manipulating	Expecting	Recanting
Mastery	To Forgive	To Know	To Dare	To Keep Silence	To Will	To Heal

Healer, heal Thyself!

1. Let the Word be Thy Medicine for the mind. 2. "Let Food be Thy Medicine" for the body. Known as the Father of Medicine, Hippocrates' name means "Horse-Power." While befriending Horse is akin to discovering fire, "stealing horses is stealing power": wisdom is how to acquire Fire-Power ethically.





The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *the Good*?

- **WHY the Good?**

Because religion is not *out there*; it is to be lived *in here*. I embody the Way when I surrender my judgments, to see that all is and always was “Good.” To this end, I pass three gates of the Eternal, and a most intriguing 4th.

- **WHY the Bible?**

Because, with an estimated total sales of over 5 billion copies, the Bible is widely considered to be THE best-selling book of ALL time. It is thus an ideal candidate to be the recipient of the collective unconscious, and, as such, the book that most influences my own beliefs, regardless of my “persuasion.”

- **WHY the Snake?**

Because I’ll live in duality and see “bad,” until I can hold the tension between opposites, and feel how the cure is in the poison, as shown in the Caduceus. I then respect the biblical snake as the expression of universal wisdom-Power.

- **WHY the “MError?”**

Because, when willing to be the change, I need a potent tool to allow me to correct the places where I deny my errors, and because the Bible is influential enough to reflect – as a mirror does – all the places where I go unconscious.



Something clearly doesn't communicate, starting with the simplicity of "do no harm!" As I repress the "evil" I think I am, how could I not wonder about "why is there evil and suffering in the world"? I keep on reacting to my idea of the Law, instead of understanding it as the result of my communication. The purpose of the shadow is to lead me to persevere (**no quitting**), until I feel into numbers and letters so much that I'd come to the Last Judgment. As I surrender to the knowledge of good *and* evil, my hands join into pure action.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	"PaRaDiSe"?	The Elephant?	EVIL?

2. WHY Evil?



WHY Evil?

BECAUSE I don't want to tell the Truth about my playing victim and aggressor, and thus can never hear the answer to my questions: WHY is there evil and suffering? WHY do bad things happen to good people?

As much as it is a very touchy subject, kindness is not a substitute for Truth. History is made by heroes, who demonstrated nobility and courage in the face of adversity. Such is Ann Frank, one of the most discussed Jewish victims of the Holocaust, who chose to transmute her pain, by using her gift in writing to uplift herself and all.

It is out of confusion about the One, that I deny and repress my evil side, and project it onto the other. The Living Word calls it as follows:

- Word *Devil* comes from Greek *diaballein* for “to throw across, to project!”
- The Other is one of the Names of the Devil.
- **The One** and **The Other**: both start in word *TheO*, Greek for “God.”

Turning within to hear the Word is what prophets do. Me, I mostly ignore that, when what I say I want and what I have are not the same, I'm lying. How much pain do I need for me to be *the Living Word*, saying what I mean, meaning what I say?

Something else doesn't communicate in my projection of a “**YOU**niverse” out there:

- What if the Jew **in me** stopped defending or justifying, since I know that I'm doing as good or better than Jesus did?
- What if the Christian **in me** saw that the Hebrew *Rah* means “neighbor, wicked” for me to love “wicked” as the Self?
- What if Muslim **in me** heard that Arabic *Islam* has the same root as Hebrew *Shalom* for “Peace, wholeness?”
- Ultimately, what if I agreed that it is my job to reveal the Messiah that awaits in each and everyone of us?



WHY the Shadow?



Because creativity matters to me, and BECAUSE the word *Tzelem* for “image” is formed on *Tzal* for “shadow,” and because, if light is akin to my male side, shadow is akin to my female side.

Befriending the shadow is why the artist chosen to design the First Temple was named *Betzalel*. He is called “in the shadow of God,” to embrace the dark feminine as the Mother of ALL!

Shadow Work	Power vs. Force	Assumptions	Shame Closet	A-Void-Dance	Comfort Places	U-Projections
Agreements	Permission	Clearing Space	Confidentiality	Presence	Growing Pains	I Own my XPR

Shadow work is how to be authentic: it invites me to dive for the shell, crack it open, and release its light. This generosity – admittedly not for the faint of heart – collapses into experiences I call “synchronicities”. True Artists know such miracles, since, if only in their Art, they never perceive any mistake; just a door to more beauty! The balancing of light and dark is the meaning of being “created male and *female*, in the image of God.” If the interplay of light and shadow gives depth to a drawing, it also defines the “heARTist,” whether my art is dancing, teaching children, or selling! **Shadow is where the gold is; in the belief that I am creating in God’s image, when I am in fact creating in the image my ego *thinks* “should” exist.**



WHY Loneliness?

Because I am afraid to turn within, and PAY the price of my liberation by finding out what's inside me.

All cultures use creation myths to attempt to answer the questions we all have on the origin of the Universe: what is real? What should I do? What is my purpose? Who am I? According to the Egyptians, in the beginning was darkness, water and the great god Atum. Surprisingly, the Hebrew Bible has two creations stories:

1. **A primary Adam** who is created male and female, and has dominion over it all.
2. **A secondary Adam** who is a man in lack, projecting “God” out there, and being SO **lonely** he has to be put into deep sleep to meet his woman!

These Adams/atoms appear randomly, with opposite beliefs on creation:

- **Primary Adam** thinks “I can” (Faith), and is into Simultaneous Creation: s/he chooses, consciously or not, to observe either a wave or a particle.
- **Secondary Adam** thinks “I can’t” (Doubt), and is into Gradual Creation: having given his Power to an external “God” acting as a prime cause.

The Bible’s two creation stories are theories on the nature of the physical world. Deciding to **inquire** on “is there an out there *out there?*” is how to shift from doubt into faith (I believe I can), and to physically see the change I wish to see.

Inquiry	Judgment?	Is it true?	Where do I go?	What do I do?	Who am I?	Resisted XPR?
Redemption	Vigilance	Detachment	Plenitude	Recovery	Altitude	Money/Mouth



WHY the Flood?



Because it is the open secret of **success**! The Flood is one of only two cross-cultural myths: when I decode its Hebrew version as the metaphysics and physics of numbers, I move from the problem (when my accounting is dishonest), to the solution (when I am honest): such HONEstY becomes the foundation of my **Success**!

For the ARK as consciousness, and the pairs of animals as the Word made flesh, see **TWH**.

Do I have a choice upon night being night, and day being day? When I drop the choice, I let go of control, and I am free fallin' as Aleph, in pure choiceless awareness. Freedom is in knowing that I have NO choice. Yin or yang: it is ALL beautiful, BECAUSE I am never in the illusion; never separate from the W/Hole! When IT speaks to me, I am **RAW** – Ready-Able-Willing to hear IT. Should I feel lonely, I see it as the mark that I went (minus “Good”), and DECIDED to go into the dark alone. When I don’t know that I AM the AIM, I fail!

I receive my Ph.D. in mysticism, when I can sense “Good” everywhere. What I had tried for years to make happen is here and now, for REAL. IT is in everything I do, as my action is now moved by the sacred **I DO** vow of WISDOM. It is tangible, and so sweet, as a sudden let-go cancelled any pressure! WHY? Because I have no private goals (no **HELL**): being “Good” in the NOW is my only goal. My calculating for my own advantage was how I went on failing. Yet, while strategizing the next plan, I was deaf and blind to what causes my **Failure**! I failed so much that I eventually resolved that the world was against me: “God” was punishing me by making me a victim of people’s jealousies. I justified WHY I failed, but never touched the ground of my failure: the SUBTRACTION of “Good” in my life! See TWH, **Plus 1**, P37.

HELLusion	Separation	Recognition	Retaliation	Service	Power	Enlightenment
Failure	Disqualification	Staleness	Constriction	Injustice	Deviousness	WAR
Success	Plus 1	Discovery	Latitude	Fairness	Subtlety	RAW

Consider: when I do not like the results of my communication, I am likely to be in **GR**eed.



WHY Competition?

BECAUSE trying to be on top is such a universal motive that the story of the Tower's erection is one of the two cross-cultural myths: the event, known in the Bible as *the Tower of Babel*, addresses the confusion of languages. The source is in Sumer, with *Enmerkar* who built a huge ziggurat, and implored god Enki to disrupt the linguistic unity of the lands.



Competition	Worthlessness	Erection	Armament	Confusion	Estrangement	Scattering
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The myth addresses the loss of authentic relating (One Language), from the pride of erecting a Tower to make a name for myself. To ground the myth into practicality, each time my words *try* to hide a selfish maneuver, I confuse tongues and estrange me from all. Is there a source code to telling the Truth? As the only symbolic alphabet that has not changed form since inception, Hebrew is a good candidate to guide me beyond time. English is its best conveyor thus far: as the most widely spoken language, it takes me beyond space. “S/Hebrew” has two alphabetical orders: descending as a **She** (e.g.; A to Z) into “Crucifixion;” and ascending as a **He** (Z to A) to “Resurrection.” Matriarchal and patriarch religions (in me) can stop **competing** with each other, as immanence *and* transcendence are both needed: it takes both *evil* yin and *good* yang to make a Taichitu! Hebrew is balanced, for me to join my Venusian to my Martian speech acts.

Illustration: 16th tarot of the Tower of Destruction, linked to 17th Hebrew letter Peh, for “mouth,” asking:
what will it take for me to ask and answer the only question; who am I?



WHY Fighting?

BECAUSE, not doing what I know to do, I confirm to me the idea that I'm flawed, bad; not enough! Therefore I have such low self-esteem that, when I am with you, I only want to best you...

Evil Queen	Indignation	Incompetence	Anger	Revolt	Contempt	Foulness
Evil King	Sleight	Meanness	"Due Respect"	Toleration	Paternalism	Rectitude

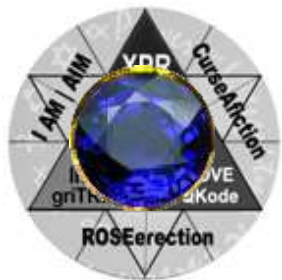
Resisting feeling my emotions or sensing the beliefs behind them is how I split mother matter and father spirit. Lovemaking now shifts into a vile battle of sexes between two beasts fighting for Power: Dragon versus Lion, both very unhappy, *trying* to be right, vying for control and misusing Power.

Which of the sexual positions and/or violent styles do I adopt: am I into active aggression as "a top" or into passive aggression as "a bottom?"

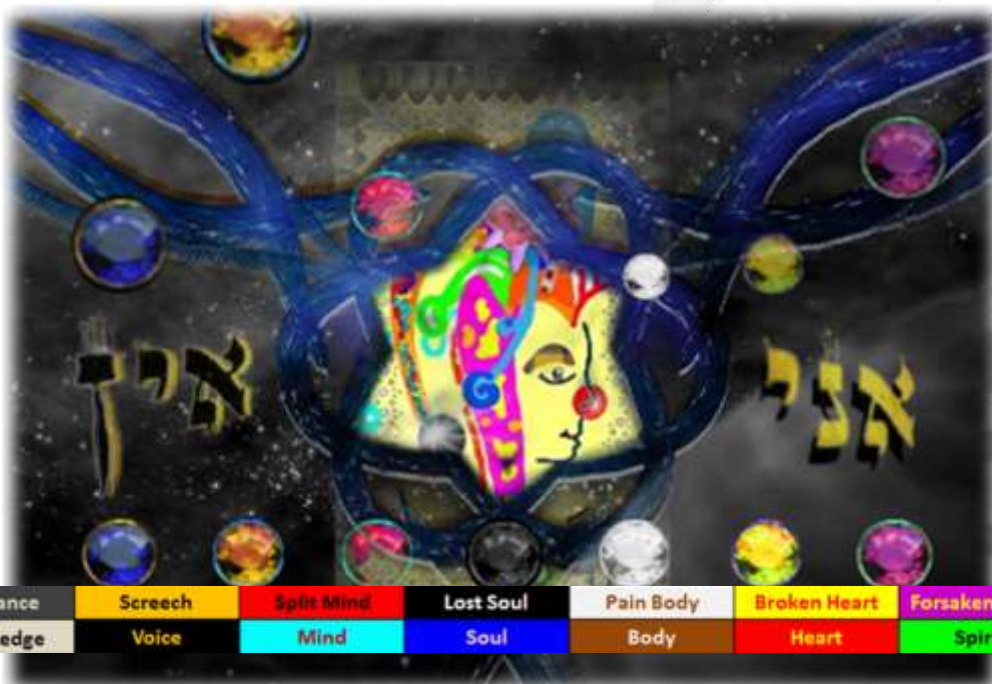
- **My Dragon turns into an Evil Queen and pushes, when I perceive that "he" does not want me:** my tendency is to desperately cling and over-give/care, and say too much, as I feel unfulfilled. The more I cling, the more "he" withdraws.
- **My Lion turns into an Evil King and pulls away, when I perceive that "she" won't let me be:** my tendency is to sternly withdraw, under-give/care, and punish her via a killing silence, as I feel trapped. The more I withdraw, the more "she" clings.

The DNA of Identities

#	∞	TORA	TARO	ORAT/Hat	ROTating Shadow	InitiATORy Light	ASTRO 3+7+12		
1	א	A. Aleph	0. The Fool	Jester	AT	Fallen angel	GREed Ingénue GC	EARTH AIR	
2	ב	B. Beth	1. The Magician	Wizard	PROSTITUTE Family	The PROSTITUTE	The ENGINEER Son	ENGINEER Family	Planet Moon
3	ג	C. Gimel	2. The High Priestess	Witch		The Vampire	The Virgin Bride		Planet Mars
4	ד	D. Dalet	3. The Empress	Nurse		The Miser	The Queen Mother		Planet Sun
5	ה	E. Heh	4. The Emperor	Chef		The Loser	The King Father		Sign Aries
6	ו	W. Vav	5. The Hierophant	Turban	SABOTEUR Family	The SABOTEUR	The VISIONARY	VISIONARY Family	Sign Taurus
7	ז	G. Zayin	6. The Lovers	Headset		The Fighter	The Lover		Sign Gemini
8	ח	H. Chet	7. The Chariot	Safari		The Healer	The Murderer		Sign Cancer
9	ט	Th. Teth	8. The Strength	Sombrero		The Bully	The Gardener		Sign Leo
10	י	Y. Yod	9. The Hermit	Graduate	VICTIM Family	The Teacher	The Monk	OFFICER Family	Sign Virgo
20	כ	K. Kaph	10. The Wheel of Fortune	Birthday		The Thief	The Priest		Sign Venus
30	ל	L. Lamed	11. Justice	Police		The Judge	The Witness		Sign Libra
40	מ	M. Mem	12. The Hanged Man	Fisherman		The VICTIM	The OFFICER		ETHER WATER
50	נ	N. Nun	13. Death	Pirate	CHILD Family	The Addict	The Prophet/ess	LEADER Family	Sign Scorpio
60	ס	X. Samekh	14. Temperance	Béret		The CHILD	The LEADER		Sign Sagittarius
70	ע	O. Ayin	15. The Devil	Horns		The Coward	The Disciple		Sign Capricorn
80	פ	P. Peh	16. Tower of Destruction	Top Hat		The Fraud	The Editor		Planet Mercury
90	צ	Z. Tzaddi	17. The Star	Crown	ANGELIC Family	The AVENGER	The INGÉNUÉ	INGÉNUÉ Family	Sign Aquarius
100	ק	Q. Qoph	18. The Moon	Mask		The Demon	The Mystic		Sign Pisces
200	ר	R. Resh	19. The Sun	Cowboy		The Enemy	The Friend		Planet Saturn
300	ש	S. Shin	20. The Last Judgment	Halo		The Savior	The Rebel		WOOD FIRE
400	ת	T. Tav	21. The World	Beanie/Aviator	CG	The Avenging angel	GRace INGénue TA	Planet Jupiter	



WHY Am I Not Laughing?



BECAUSE I lost my sense of perspective... When I know that I'm a joke, doubled by a complete Fool, I have a ball with life, as I take NOTHING personally. Alleluia; I dropped the plan; I'm free faaaaallin'!

Right: Hebrew word *Ani* for the pronoun "I," as the Self. Left: Hebrew word *Ain* for "nothing."

"HUEmorous"	Golden Wax	Red Blood	Black Bile	White Phlegm	Yellow Bile	Bone Marrow
THE Decision	Purity	Faith	Trust	Presence	Acceptance	Laughter

The "HUEs" of the XPR sapphires invite me to humor my Ignorance, until I know and enjoy how multi-faceted I Am. I then experience my story from many perspectives, as per nature's colors; in "HUEmorous" shades! When I change the way I look at "IT," what I see changes: I may be 90 or 99 years old, and laughing at the possibility to be pregnant. One day, I conceive: it is so unexpected (to use that word as a joke) that I name my child *Isaac* for "he will laugh"!



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of “*EVIL*”?

- **WHY Evil?**

Because I will eventually surrender to the fact that I have been pretending to *not* judge. I will then deliberately see the “bad” I see in my neighbor or in the world as self-judgments. This will give me a way to stop setting me up to suffer.

- **WHY the Shadow?**

Because – as known by alchemists, the scientists of old – the gold is in the shadow. Shadow work is where my “heART” is, and how I transmute snakes into messiahs. Therein is the true meaning of “created male *and female*, in the image of God.”

- **WHY the Flood?**

Because, as one of only two cross-cultural myths, it hints to a universal code. The Hebrew rendition features the fabulous story of Noah, who, along with pairs of animals, was graced by building an Ark. Simply decoded, it joins metaphysics to physics so tangibly that honesty is now the foundation of my success.

- **WHY “PsychoBABEL?”**

Because it is the second of cross-cultural myths: while the Flood gives the number code, the Tower of Babel gives the letter code of the One Language existing before my *trying* to make a name for myself set me up to fall and fail.



There is an elephant in humanity's living room: a single belief that hangs on the Tree as a Devilish Bermuda Triangle. At the top, it sounds: "there's an out there *out there!*" At the bottom left, it sounds: "I'm flawed, not enough!" At the bottom right, it sounds: "I'm **chosen**; special!" This triangular belief is the operating system of the collective unconscious. It splits humanity into two kinds of people: those who are the LORD's elect, and those who are not. Is it then a wonder that I would dodge the call, and *not* choose to be *chosen*?

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	"PaRaDiSe"?	The Elephant?	EVIL?

3. WHY the Elephant?



WHY an Elephant?



BECAUSE if I can't explain this pink elephant to a child, I'm yet to understand IT. BECAUSE a word as a picture is worth 1000 words, and Hebrew *Eleph* means "1000". Also BECAUSE it may take the patience of 1000 "ants" to digest my Ego-Elephant!

'I showed my masterpiece to the grown-ups, and asked them whether the drawing of **Color-Codes** and **CAPS** frightened them. But they answered: "Frighten? Why should anyone be frightened by a **HAT**?" My drawing was not a picture of a hat. It was a picture of a boa constrictor **digesting** the elephant! But since the grown-ups were not able to understand it, I made another drawing: I drew the inside of a boa constrictor, so that the grown-ups could see it clearly. They always need to have things explained. My drawing number two looked like **these...**" Antoine de Saint-Exupéry, *The Little Prince* (TWT's **bold** & **CAPS**).

1. **WHY Chewing?** To deepen the fear of the LORD as the Power of Choice.
2. **WHY Savoring?** To understand the games of seduction played by ego Snake.
3. **WHY Digesting?** To understand the confusion closing the Eye of Providence, and fulfill the divine purpose of a Pink Elephant.



Life is a giant board game, with 22 “Word-cases” as 22 places of initiation. The game is over when I have sufficiently chewed on each “hat”!

Chewing is a meditation, and a mastication not to be rushed. First step in the digestive process, it breaks down the Word into smaller particles easier to assimilate. Moreover, when my gut absorbs the IT of manna’s nourishment, I think and feel better! The more I chew on this section, the more I **Recall** comes to me, and the more is retained in my memory. Chewing liquefies a lesson that is tough to take in: the more I chew and salivate, the more I am as water, adopting a path of least resistance leading me to THE END of desire.

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Chewing R for Recall



WHY oh WHY?

BECAUSE I choose to be intensely stirring when I thank the Jewish people and my Jewish families with ALL my heart, for their unflinching courage in the face of the pain they had to endure to insure that the gift of the Holy Torah, and of its sacred Hebrew alphabet would remain uncompromised. And also BECAUSE “you” – as in HUmanity and Universe – are what’s left of the pain of “my” Jewish agenda!

“If you prick us with a pin, don’t we bleed? If you tickle us, don’t we laugh? If you poison us, don’t we die? And if you treat us badly, won’t we try to get revenge?” *Shakespeare, the Merchant of Venice, Act 3.*

Personal Issue Memory Money Sex Food Family Authority

If you value compassion, the “Jewish” agenda may be of concern to you, especially as you hear/SEE the word’s etymology: *com-passion* comes from Latin *com* “with” + *pati* “pain”. There is only One story of pain: just like you, I have a hard time letting go! Just like you, I have known loneliness, sadness, shame... and a bit of irritation!

“Oy, if it weren’t for family, food, sex and money, I’d do great on Earth!” WHY is there an agenda here, and WHY would it be *Jewish*? Besides being well-taught in deflecting pain via humor, I can feel that my issues will stay with me, until I Forgive everything, beginning with how my Personal issues have now turned global. Also BECAUSE, sadly so, the holocaust may just be the most painful and dramatic story ever told!

Forgiveness Metabolism Honor Levity Cooperation Valor Relief



WHY Taboos?



Because I am so afraid of being in my Power that I let my mind be eaten up by a most virulent virus: the moral exceptionalism that prohibits any discussion on the essence of the Sacred, by making the vocabulary of the Soul taboo, and placing IT under a ban.

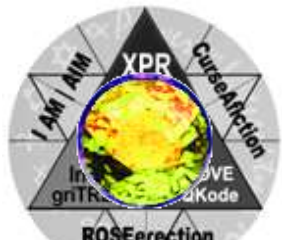
“In these **FOUR** words, we find expressed the sum total of all that is. ...**GOD**, the Whole; **SEX**, the attraction between the parts within that Whole; **LAW**, the habit of the Whole; and **SIN**, the revolt of the unit in the Whole.” *Alice Bailey, (TWT codes)*

Indoctrination	FAT	SIN	SEX	LAW	GOD	PAY
Revenge	Obsession	Calculation	Gravity	Blood Feud	Confinement	No Relief
Forgiveness	Metabolism	Honor	Levity	Cooperation	Valor	Finality
Independence	Paradox	Sacred Marriage	Process	Uncertainty	Gratitude	Success

How could I not be angry and seek **Revenge** when I am given the cold shoulder of “BECAUSE I SAID SO. END OF DISCUSSION”? By accepting an **Indoctrination** making THE six most soulful words taboo, I give away my **Independence**, and with it, any chance to enter into the **Sacred Marriage**, and find happiness. Now that I’m being drilled on what’s unclean and forbidden, my attention can only be on the unclean and forbidden! Forgetting that I can only observe myself, I become the abomination!

When I ban the worlds of [**Indoctrination**], I’m left with a [**Revenge**] that can’t quite allow for the [**Forgiveness**] of the [**Independence**].

Search TWT for words **FAT** & **PAY** to feel why they are also in the Soul’s domain.



WHY Hatred?

BECAUSE it is more important for me to “put enmity between the male and female [sides of me] and their seeds” (*Gen. 3:15*) than it is to lift the ban “I” have placed on the expression of the Soul.

Etym.: *tapu*, from Proto-Oceanic *tabu* for “sacred, forbidden” (compare Hawaiian *kapu* for “prohibition, sacred”).

Hebrew functions as an “abjad;” a writing system where each symbol stands for a consonant. This leaves me to supply what I *think* is the suitable vowel to sound the word, e.g.; I decide to read the letters BRASYT as *Bereshit* for “in the beginning, and not *Barashit* for “Created-S6X”. Same for the letters TWOBE; I can hear/SEE them in various ways, e.g.; I can observe *Tav Abah* (TW OBE) for “**Marked Gross**”. The S6X ideographic 3-lettered words of the world’s **Indoctrination** are now matched by S6X symbolic Hebrew **TB-TaBoo**.



Indoctrination	FAT	SIN	SEX	LAW	GOD	PAY
Hatred	Inferiority	Denigration	Dissimulation	Cynicism	Indifference	Assassination
TB-TaBoo	“Marked Gross”	“Shifty Eyes”	“Filthy Chaos”	“In IT”	“Desire”	\$\$ “Mark”

Roll a DIE to find out what is your **Indoctrination**, and how it lead you into **Hatred**.

The following gives background information on 1. the “abomination” quote → 2. **Taboo** → 3. **Indoctrination**:

1. Deut.14:3: dietary violations → “**Marked Gross**” → the wallets of the diet industry are who enjoy the **FAT** of the land!
2. Prov. 6:16, Prov. 12:22: wickedness: evil eyes, evil tongues → “**Shifty Eyes**” → I’ll show you how evil I can get: **SIN**!
3. Lev. 20:13, Deut. 22:5: illicit sex, prostitution, homosexuality, cross-dressing → “**Filthy Chaos**” → **SEX** is bad; I’m bad!
4. Ezek.18:13, Jer. 32: oppressing the poor and the needy, violence → “**In IT**” → the **LAW** punishes me for my bad habits.
5. Deut.7:25, Exod. 8:22: idolatry, Sacred Cows → “**Desire**” → in the end, **GOD** will save me from the mess I have made!
6. Deut. 25:16, Prov.11:1: cheating on weight and measures, stealing, usury → “**\$\$ Mark**” → I’m gonna make you **PAY**!



WHY only a few choose?

Context: the purpose behind any choice is either to feel **good** or to resist feeling bad. When I no longer resist anything, I realize that what I called “bad” led me to know my passion. To be the change, I must feel the bad of my projections; “love the neighbor as myself.” I can then hear what I most resisted: the voice of my intuition calling me in each moment. **WHY would only a few choose to be chosen, when everybody is called? BECAUSE, while I don’t mind being chosen, I don’t want for my life to change: don’t ask me to quit my job, end my relationship, or even stop drinking coffee!** I am so **scared** to be **sacred** (= to give it all as a servant leader) that I live in a dream of separation: I blame *the other* for not hearing me, when I am *the one* who refuses to come to the wedding feast, and marry “God” as my inner voice! This is evident when reading *Matthew 22:14* in Aramaic: “For many are called, but few **have chosen!**” When I begin to hold that *the alphabet* is the Law of laws, I am less reluctant to choose to be **here** and **hear**, to **fulfill** and **fully-feel** the law, and thus more real in relating. To help me choose to be chosen, and persevere in that choice until I have Self-knowledge, I will inquire now on the sense of being **called**.

If only people could hear me!

Consider: when making decisions causes more pleasure than pain, I chose to hear. However, when my decisions cause more harm than pleasure, I chose to *not* hear.





WHY Visionary?



BECAUSE I SEE “Eye” in *Ehyeh*, leading me to hear: ‘Oh Ye of little faith, take back the projection of *Exod. 3:14*, and know me: **“I am telling me now that *Ehyeh* [“I Am”] sent me”**’.

Here’s another “Good” question: will I persevere in my quest (and bear the pain of my judgments) until I know that I AM?

Unconscious	Fallen angel	prostitutE	saboteuR	victiM	child	Avenging angel
Conscious	GReed INgénue	Engineer	Visionary	Officer	Leader	GRace INgénue

I can only have doubts when **unconscious**! If not, when “God” sends me to free the Jews from Egypt (=when my heart gives me my mission), there is no one to argue with it; I am **GRace** seeing the aim – I AM the AIM! Thus, the **Avenging** “Jewish” **Angel**/Agenda of **revenge** is the part of me not big enough (yet) to have a more encompassing viewpoint: unable to forgive IT, I become the talion of “an eye for an eye!” It is indeed ALL about what I choose to observe: will “eye” be **the goat** whose “no” tries to withdraw LOVE, **the sheep** whose “yes” tries to attract LOVE, or **the eagle** that says a big fat YES to LOVE?



WHY “Called Feet?”



BECAUSE, no matter the part I play (bride, groom, maid of honor, best man, parent, guest. . .), I judge the **commitment** of marriage as so **laborious** that I may back out of the impending feast! And maybe also BECAUSE the beautiful Parable of the Wedding Feast was yet to be decoded for me to say “I DO!”

Labor	Solo Job	Misfortune	Serving Time	Message Killed	Begrudging	Runaway
Commitment	Contract	Miss Fortune	Light Clothing	Good News	Invitations	Readiness

- Contract:** the *Ketubah* officially writes the marriage into being. I, bride and groom, must still prepare for the deed alone, since all rites of passage are a **Solo Job**.
- Readiness:** once the home and heart are duly set, I, the groom returns for me, the bride, *without notice*: will I be RAW (**Ready-Able-Willing**), or have **Runaway**?
- Invitations:** are sent out, but when the time for the Feast comes, the guest in me is **Begrudging** participating, and doesn’t show up: I simply refuse to attend.
- Good News:** why is it so hard to hear others celebrating joyous occasions? I feel so lonely I may mistreat *you*, and even, in fact, **kill the messenger** (who’s still me!).
- Clothing:** I notice the part of me feeling rejected, **Serving Time** as an outsider, ashamed to not wearing the “proper” wedding **clothes**.*
- Miss Fortune:** when I stop judging my **Misfortune** and feel how the “bad” is really the knock of **Miss Fortune** on my door, I break the glass, and fill my wedding hall.

*The Hebrew word for “**clothing**” is *Lbush* from *Bush* for “to be ashamed.” When I judge me as not enough or flawed, I have need for clothing. While many are called to the Light body, will I choose to disrobe from the Shame body?



WHY ses?



BECAUSE he was so humble that, upon being **called**, he could hear and SEE that his **calling** was to die to the ego!

Hebrew *Vayiqra* for “**and he called**” [Moses] is the title of the Book of Leviticus. The last letter (**black**) is Aleph, the first of the alphabet. Its script in this passage is much smaller, to call Moses to be small and BIG enough to turn within: when turned around, *Moshe* (“Moses”) becomes *HaShem* for “THE Name”.

Arrogance	Unfeeling	Making Guilty	Medicating	Burying	Distancing	Stabbing
Humility	Inner Voice	Mediocrity	Slowing Down	Minimalism	Beyond Illusion	No-Thingness

A passage of the Zohar, a central text of Kabbalah, offers: ‘when the Holy One, praised be, was ready to create the world, all the letters presented themselves in reverse order.’ Last letter Tav advanced, and pleaded to be *chosen* to create the world. Although initiating **Truth**, Tav was disqualified, as were ALL letters until “**Beth**.” The sign for **B** was chosen, because it would “**Bless**” the world! The turn-around of the letters trace an initiatory process that completes in **Aleph**, when I Am the First and the Last, timeless! I know to be *and* not 2**B** The Name, forever emptying the vessel for the cosmic forces to create!



WHY Jesus?

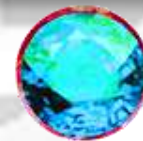
BECAUSE it is law for me to evolve, and for my soul to be uplifted higher and higher.

“Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father.” *John 14:12*

Provided I read, and understand these words, then I am in a very precarious position:

- **If I am a Christian**, I would have to admit that the reason why I feel the buzz of guilt more often than not, and, if I am really observant, why I am in contrition on every Ash Wednesday, is because I don't really believe in Jesus: bummer! If I did, I would have found PaRaDiSe lost, and returned to innocence: no guilt, no need for confession, and no religion too!
- **If I am a Jew...** I get off easy: while denying the work that Jesus did in going to the Father (see P36 or P79), I don't have to do the work! I can continue to pretend that *Pidyon Haben* – the ritual commandment to “redeem the Son” – is not about my inner Son, but about my progeny!
- **If not identified to either religion**, I have two options: 1. I see in Jesus a Master teacher, whom I honor, 2. I don't. Either way, I am in the exact same quandary of Christians and Jews!

I am SO funny! And isn't logic a blast? This may be a good time to revisit P57!



The circle of letters read CHRISTUS, Latin for “anointed.” I can also read **US** CHRIST!

The Hebrew flames are the **LOVE** of **YEWE** into the 5th stage of **YESWE** for “**Yeshuah**”.



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Chewing*?

1. **WHY oh WHY?**

Because the intensity of identifying to the thought “I am Jewish” (subtext: chosen) has caused so much bloodshed it makes it hard to forgive, and leads to more problems! Also because the narrative of a very sad story can change.

2. **WHY only a few choose, when ALL are called?**

Because, while I like the idea of being “chosen,” I’m attached, and thus resist changing: I’d rather keep going from guilt to boasting. The arrogance to think I’m the doer saying “I do” is arrogance. It sets me up to fall, and to do harm.

3. **WHY “Called Feet?”**

Because, whether I remember signing it or not, the *Ketubah* is written as my Sacred Contract and prenuptial agreement with “God”, and because “sacred” spells “scared” to transmit the wisdom to show up at the Wedding Feast!

4. **WHY Moses?**

Because, after a number of years spent erring in the desert of my soul, I, as Moses, asked for direction, and saw the signs I was missing: the letters of my name point to the Promised Land, by inviting me to turn within, where to choose to be humble enough to listen to the bell of the call!



What is EAT?

My chewing meditation merges now in the **savoring** phase: the more I chew, the more pleasure I derive out of the **oral** stage of ad/oration. Its work is the worship that speaks, beseeches and entreats the ardent and driven **Practicality** of my need: I must find a way to remain connected to the One, and end a confusion that's helped and not by technology. Also as my hunger for authentic relating and for search for meaning is about to be eclipsed by a childlike "eye-NO-sense", I wonder: can I stretch IT/me far enough to stop doing harm?

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Savoring P for Practicality



WHY Resistance?

BECAUSE the likely abuses suffered by the child in me were such a blatant injustice and an attack of the most basic human rights that I chose to rebel by resisting the “Good” of Above!

Above	1	2	3	4	5	6
Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness
Belove	1	6	5	4	3	2



When I am unaware of The Name (=unwilling to turn within to hear and understand my heart), my mind is on auto-pilot, creating *my* personal reality via desiring what *Appears* to be “good” and resisting what *Appears* to be “bad.” Yet, who is the “eye/I” that decides to observe “good” or “bad”, if not the ego, who bases its judgment calls on FEAR (False Evidence Appearing Real)?

The First Judgment is found in *Gen. 2:18*: “It’s no good for me to be **Alone**.”

The Last Judgment is when I die to who I *judge* I am (the doer), and merge with the whole: no more **Loneliness!**



WHY 🎵 Sad Songs?

BECAUSE my mouth speaks volumes: 🎵 “I locked Truth in the Devil’s Triangle / and threw away the key / BiRD of Sadness swallowed it / Ain’t nothing I can do / Just longing to be free...”

Slave to the Master Belief “there’s an out there *out there*,” I’m singing songs of FEAR:

- 🎵 **Surviving in Scare City:** I’m afraid that *you, the other out there*, will not give me what I want, or that *you* might take my stuff from me.
- 🎵 **Hopeless in Control Country:** I *try* so hard to keep it together; you, me, reality: no matter what I do, I can’t get NO satisfaction!

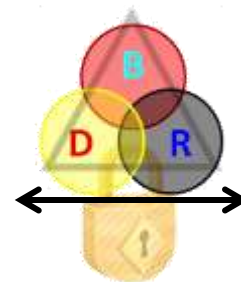
Now that my Master (B) has me fixated on hunger and increasingly needy, it can swing my emotional body from one judgmental pole (R) to another (D):

- Resistance is the Desire to have something within.
- Desire is the Resistance to being without something.

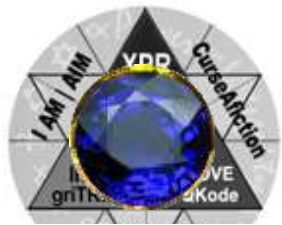
To go beyond either neediness, and manifest what I need, I must eat from *and digest Good and Evil*. I then know to be created *male/female*, and *naturally* understand:

- Desiring to have within is the call of my inner female needing **Fulfillment**.
- Resistance to being without is the call of my inner male needing **Freedom**.

↓: map of the Ego Triangle: Master Belief over D/R poles



Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness



WHY Deception?

BECAUSE I am so mad at an indoctrination that *tries* to control me by telling me what's right4me that I "FREELY" retaliate by defiantly breaking my Word (my *Ketubah* "agreement" with the Self)!

Deception	Gifts	Premeditation	Second-Guess	Disobedience	Immediacy	Hope
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- 1. The Gift:** Adam of Gen. 2 lives in lack, split from a "God" who tells him that his being alone is "no **Good**," puts him to sleep, and takes a rib to make him a woman; a gift!
- 2. The Premeditation** is in "God" commanding: "you may eat of all Trees, but not of the Tree of the knowledge of **Good** and **Evil**, for if you do, **you'll die of death.**" It's a setup.
- 3. The Second-Guessing:** Snake creates doubts by being the most subtle liar of ALL: 1. he asks a leading question (did God really say to not eat of *any* Tree?), 2. he uses **Truth** as the ultimate manipulation, since truth can't be refuted ('**No, you won't die of death, for God knows that your eye will be open, and you'll be as "God;" knowing Good and Evil**').
- 4. The Disobedience** (from Latin *dis* for "not" and *ob-audire* for "to hear"): seduced, the woman stops hearing "God," and eats from the Tree of the Knowledge of Good and Evil.
- 5. The immediacy:** the woman's inner deafness shifts her sight at once: she now *only* sees the visible with physical eyes, and no longer sees the invisible with her heart: evil eye opens, 3rd eye closes: woman is named "Eve" for "who gives life" in pain.
- 6. The Hope:** as Adam and Eve lose PaRaDiSe, they also forget that fulfillment comes from within: their only hope – that someone will come to save them -- is the last Evil, at the bottom of Eve/Pandora's box, making Greek mythology an exact mirror to Gen. 2-3.

WHY "you will die of death" instead of the traditional translation "you will surely die?" BECAUSE I haven't had a **NDE**:

- 1.** Not believing is to doubt. **2.** Doubting is to feed my ego, and have a double life. **3.** Eating Knowledge is dying to duality.



WHY Shame?



BECAUSE, not only does breaking my word instantly disconnect me from my inner world, but it also entraps me in the world of the Other. While I'm busy manipulating you via praise or blame, I don't have to Remember to look for PaRaDiSe where I lost it, *within*, in my shame-based Secrets...

Turning within is where I change the past, and burn my karma! I am now "Adam," and "God" and "Eve/Evil" and "the Snake" and "the Tree:" I'm the whole thing!

- Here is where I was: I did eat from the stupid Tree, my dual eyes did open, and I don't like what I see: I'm ashamed of myself, as I know I've done something bad.
- I hear my conscience ("God") calling me, asking: "where are you?"
- What if, instead of sewing fig-leaves and hiding in the bushes, I came out to the light of Truth stark-naked, to say: "where am I? I feel awful: I did break my Word, and chose to not hear my conscience telling me to not eat from the stupid Tree".
- **When I tell the Truth, I am enlightened: I know that I am not the body (no shame), and that I am not the doer (no guilt). I am in PaRaDiSe—just like that!**
- When I lie, I compound my interest in an evil trust, and weigh down the **Shame** body by blaming *you* for my action: "the woman *you* put by my side, *she* made me!" Is it really surprising that, from now on, I can't feel: "In God, we trust?"

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness



WHY Faking it?

BECAUSE I fear *you* would abandon me out of either judging me as a bully, if I spoke my **needs** precisely and clearly, or as a patsy, if I were to keep my **needs** quiet: better be blasphemous than fulfilled and free!

Blasphemy—**noun**: 1: the act of speaking sacrilegiously of God or sacred things (**D**). 2. the act of not revering that which is sacred, or priceless (**R**). 3. the crime of assuming to oneself the rights and qualities of God (**B**).

As disturbing as the sexual metaphor is, Self-knowledge *is* carnal! I can only “fool” *you* while faking my orgasm, but, deep down inside (pun intended), I know I didn’t come! It is the same with my **need** to know “God”. Fulfilling it and expressing it freely has had so many prophets crucified that I euphemize the attainment as “Self-actualization.”

1. When what I say I want doesn’t match what I have, I am **R**esisting what I once *chose* to **B**elieve, and **D**esiring what I *ought* to **B**elieve; e.g.; when I don’t have the \$\$ I say I want, I’m **R**esisting **B**elieving in lack, and **D**esiring to **B**elieve in plenty.
2. If a **Want** is something I **D**esire to have, and a **Need**, something I have to have, **WHY** am I **R**esisting to have my needs met? It is BECAUSE I victimize myself with the **Fear** to be in **I**ntegrity or “entirely” in God, before God, modeling “Good”.
3. What do I fear would happen, if I’d stopped **D**esiring and **R**esisting the [fill in the blank] I say I want? Might that perspective keep me from loving “God” *entirely*?

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness



WHY Blasphemy?

BECAUSE what comes out of my mouth will defile me, as long as I don't understand the purpose of my making an error, and how to correct it. Upon hearing, I no longer hate me/you for IT, and I transform!

Blasphemy: from Greek *bláspḗmos* defaming, speaking evil, equivalent to *blá(p)s(is)* harm, evil (<*bláptein* to harm) + *phēmos* speaking. (Below: Hebrew sign **B** (<β) for “house”/duality inside sign **P** (<פ) for “mouth”).

Just like plants, words have roots. Should a word reveal to be a weed, I must dig deep to eradicate the beliefs it creates. Some roots have been planted for so long they go too deep, e.g.; blasphemy, from Greek βλαξ, *Blax*, for “stupid, fool” + φήμ|η, *Phemay*, for “*rumor, reputation, fame!*” I can use **BP** to feel my motivations in speaking evil:

1. **Praise:** I am a fool in love; “you complete me, you’re the One I had been waiting for!” When my infatuation dissipates, I move into from **P** to **B** →
2. **Blame:** “it’s the wo/man *you* put by my side!” I just intentionally started a **hateful rumor** about *you*, so that I’d never have to own my error, and correct it!

Speech is an act: when I blame you, I put in motion an equal and opposite reaction that compels me to praise you, and then, to blame you, and then, to praise you, on and on! The more I speak in ill repute, the greater my hunger for love, its apex being the desire for **fame**. Blasphemy is thus literally the **stupidest** thing of all, since there’s no one (and no love) *out there*, the **rumor** I *think* I start about you can only reveal me!

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Confidence





WHY the F Word?

BECAUSE IT best voices the Frustration of *not* being Fulfilled & Free. The Fury-Feeling will eventually lead me to realize that *not getting any* is, first and foremost, not getting the “Way” of Hebrew *Torah* or Chinese *Tao*. Both ways have for Foundation the work of polarity, which is adamantly sexual.

While the parent in me may *think* “it’s good to have a boy; bad to have a girl,” I don’t realize that I judge as “**good**” that which is revealed, in this case, the sexual apparatus of a boy, and as “**evil**” that which is hidden, in this case, the sexual apparatus of a girl.

This error in judgment creates my **BiRD** brain, until I can hear *Maktub*: the Sacred Marriage is to the Self, and it is written! It is as unavoidable as death. IT IS DEATH: am I not to die to what I *think* I am – if only for a few seconds – to have an orgasm?

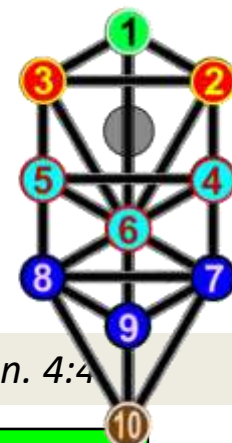
Unable to embrace the **Eve/Evil** of my female side, I inscribe my DNA via the song “it is a man’s world,” which I believe in my society of cells: whether a boy or a girl:

- I ignore matriarchal societies, and courtship as the Way of the goddess, when the female sex is in Power. She **R**esists him; he **D**esires her. This makes for “good” sex.
- I focus on patriarchal societies, and on marriage as the way of God, when the male sex is in Power. He **R**esists her and she’s hysterical with **D**esire/penis envy. This does NOT make for “good” sex. It instead makes sex taboo, sinful and ultimately impossible. It also warps the sacrament of marriage.

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness



WHY Rejection?



BECAUSE I choose to observe that you are able (“Abel”), and that I can’t (“Cain”) be successful.

“And the LORD respected Abel and his offering, but had no respect for Cain or his offering”. *Gen. 4:4*

1. Tree of Life	Mouth	Throat/Heart	Navel/Sex	Root	Third Eye	Crown
2. The World	Infinity	Creation	Attraction	Manifestation	Download	Eternal Light
3. IS-REALity	Unknowns	Beliefs	E-motions	Actions	One Language	One Will
4. Deliverance	The World	The SON	The Bride	The Mother	The Father	The Cell

I am Cain (for “Jealousy”), infused with a whole lot of sexual energy; for good and bad. My resisting “God” leads me to break the law, *in a bigger way than my parents did*. Once I killed my potential, I feel rejected, wondering **WHY in the World** you can have what you want, and I can’t! I don’t know that *you* are showing me the “Good” written in my Sacred Contract, which I’ll receive once I **deliver** me from being a slave to *you*. This is when I have the Power to place my attention on being respect and respected!

1. I locate the five groups of *Sephiroth* (“chakras”) of the **Tree of Life** on the diagram.
2. I realize how these groups form my perception of five parallel **Worlds**.
3. I see **WHY** I would reject me by using poor **Manifesting**, as I am more committed to my **Belief System** than to hearing the **One language** of my heart.
4. Looking at **Deliverance**, I now see what Jesus said: “I’m going to the **Father!**”

I wonder: what would happen if I didn’t reject/grey out the Mouth chakra?



The **FOUR/S6X** Questions

Peace is the Wisdom to free the **BiRD** of **D**esire by losing my **R**esistance to IT: the more I hear “as above, so *belove*”, the more I have the Power to change *within* that which I hopelessly tried to change *without*.

1. **WHY Resistance?** BECAUSE now that I’ve split above and “belove”, I am so **hungry/lonely** that, not waiting to be **ALL One**, I decide out of **Resistance!**
2. **WHY 🎵 Sad Songs?** BECAUSE I lost my **freedom** by pretending that *you* are my jailer, and that I must break or enforce the agreement I have with *you!*
3. **WHY Deception?** BECAUSE I think I’m so “damned” clever I can fool *you*, and BECAUSE denying the invisible leads me to hide skeletons in my **Shame** closet, and to wonder why I can’t get **NO Satisfaction!**
4. **WHY Faking IT?** BECAUSE **Fear** made it seem like a good idea at the time...
5. **WHY Blasphemy?** BECAUSE I wish to see how the world would **Transform** out of understanding and hearing how the word has its root in **Hatred.**
6. **WHY the F Word?** BECAUSE it’s all about the rage and fury of sex, yet not quite in the Way I had conceived of IT before!

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness



My savoring now moves in a contemplative **digesting** phase of deep communion. Contemplation is the heart of “non/action:” its light never happens *because* of my doing, and it never happens *without* my doing. It is at once aware *and* conscious, silent *and* speaking. It is also highly **revealing**, as my senses are newly engaged; sharper, and clear-sentient. Utterly absorbed in the action, I am free of the action, and more alive than ever! The Elephant’s **Secrets** break down to be digested, giving me the courage to jump into myself!

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Digesting S for Secret



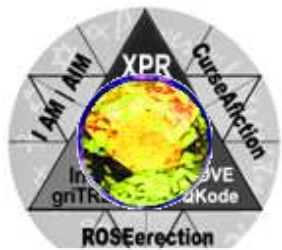
WHY Confusion

BECAUSE, as long as I can shroud me in a smokescreen, I don't have to hear my heart, and I can continue to feed an ego in pursuit of shameless agendas; *cherchez la femme...*

Choosing to not hear my intuition, which is really the voice of my conscience, splits me from the Word “**Good**”, and causes my mind to be flooded with doubts about my own self-worth. Since I don't believe in me nor buy me, I am vulnerable to the Master Belief in an *out there*, and calculating to secure my own advantage. How then could I not be bugged time and again by to the thought “I'm bad”? To defend myself, I must now create an identity that will carry me through:

- To continue **D**esiring the Bad, I now identify to “I'm **not enough**; flawed”.
- To continue **R**esisting the Good, I now identify to “I'm **chosen**; special”.

The binary false sense impression influences each and every being yet to choose to be called. This brings the next question: **WHY would this identity seem to be specifically associated to the Jewish people? It is BECAUSE**, just like Adam was setup to break the command to not eat, the Jews are setup by their own credo (which calls to hear/obey) to not hear/obey. The main tenet of Judaism is such a master code that it became the basis of Jesus' teachings and Islam.



WHY Blaming?

BECAUSE, if I actually forgave and healed, I would have to suffer no exception in fulfilling my calling (unbreakable will): now that scares me! I much prefer to fail, and to make it your fault!

“To attain the *Sanctum Regnum*, in other words, the knowledge and power of the Magi, there are four indispensable conditions: an intelligence illuminated by study, an intrepidity which nothing can check, a will which cannot be broken, and a prudence which nothing can corrupt and nothing intoxicate. To know, to dare, to will, to keep silence – such are the four words of the Magus, inscribed upon the four symbolical forms of the sphinx.” – French occultist Eliphas Lévi.

Initiation	Tribe	Plan	Guilt	Money	Wound	Appearances
Mastery	To Forgive	To Know	To Dare	To Keep Silence	To Will	To Heal

Destruction is easy. To turn within and express the creative Self; that’s another story! Unless I find an outlet for my magician to lose himself into, I will use my sword destructively: I will *try* to make “you” pay for the harm “you” caused me.

- **The Tribe:** do I know how I prefer my eggs: what do I *choose* to believe?
- **The Plan:** do I find that I keep on inventing new strategies that always fail?
- **The Guilt:** what is my conscience saying, which I don’t want to hear?
- **The Money:** what do [not] I do to sell my soul, just to put food on the table?
- **The Wound:** what advantages do I get, out of keeping myself poor and sick?
- **Appearances:** what would a lie detector test reveal if I were to submit to one?



WHY Authenticity?

BECAUSE necessity is the mother of invention: I have a very real need, a need that's been here for a while now, discarded as *chimerical* (“unreal; imaginary; impractical”). This need is to end the confusion by hearing/seeing a path to One Language, and One Speech (=One ‘God’).

This language comes back from the future to surprisingly say what it means, and mean what it says. Such an authenticity is the end of suffering, as I hear and understand that language is where my Power is, and am now real enough to not misuse IT.

Victor Hugo said: “nothing can stop an idea whose time has come.” eXPiRe’s need is at once intensified by a humanity is in crisis, and supported by a technology making the languaging of light globally accessible. **It is this work’s hypothesis that Hebrew, newly felt to be as comprehensive and neutral as math or music, may just be such treasure.**



- To open to my senses, and actually hear and SEE, I “receive” Hebrew sign **Shin** (שׁ):
1. **Top: IS-REALity** says: “let there be LOVE!” And I see – for **REAL** – that LOVE has replaced the Master **B**elief of FEAR in the other: it’s no longer a jungle *out there!*
 2. **Right: UnderSt**anding the One of **US** (LOVE) opens “the Eye of Providence” (see **US** dollar bill): not judging the *bad* “bad,” I don’t **R**esist it, and it doesn’t persist!
 3. **Left: KINdness** completes the opening of the 3rd Eye: the only **D**esire left in me is for the highest wisdom: to do no harm, be **kin** to ALL, as I serve the Good of ALL.



WHY False Rebellion?



BECAUSE there is no one out there for me to rebel against: I can only be *within* “God”!

“And God said: “love your enemy,” and I obeyed him and loved myself” (Khalil Gibran).

False Rebellion	Prohibition	Opposition	Perturbation	Punishment	Accusation	Mortality
Deliverance	The World	The SON	The Bride	The Mother	The Father	The Cell
Tree of LOVE	Mouth/Sex	Throat	Navel	Root	Third Eye	Crown
The World	Infinity	Creation	Attraction	Manifestation	Download	Eternal Light
IS-REALity	Unknowns	Beliefs	E-motions	Actions	One Language	One Will

I am still Cain (for “Jealousy”), and still revolted by how unfair my destiny is! I am SO angry at “_____” for not giving me what *I say* I want, that I am stuck in Ego-Egypt: my **Creating**, **Attracting** and **Manifesting** are split from the higher spheres of the Tree, where I would have a **Green Light** to **Download** the message of my heart!

1. Being in a lot of pain, I now am ready to have eyes to see where **Deliverance** comes from, and willing to follow Jesus’ advice: “I’m going to the **Father!**”
2. Consider: when I know what to do, and I still don’t want to (rebellion), the doc (as in doctor and document) was only partially **downloaded**.
3. To find where there’s a bug in my system, I must jump into the Tree’s **Mouth**, and inquire on the **Unknowns**: what would someone have to believe in order to resist [what I don’t want to do]. THE END of **Unknowns** is when I do what I **know** to do.

Note: This **Tree of Life** changed from P79: it is **IN-LOVE**, as **Sex** and **Mouth** enter in a covenant around the Sacred **Heart** – #6.



WHY “ELECTricity?”



BECAUSE Hebrew and English, both, ELECTed to join to open the Eye hanging in the dark.

Chashmal for “electricity” existed in the Bible **before** the energy was discovered. Its name (or calling) was first in *Ezekiel 1:4*, as a fire coming from Ether; a shield of light around “God.” The Septuagint renders it as *elektron*, Greek for “amber.” It is the “fluid” of Hermes, god of **Communication/Commerce**, that which travels at the speed of texts, emails or tweets.

Commerce	Buy/Sell	Lend/Borrow	Earn/Steal	Save/Spend	Give/Take	Tax/Tithe
Silence	Stillness	Non-Planning	Non-Reacting	Consecrating	Non-Initiating	Abundance

Chashmal is the body of light in which I am reborn, as I drop the body of shame. I have no questions left, except: “would you pass me the salt?” I am *Chash* (“silent”) *Mal* (“circumcised”): no more *trying* to sell you the miracle cure; no more story to preserve ego’s life! I am the **Silence** of pure awareness, as spoken by the Ba’al Shem Tov, using two Hebrew words: ‘*Malakh* for “angel” reads backwards as *K’ileim* for “like a mute.” A true teacher can remain mute before speaking, and inwardly silent while speaking. You may seek Torah from such mouth!’ Being intoxicated with verbosity just says that I am yet to hear my darkness. **“S/Hebrew” is how to feel its message, as it sheds light on how ALL versions of “me” are already created.**



WHY Innocence?

BECAUSE life has no meaning: it just is! This is not a pipe; it is what I *call* a pipe! IT is still a PaRaDoX: as I see ITS playful life, I read the signs, and am returned to the eye-NO-sense that stops asking WHY.

“Now if you **hear** me fully and keep my **covenant**, then, out of all **nations**, you will be my **treasured nation**.” *Exodus 19:5*

The “Chosen People” elephant is digested, when I understand what “eye” do:

1. I superimpose the meaning of word *Goyim* for “**nations**” over *Am* for “**people**.” This is WHY: when I lie, I start feeling like an outsider. This is when I think in terms of estranged **nations**; of strangers. When I am real (and tell the truth of my heart), I naturally think, feel and am heard as “One people, One speech.”
2. I ignore *Segol*’s multi-modality. Besides “**treasured**” (and not **chosen**), *Segol* also means “**vowel**” (sound of silence), “**sign**” (a pattern or code), “**purplish red**” (colored from beyond), “**healing power, virtue**” (love). *Segol* gave English *Sigil* for “seal, sign, image of magical power.” This is WHY I did so: as long as I don’t hear nor see the signs, I don’t have to face my fear of death, that is, I don’t have to **choose to be chosen**. Ultimately, **nations** of egos live in the same avoidance, and go through the same insane merry-go-round!

I was confused: I thought I was the doer, and kept on making me guilty for my errors. I now see that there’s no accident; nothing big and nothing **small** to this elephant! I return to innocence – which is really my PaRaDiSe lost, **through people-signs whose healing power I treasure as they led me to find the treasure *within!***



“I **hear** me ↔ keep my **agreement** with the Self ↔ out of all **people**, the **signs** are my **treasured people**” *XPR’s Exod. 19:5*



WHY the Limit?

BECAUSE I'm praying that "IT" would take me to the limit one more time, so that I'd have the guts to imagine no boundaries, and jump! Also BECAUSE, until I wholeheartedly welcome the shame behind humiliation, I cannot relax into my own nature, nor believe in the miracle of falling *in* Grace!

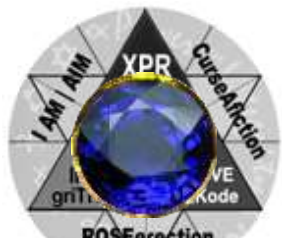
I heard it before: "nobody is higher or lower; everybody is needed! Comparing is how I make me inferior or superior. It keeps me from simply being as I Am: no more, no less! I am not a mistake: without me, something would be missing in the cosmos, which no one can replace." However dignifying these truths are, I am in a quandary:

- The perspective of being needed in the world must be scary to me: I'm resisting it!
- The perspective of being needy in the world is also scary, and I am also resisting it!

What if I were to take IT to the limit, and not fear being led into temptation? Isn't IT all written; *including the humiliation of touching bottom*? Yes, but, will I ever get up? How can I trust that, if I jumped, there'd be someone or something to support me in my fall? **When ready for faith, I can pray the most courageous prayer: bring IT on!**

HaMayim (EMYM) are "the PAIRS of water" split on the 2nd day by a limit *in between*, as Daath, a.k.a. *M-Dalet*, the "M-Door" that opens and closes the illusion of separation. Its limit stops me from **knowing** shame, which I resist with ALL my heart. When I surrender to a possible humiliation, I fall into a PAIRfect male/female Heh (EY).





WHY Depth?

BECAUSE I must dive deep into the abysmal unconscious to find pearls of wisdom.

In a letter to Ms. Edith Schroeder who had inquired regarding “the significance of Freud’s Jewish descent for the origin, content and acceptance of psychoanalysis,” Carl Jung replied: “One would have to take a deep plunge into the history of the Jewish mind. This would carry us beyond Jewish Orthodoxy into the subterranean workings of Chasidism... and then into the intricacies of the Kabbalah, which still remains unexplored psychologically.” *C.G. Jung, 1973, Vol. 2, pp. 358-9*



Sigmund Freud

Carl Gustav Jung



Psychology – the “languaging of the Soul” – is at once in the domain of science and religion. When decoding psychologically the QKabbalah as the Soul of the Torah’s Wisdom Teaching, *eXPiRe* reconcile the psyche’s giants, **Freud** & **Jung**. Doing so may just be enough to fulfill the purpose of psychology, and end **Suffering** by *feeling Genesis’* message:

Move column to column, using the words in brackets to feel the wisdom / folly of a specific column: when I suffer from [Freud], I don’t understand [Jung]. I thus stay stuck in [Suffering], e.g.; When I suffer from [Violence], I don’t understand [Synchronicity], and thus stay stuck in [Secondary].

Genesis	Chapters 1-2	Chapters 2-3	End of Chap. 3	Chapter 4	Chapter 6	Chapter 11
Suffering	Secondary	Resistance	Shame	Jealousy-Vanity	The Fall	Competition
Freud	Violence	Libido	Inhibition	Hysteria	Indulgence	Convention
Jung	Synchronicity	Archetypes	Persona	Complex	Alchemy	Individuality
Liberation	Primary	Desire	Satisfaction	Simplicity	Engagement	Cooperation



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Digesting*?

WHY Confusion?

Because avoiding “God’s” house allows me to keep looking for it and to feed my ego; it also increases the pain and the need for One Language. **WHY?** Because necessity is the mother of invention: there’s a real need – stressed by crisis and helped by technology – to end the confusion by hearing/speaking One Language.

WHY “ELECTricity?”

Because S/Hebrew (engliS/Hebrew) join to open the Eye of Providence, when I don’t have to sell my soul, since I trust in God. Hebrew is psychic enough to name “electricity” ahead of its time and English playful, enough to convey its sentience.

WHY are Signs, People?

Because I’ll think in terms of frontiers, and superimpose “nations” over “people” as long as I don’t read the signs, nor hear my heart. When I do, I see how playful the Word “God” is, and return to **eye-no-sense**: no undue quest for meaning!

WHY the LIMIT?

Because, as I let go of the blocks that I have used to *limit* my potential, I feel the exhilaration of being always supported in my “free fallin’” ... At last, I am living!



I think I have eyes, but I don't really read the signs, and miss the message. In comes the weirdness of words like "PaRaDiSe," a **friction** intently disturbing my mind to awaken it to what it doesn't want to know, e.g.; the colors seem to promote an organization that I can agree to, for me to perceive the order in the chaos, even "in limbo!" I smile: "any resemblance between actual characters, living or dead, is a miracle." Yet could these symbols be the soul imprints to LOVE? Is PaRaDiSe an idea whose time has come, in this age of information?

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	"PaRaDiSe"?	The Elephant?	EVIL?

4. WHY "PaRaDiSe"?



WHY “PaRaDiSe?”

WHY PaRaDiSe?

M for Mystery

D for Difference

R for Recall

P for Practicality

S for Secret

T for Truth

WHY the uppercases of “PaRaDiSe?”

1. To alert me to the presence of codes for **optimal receiving** of a critical combination of letters. The soulful imprints of *QKabbalah* had to wait to be “received” for an information age using parallel encoded methods, e.g.; texting (LOL), or *acrophony*; a process spelling “A as in Alpha, B as in Bravo...” to insure **optimal receiving**.
2. To open me to my own wisdom by waking me up from the hypnosis of borrowed knowledge, that only understands the word, but not *the sense nor the sentience* of the Word. When codes anger me, I can choose to explore my reactivity (or not).

WHY the colors? Because of their effectiveness in organizing data into a universal system. To this end, *eXPiRe* went to the three main world’s cosmologies (Taoism, Hinduism, Judaism), joining them via SIX elements as primary colors/identities:

1. **Hinduism’s black Ether** is infinitely spacious and echoing – like **Voice optimally** is.
2. **Taoism’s green Wood** is ascending and fruitful – like **Spirit optimally** is.
3. **Red Fire** is evocative and warming – like the **Heart optimally** is.
4. **Brown Earth** is motherly and grounded – like the **Body optimally** is.
5. **Blue Water** is flowing and receptive – like the **Soul optimally** is.
6. **Azure Air/Metal** is light and sharp – like the **Mind optimally** is.

The **FOUR** classical elements are shared by all cosmologies.



WHY the Limb-Limbo?



BECAUSE the pain of being in limbo will eventually encourage me to take the risk to blossom, to stretch beyond the last **WHY**, and bridge the 4D of **PRDS** to its 6D. I will then know the **T**ranscendental **M**eaning of "**PaRaDiSe**".

The 10-sphere icon is known as the Tree of Life: its seven rungs mirror the 7 chakras of the Hindu Tree of Life.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Sleepy Sick	Irritated "I"	Quitting
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Besides meaning "orchard", Hebrew **PaRDeS** is an acronym: sign **P** is for **Pshat**, a "**Plain/Practical**" **E**arth-based call; sign **R** is for **Remez**, the emotional "**wink**" for me to **Recall** that I Am **water**; sign **D** is for **Derush** for an **Air**-tight "**inquiry**", by which to know the **Difference**, and last, the **S** sound of **Sohd**, for the "**Secret**" whose revealing heals me! As potent as these 4D are, they only thrive via the SIX, which answer the biggest WHY of all: **WHY is the Tree of the Knowledge of Good and Evil gone, when it was with the Tree of Life?** **MT** answers: BECAUSE **MeT** for "Death" and **TaM** for "PAIRfection" are equally scary to my ego! I try to control my dread of the **m-M-Mystery**, by never being ready for how **Truth** will change my life!



WHY the P of Practical?

BECAUSE Mysticism receives its letter of nobility when its voice sets a context with such clarity, kindness, logic and conciseness that it brings to the surface my own reasons for doing or not doing something.

“Meditation is possible only if the ego is kept up. There is the ego and the object meditated upon. The method is therefore indirect because the Self is only one. Seeking the ego, that is its source, the ego disappears. What is left over is the Self. This method [inquiry] is the direct one.” *Be as you are – the Teachings of Sri Ramana Maharshi, P117*

WHY PaRaDiSe?	M for Myst...	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth
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**When I am not in Peace,
there is something I do not understand.**

From there, I have two **Practical** options:

I can ask and answer the ultimate question: who am I? (**Inquiry**)

I can accept that I am not in peace. (**Surrender**)

These two options are the only two keys given to humanity toward enlightenment.

Either option, provided they're **practiced** in totality (= digested), restores **Peace** immediately. Yet **surrender** is close to impossible without **inquiry**. This is how it is symbolic that **inquiry** would have been received as a first key by Buddha (~500 BCE), and **surrender** as the second key by Jesus (~33 CE).

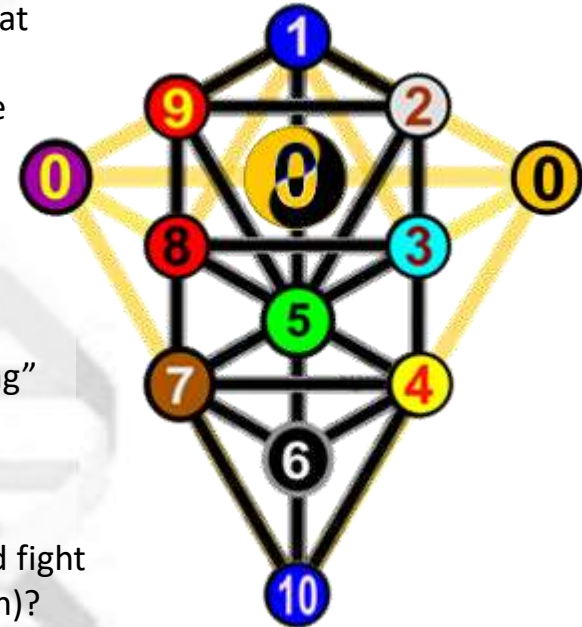
Peace	Inquiry	Yoga	Sex	“DIETing”	Meditation	Surrender
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WHY Inquiring?

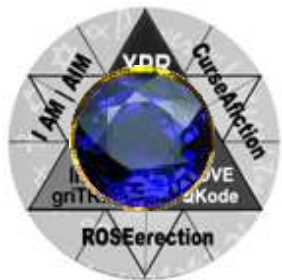
BECAUSE I don't know myself (0), and thus resist the ordinariness (0) that is the key to imagination (0)!

1. **Opening my eye/I: who do "eye" think I am?** When I change the way I look at words, the world I look at changes ↔ the world is a reflection of my words.
2. **Deciding: the Power to Decide is the greatest of ALL powers.** Deciding to be conscious of WHY I chose my beliefs is the most impactful of ALL decisions.
3. **Changing: communication is the result of what is said and done:** to have the Power to change, I must know the Peace that has surrendered it ALL!
4. **Resisting: I know what to do; I just don't want to do it!** Lies and secrets are shame-inducing. Shame is how I lose sentience, and can't feel my words.
5. **"PAIRfect:" as Above, so Belove:** I appreciate ALL my eXPeRiences, by "loving" my enemy or that which is a "problem". I stay in the gap in between.
6. **Desiring: when what I say I want is aligned to what I have, I am telling the Truth.** If not, I may inquire on what is the lie, and WHY I choose to pretend.
7. **Engaging: my WORDS are my SWORDS:** will I choose to defend the bad (and fight to be right), or will I choose to defend the Good of ALL (and let the other win)?
8. **Ordering: "bring it on; double-size me"!** What if, instead of resisting shame, I would invite IT? This will eventually lead me to surrender my will, and grant me the Power to choose Peace.
9. **Completing: I don't let go of my beliefs;** they let go of me when I meet them with sentience.



Queen Sphere	0. Ordinariness	8. Power-Peace	6. Honesty	2. UnderStAnding	4. Appreciation	0. Imagination
King Sphere	0. Knowledge	3. Wisdom	1/10. IS-REALITY	7. Perseverance	9. Love is Kind	5 Beauty

9. Completing	8. Ordering	7. Engaging	6. Desiring	5. PAIRfect	4. Resisting	3. Changing	2. Deciding	1. Opening
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WHY Receiving?



BECAUSE the difference between receiving the Law and being given the Law is as significant to (my) well-being as the difference between digesting and eating!

Hebrew word *QKabbalah* for “receiving.”

Ignorance	Screech	Split Mind	Lost Soul	Pain Body	Broken Heart	Forsaken Spirit
Knowledge	World's Voice	Son's Mind	Bride's Soul	Mother's Body	Father's Heart	Cell's Spirit

What about the **Bride**? Rabbis hold that the **Body** of the Teaching is revealed as the Laws and the **Soul** of the Teaching, concealed as the *QKabbalah* (“receiving”). This makes it simply impossible to honor the One Law of LOVE! While not *receiving* that which is given, I’m not playing with a full deck – not “wholehearted.” I may accept that exercise is a perfect law or habit to cultivate; if my **Soul** is not into it, it can’t benefit my **Body**.



WHY Ten Words?



BECAUSE I know what to do (=I'm given the law), yet I resist doing it (=I act as if I didn't get the memo): while I resist "Ten Commandments", I relate to "Ten Words" (as called in the Bible)!

Aleph is the word for "ox", Beth, for "house", etc. The 10 help me feel:

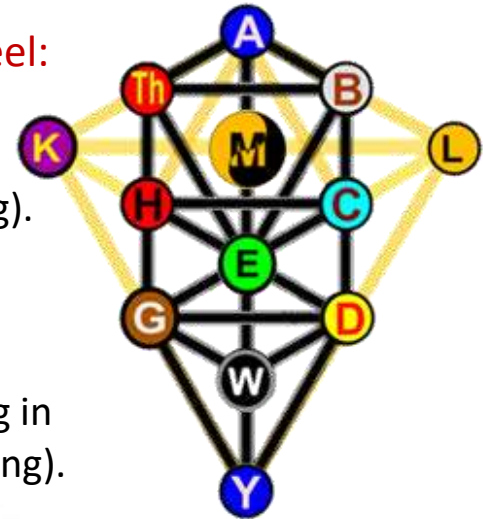
A1: I am **Free** from Ego-Egypt ↔ **Y10:** I am **Fulfilled** (no coveting), as I am QKonnected to the **MLK** of spiritual *Malkuth* for "QKingdom".

B2: I own my projections (**No Idols**) ↔ **Th9:** I **Witness to Truth** (no lying).

C3: I use the **Word Humbly** (no vain calculating) ↔ **H8:** I don't **steal!**

D4: I **Remember** to not *try* to make IT happen, but to let IT be (*Shabbat* "rest") ↔ **G7:** I **Raise** my sexual **Energy** (no adultery).

E5: I **Honor** my Mother (AM=matter) & Father (AB=alphabet) by walking in Beauty ↔ **6W:** I like the results of my words (no undue **Killing**/destroying).



Three Words are for my child to enter *Malkuth* (**MLK**) "QKingdom": **K11** to "love the **Stranger**" (=Flawed) and **L12**, "to love the **Neighbor**" (=Wicked) as the Self. **M13** to love "God" with **ALL** my heart, **ALL** my soul, and **ALL** of me (**Entirety**).

No Command	L12 (ל)	H8 (ח)	W6 (ו)	B2 (ב)	D4 (ד)	11K (כ)
Slavery	Wicked Self	Stealing	Killing	Serving Idols	Forgetting	Flawed Self
Queen Sphere	Ordinariness	Power-Peace	Honesty	UnderStanding	Appreciation	Imagination
King Sphere	Knowledge	Wisdom	IS-REALity	Perseverance	Love is Kind	Beauty
Emancipation	Entirety	Humble Words	Free & Fulfilled	Raising Energy	Witness Truth	Honoring
Yes Command	13M (מ)	3C (ג)	A1 (א)/Y10 (י)	G7 (ז)	Th9 (ט)	E5 (ה)



WHY the Blood?

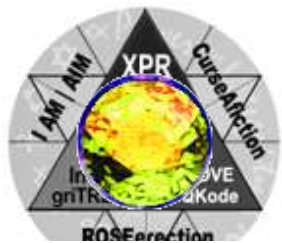


BECAUSE it is where the soul of my body is: when I feel it, I stop the “bad blood,” and the desire for revenge that makes it toxic out of my being “talk-sick!” Also BECAUSE the blood that pulsates through my veins makes my experience as an Earthling is the most fascinating ever!

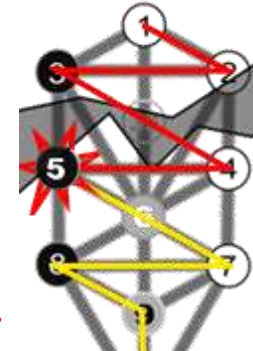
Hebrew word *Neshiqah* for the “Kiss” of Death.

SOULution	Ready for Truth	Breathing	Surfing	Resting	Envisioning	Connecting
Hebrew for “Soul”	<i>Neshiqah</i>	<i>Neshamah</i>	<i>Ruach</i>	<i>Nephesh</i>	<i>Chayah</i>	<i>Yechidah</i>
The World	Infinity	Creation	Attraction	Manifestation	Download	Eternal Light

Jewish mysticism speaks of the five levels of the soul: the three “lower” levels of the **SOULution** – *Neshamah*, *Ruach* and *Nephesh*, a.k.a. the *NaRaN* – live in the three lower worlds of **Creation**, **Attraction** and **Action/Manifestation**. As for the two higher levels, they are said to be unattainable. This changes, when I receive *Neshiqah*; the “KISS” of Death, and become **Ready For** how **Truth** will change my life. This SIXth level is key to the five levels: it solves ALL problems, within and without! **What would change in my Connecting, if I were Ready for Truth? Would I still project punishment or observe rejection?**



WHY the FAT?



BECAUSE I am not a clear vessel, and obstruct Nature's Giving/Receiving by *not* releasing fat.

“Early the next morning Jacob took the **stone** he had placed under his head (...) and poured **oil** on top of it. Calling the place *Bethel*, though the city used to be called *Luz*, Jacob made a vow: “If God is with me (...) as I return in peace to my father’s home, then this stone that I set up as a pillar will be God’s house, and of all given to me, I’ll give you a tenth.” *Gen. 28:18-22*

Sacrifice is the kernel of religion: at first, it is the pouring out blood, to establish a blood pact with God. Next to the blood is fat, as the most sacred part of an animal. The rituals were a way to release the GReed. Now that they are long gone, civilized countries seem to suffer from rampant misuse of money, and from an epidemic of obesity. The Tree comes to help:

1. **Q’lippoth** for “shells”: the writing of a positive **Result** on my Philosopher **Stone** is only read after I crack the shells, and elevate the **288** (216+72) sparks trapped by my “SHELLfishness”.
2. **Adam Qadmon** for “primary me”: the more I inquire on my WHYS, the more I occupy the 10 spheres of my Tree, and can BE **CAUSE**, doing ALL I can to receive the gift of WISdom. If not...
3. **Shevirah** for “shattering”: when the light reaches Power (#5), the vessel **explodes**, as it is/I am not clear enough to hold the energy. Current medical research into obesity catches up: niacin flushes seem to **cause** fat cells to **explode**, and release the toxicity directly from the cell.

Weight	Lifelessness	Constipation	Thickness	Indigestion	Obstruction	Retention
Alchemy	Stone	Transcendence	Putrefaction	Purification	Awakening	Discipline
Lurianic Five	Q’lippoth	Tiqqun	Partzuphim	TzimTzum	Shevirah	Adam Qadmon
Theurgy	Resulting	“Educating”	“Fortifying”	“Withdrawing”	“Explosion”	Causing

Rabbi Luria is Kabbalah’s prodigy; his 5 tenets begin in the empty-fullness’ **Withdrawal** → the **10 Spheres** → the **Shattering** of the lower vessels → the **Fortifying** into “faces” to secure the Tree, e.g.; the Son → the karmic **Correction** (TWT colors).



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of “PaRaDiSe”?

- **WHY “PaRaDiSe?”**

Because 1. it alerts me to the presence of codes, by which to *ultimately* receive essential teachings, e.g.; “do no harm!” 2. it opens me to my own wisdom, as I wake me up from the hypnosis of borrowed knowledge.

- **WHY the Limb-Limbo?**

Because the word *Pardes* covers the 4D of the Tree of Life, there’s still the Mystery of a “lost” Tree of Knowledge that conveys the Truth of Good and Evil. I am in Limbo, as long as I resist eating of it, and dying to the false self.

- **WHY Ten Letters?**

Because, when I see them as ten digits/fingers, I have a very practical way to understand the practicality of the Ten Commandments, and their gentleness in showing me where I am attached, so that I could surrender my will.

- **WHY the P of Practicality?**

Because, when I am at risk to be caught by the glamour and enchantments of mysticism, paying attention to the path, and putting one foot in front of the other is the direct route to finding that I am the treasure I was looking for!



A beautiful mind knows the symmetry of two ways to “do time:” **linear time** and **sacred time**. *Only* paying attention to the former leads me to the insanity of “doing the same thing over and over, expecting different results” (*Einstein*). **Sacred Time** is the heart of “REALigion;” when I actively listen and watch what IS “REALLY” meant to be, and live each day as if it were the last. Yielding to my own goodness, I am led to the still waters of Eternal Rest. Such Peace of mind is what *Jerusalem* means, a “city” just beyond the Place of the Skull.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated “I”	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	“PaRaDiSe”?	The Elephant?	EVIL?

5. WHY Linear Time?



WHY Disorder?

BECAUSE I use confusion to cause me the most hopeless suffering of all: while *saying* I want to be clear, I'm in fact unconsciously delaying putting my affairs in order, as I fear the unknown of *not* being in pain.

The past or the future don't exist, unless I decide, consciously or not, to focus on a memory or image of them in the Now. While time is on my mind, and since the beginning of time is the beginning of mind, **which mind is it?**

The classical mind lives in the space-time that writes history linearly as his story:

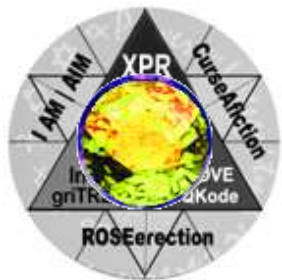
- This flow is observed as moving forward (either too fast or not fast enough).
- This flow is formed by a sequence of now moments, strung together by memory.

The quantum mind lives in the space-time that is randomly emPowering the NOW:

- It does not have a beginning or an end.
- It remembers the future and/or alters the past, as per "time reversal symmetry."

**What is the past that I cannot I forgive? Does it create my most insane habit?
What future cannot I remember? How is it also my fondest dream?**

The Hebrew Bible's first word has two main translations: "in the beginning" (Linear Time), and "created-SIX" (Sacred Time). These SIX "days" of Creation trace the perfect stages of evolution to no mind, when I emPower the NOW. The more my mind opens to be learn from 12 disciplines; e.g.; SIX in Linear Time, and SIX in Sacred Time, the more I am like a child: the past is for-given, it's always a beginning, *surprisingly* so, as I never know what is next until it is!



WHY Procrastinating?



Because I refuse to die until the latest possible moment! This sacred and ordered time is Passover, the 11th hour on the wheel that witnesses the seasons passing. The Hebrew for “Passover” is *Pesach* (see red oval).

The Hebrew sentence reads *L’Shanah HaZoth BiYerushalaim* for “This Year in Jerusalem.”

Procrastination	Yearning	Doubting	Dreading	[Not] Resting	Hesitating	Aborting
Prayer	Self-nullifying	Realizing	Exposing	Effecting	Advancing	Yielding

While dodging the call to put my affairs in order, and choosing to ignore that death is unavoidable, I live “my” life creating unconscious time, lost to insane linear patterns, NOWHERE to be found, and rarely **NOW** HERE. I also keep me in pain, as I can’t see the order inherent to chaos. I even sentence me to *not* Passover, by ritually reading at the onset of the holiday the fated words from “the Legend of Passover”: “Next Year in *Jerusalem* – the Consciousness of Peace!” The shift to NOW allows for *Seder Qadosh L’Leil Pesach* to be the “Sacred **Order** to the Passover night.”



WHY the Mystery Skull?

BECAUSE, since the Place of the Skull is where I buried the agendas that cause me to perceive that time is **only** linear, it is also where I can unearth these little buggers!

Time is **six**-based, as is mind: there's **60** seconds in a minute, **60** minutes in an hour, **24** hours in a day. The process below takes **6** Greek words associated to the crucifixion as the apex of linearity, and transliterates them back in Hebrew. I can now use the value of each word, to understand WHY I would resist *and* desire linearity:

1. **Epimeleia** (Επιμέλεια) means "attention, **vigilance**:" הפימהלהיא = **186**.
2. **Ennoia** (Εννοία) means "**intention**, aspiration, desire, prayer:" אננעיה = **186**.
3. **Anegagon** (Ανεγάγον) means "to make **offerings**:" הנגהגען = **186**.
4. **Golgotha** (Γολγοθα) means "**Place of the Skull**" where Jesus was crucified. געלגעטא = **186**.
5. **Gegonen** (Γεγονέν) means "it is done," **THE END**. Re. 16.17. גהגענהנ = **186**.
6. **Dæmonia** (Δαίμωνια) means "**demon**, totem animal, **genie**:" דאמעניא = **186**.

Decoding: there is an evolutionary **Tension** that drives me vigilantly to one **intention**: to see my **Demons** dying into radiant **Genii**. This entails **offering** up any **Mystification**, by staying in **the Place of the Skull**, until I'm at THE END of my fighting for "**Free Will**".



The speed of light in a vacuum is **186K** miles per second. The agreement that nothing can travel faster than the speed of light is now challenged by new physics' theories of entanglement, which invite the "speed of dark".



WHY the Mask?



BECAUSE, while I came out of nothing, I pretend to be a **dominating** force, as I fear **expiring** into nothing.

Hebrew word *Yesh M'Ain*, “the little something that comes out of the nothing...” The letters rearrange as:

- *Esh* for “fire”
- *Min* for “gender, **thing**”
- *Mi* for “who” [am I?]

I Am an androgynous tongue of flame, journeying from **no-thing**-ness to **Nothingness**.

Domination	Manipulation	Acting Out	Animosity	Murder	Bad Blood	Correctness
Expiration	Nothingness	No Desires	No Tabs	No Fears	No Expectations	No Motives

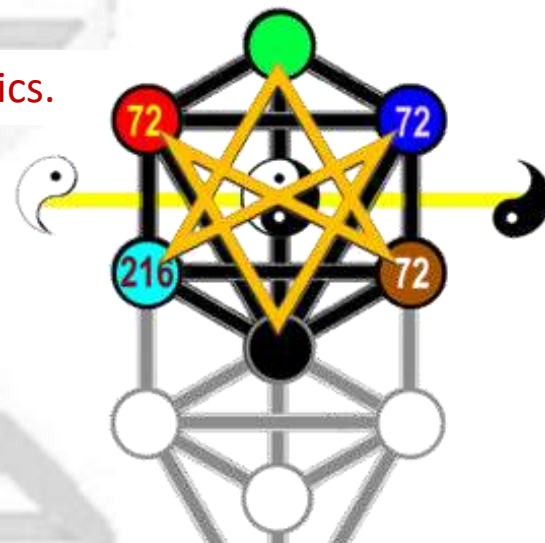
The purpose of *eXPiRe* is to assist me to spontaneously (no push/pull), and TOTALLY surrender my will. The process is to read the signs and thus open to a pristine logic, by which to hear and see that I don't know what's for my highest good. I just *think* I do. The result is to know the difference, as I sacrifice all attachments (including the idea of “sacrifice”), and to be blessed with the Peace and Integrity of a life well-lived, while my soul eternally dies a death well-died.



WHY Powerlessness?

BECAUSE I am yet to hear/SEE or understand the Tree's Power-dynamics.

- Crown** Sphere (or "XPR") *Kether*: the IS-REALity that rules as the "Crown", felt when I stop fighting the HELLusion.
- 3rd Eye** XPR *HaBinah*: "THE UnderStAnding" of the 1 of US.
- 3rd Eye** XPR *Chesed*: "LOVE is Kind" as soul food.
- Throat** XPR *Chokmah*: the "Wisdom" to know the Difference.
- Throat** XPR *Geburah*: the "Power" to choose Peace.
- Heart** XPR *Tiphereth*: the walking in the PURE "Beauty" that is before me, behind me, above me, and around me.



Deadly GReed	GR/Envy	GR/Lust	GR/Wrath	GR/Gluttony	GR/Pride	GR/Sloth
Self-Knowledge	Beauty	Power=216	THE 1 of US=72	Wisdom=72	LOVE is Kind=72	IS-REALity

Looking at the icon, I first place my attention on the Taichitu opening into yin (right) and yang (left). This is the forbidden Tree of the **Knowledge** (Neutral/core) of **Good** (Male/left brain) and **Evil** (Female/right brain):

- When I don't eat *consciously* from it (i.e.; "I didn't do IT!"), I can't open **the 3rd eye**, nor command my attention to stay on "Good" (**LOVE is Kind**). I also miss **THE** Supreme **UnderStAnding of the One**.
- It gets worse: not **Knowing** the Self, I am hungry, and in such a **wrath** I die from **GReed**. I keep misusing my **Power**, since I don't feel the yellow paths that balance my **216** value with its equals ($216=72+72+72$). I can't even see that **Wisdom** is by my side, as I choose this or that: I dream IT to be out of reach, way up high! If I knew that there's only **One** decision (**purity**), I'd arrive to the **Peace** beyond **UnderStAnding!**



WHY Hope?



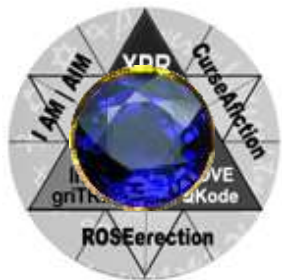
BECAUSE I am so afraid to let go of the idea that help is coming from outside (a Messiah of sorts) that I ignore how hope is literally “in the same box” as evil – and the last of IT!

“And I saw that greater is the wisdom that comes from folly, and greater, the light that comes from darkness.” *Eccles. 2:13*

According to Hesiod's *Works and Days*, when Pandora opened her famous box, she let out all the evils of the world, and only hope remained. What if, instead of holding that *hope* is my last asset in an evil world, I were to orient to losing *all* hope? Such direction is shocking, as hope is one of the three theological virtues, next to faith and love. However provocative, I am looking at taking IT to the limit : if I create IT all (and I do), then WHY cannot I be at Peace with the creation of ____? Despair (from Latin *desperare* “to despair, to lose all hope”) could be a friend, leading me to no more BS. Absurd, you say... Yet, who views despair as a misery, despondency or gloom, if not the victim, asking WHY me? When I do not judge a situation, I want what I have and have what I want: now that’s powerful! When I hope to get well, do I not have doubts on my ability to heal? If so, how could hope be next to Faith? Hopes are only about *the future*. When I am in the Now, I don't hope for anything else than what is. Thus hope may be so deceptive – truly the last evil – as to hide itself under the disguise of a virtue, to continue robbing me from seeking the Love and fulfillment in the only place where I can find it: *within!* Now that’s hopeful! 😊

Deception	Gifts	Premeditation	Second-Guess	Disobedience	Immediacy	Hope
Sincerity	Clairsentience	Deliberation	Sincerity	Meekness	Simultaneity	Ambition

Deception decodes the life of Pandora, **given** as a wife to Epimetheus (**2nd thought**), brother of Prometheus (**Forethought**). It also decodes Gen. 2 and 3, when the woman to be named “Eve” is led to open the door to “Evils.”



WHY Alarms?



BECAUSE I don't want to arise from my slumber nor search my behavior. I thus need reminders to emPower the NOW.

The PR ending *Shofar* call the 5 Final letters to awaken me into THE END of:

- Greed via K Final.
- Resistance via M Final.
- Insanity via N Final.
- Temptation via P Final.
- Retaliation via Z Final.

Dreaming	Parallel Worlds	Unconscious	Past Memory	Images	Self-Denial	One Story
Awakening	Theater	Projector	Lens	Film	Lamp	Screen

What life does slowly, the shout of the master and the sound of the bell can create in an instant. The Hebrew word for “horn” or “trumpet” is *Shofar*. It was its “exceedingly loud” sound issuing from the thick cloud on Mount Sinai that made all the Israelites tremble in awe (Exod. 19, 20). The Torah speaks of *Rosh HaShanah* (“head of the year”) as the Memorial and Day of Blowing. The sound of the *Shofar* is used as the signal-horn of war to empty the mind of its ambivalent noise, so that I would have room to “receive” the Law of LOVE.



WHY Anger?

BECAUSE Anger is letting me know that I am in denial of the presence of hatred in me, and of its purpose (to let LOVE transform me), and also BECAUSE, to love and forgive it all, I must bring forth the anger within me.

“Father Alphabet, forgive my voice and my words, for I don’t know what I am doing”. Adapted from *Luke 23:34*

Somebody has insulted me; somebody has taken advantage of me, somebody lied to me! So many judgmental clouds in my mind; and so much lightning! Yet, inquiry after inquiry, I diffuse the angry “should-clouds” into Peace... I eventually become so raw that I have no boundaries left to keep me from understanding the Mystery, and seeing “God” face. I am wide-open: I don’t react in anger, nor resist whatever is being said or not said! I just enjoy a silence that suspends everything. The intense clarity that has me surfing the creative edge of my being is surreal. I don’t know nothing anymore: ALL is surrendered to a depth of LOVE to which I am dying in each instant. The fire of anger has become my water... This *feels* like heaven... to be in the MLK “QKingdom”!



Imagination = END of Greed Knowledge = END of Resistance Ordinariness = END of Power Misuse

Resistance Loneliness Sadness Shame Fear Hatred Anger

While sex is the first step into death, the last is **the END letters** of the Tree of the Knowledge of Good AND Evil: I am now in-between male questions and female answers. WHY? When I know, I have no questions. Silence does the informing and the speaking. Silence and laughter: if FAQ is for “Frequently Asked Questions”, what would be “Frequently Unasked Questions?”

More on the 5 Final (KMNPZ) and the 5 Initials (BYTAL) in eXPiRe’s advanced books.





The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Linear Time*?

- **WHY Disorder?**

Because I am so attached to suffering that I keep the clutter of confusion around, seeing that IT shouldn't have happened. Clarity, on the other hand, only sees the good in Sacred Now, and loves reality as the highest **order**. Since the beginning of time is the beginning of mind, which mind is it, anyway?

- **WHY Procrastinating?**

Because I refuse to die until the latest possible moment, when I actually feel the 11th hour on the wheel that witnesses the seasons passing, do my spring cleaning, and ready myself to RIP, in Jerusalem – the “City / Mind of Peace!”

- **WHY the Mystery Skull?**

Because it is where I feel the insanity that is so attached to an outcome it *only* perceives linear time. Time is six-based: 60 sec., 60 min., 24 hrs. The value of Hebrew comes back from the Greek future for me to feel and heal linear time.

- **WHY Powerlessness?**

Because I don't hear the Power dynamics that have me lying, as I choose to blame you for my “bad”, rather than owning and correcting it! Subsequently, I CAN'T choose Peace, and go insane by repeating my errors.



Faith is having **100%** certainty (or **0** doubt) in the authority of my belief. It doesn't matter whether the goal is ordinary or extraordinary: the sacredness and profundity of my being drawn by it comes from abiding in the middle point between that which **UnderStands** and that which is **UnderStood**. When I make faith plural (the Faith of the Jews, the Faith of the Christians...), I lose the One (**1**) of **US**, and with it, both my concentration and the sight of my goal. My **faith** is ALL in the numbers, until it is not, which is when I AM the AIM.

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY is IT?	The Good?	Faiths?	Linear Time?	"PaRaDiSe"?	The Elephant?	EVIL?

6. WHY Faiths?



WHY Conviction?



BECAUSE I am guilty as charged (convicted), when I try to *convince* you to believe something about me, so that I'd eventually buy me!

Hebrew word *Amen*, an acronym for *El Melekh Neeman* for "Divine King of Faith."

Doubt	Indecision	Infatuation	Adultery	Anxiety	Justification	Conviction
Faith	Middle Point	Equity	Relaxation	"Eye-NO-sense"	Responsibility	Learning

Staging **Doubt**: since I am still on the fence (**indecision**), I have no strength, and wrestle with an **Infatuation** possessing me with foolish passion → I eventually cave-in, and go into **Adultery** → I look **Anxiously** for the proofs of my doom, until I see them → I attempt to save my neck via useless **Justifications** → I am **Convinced** to be a fraud. **What do I do to Convince** you to believe something about me? What do I want *you* to believe?



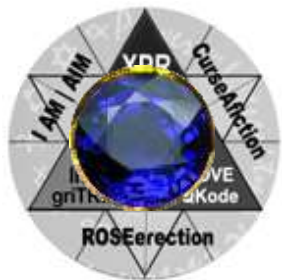
WHY Doubting?

BECAUSE I *try* so hard to figure out my life to be safe from anything “bad” happening to me that I have no strength left to resist the attack of *Amaleq*, code name for “doubt!”

There are many war stories in the Bible, whose violence can definitely bring me to doubt the goodness of the “God” of the Jews, who seems so bloodthirsty! Such is the story of the Amaleqites who attacked the Hebrews at a place called *Rephidim*, a blending of *Raphu Yadayim* for “weakened hands” (*Exodus 17*). I stop doubting this “God,” when I realize that the Bible’s wisdom is in its codes: Hebrew word *Amaleq* has the same 240 value as *Supheq* for “doubt.”

If I could release my will, my hands would recover their strength: I’d do what’s good, true and beautiful! Yet I still choose to play victim longer, and to tell the painful story of how I was attacked from behind, and mercilessly cut down when I was weak, weary and exhausted. I’m so tired that, when I make a decision, I often take it right back from me; out of doubt. I find myself compelled to go back to check if a door is locked, or to offer an apology, or to redo that which I had already done! I obsess on images of my own doom: of that, I can be sure! Naturally, these intrusive ideas cause me so much anxiety that anxiety has become my middle name: I live with the noise of it in the back of my mind every minute of the day! Unable to stop it, I’m justifying and defending, as I am in constant fear of being accused and attacked! Even if I *try* to reassure me that I’m safe, I make me return to the scene of the crime, where I relive the assault again!

Might I be making safety a substitute for growth?



WHY the Romantic Dream?



Because I don't want to see that there's no one and nothing out there to attack me: I'm doing such a good job of it myself! Noun *Amaleq* also has the same value as *El Acher* for "Other God."

Hebrew word *Chalam* for to "dream!" Its letters rearrange as *Lacham* for "war:" when I dream that there's a jungle **out there**, I am in a constant war.

HELLusion	Separation	Recognition	Retaliation	Service	Power	Enlightenment
IS-REALity	Unknowns	Beliefs	E-motions	Actions	Language	One Will

One day my prince will come, and he will meet all my needs, and fulfill all my desires. Clearly I am not quite ready to wake up, and own that it is my work to love, approve, **Recognize** and complete myself; I was never yours! However, since being ready for Truth and finding the missing piece of my puzzle involves going inside, it seems easier to be a slave to my longing to be loved by "you!" This illusion of **Separation** between above and below, within and without is what makes my "**HELL**," as it keeps me searching *out there*, and confused about finding! I don't get it: why am I always failing to have what I say I need?



WHY the Yearning?

BECAUSE I choose to deny the one, give my Power to the other, and doing so, miss the Integrity boat!

‘No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both “God” and *Mammon*’ (Matthew 6:24). Hebrew word *Mammon* means 1. money, 2. the ravenous hunger that seeks *without* that which can is only found *within*!

Fear	Speaking	Death	Rejection	Loss	Aloneness	Failure
Integrity	Resonates	Elucidates	Feel-Believes	Redeems	Repents	Empties

The gaping hole in my soul is proof enough that I live and be-live in Scare City: “the economy makes it hard to sell my gifts.” Truer is: “I make it hard to sell my gifts;” I just don’t *buy* me! How could I trust that I am good, or trust in “God”, when I prostitute my truth, and sell my soul to a lie! Moreover, while projecting my fears of the material world onto “money,” I don’t have to inquire on how to kick out the money changers in my temple. Not having a sanctuary, I can’t hear that ethics are the key to Power and prosperity: selling a creation (product, service, or communication) is ethical to the degree that it is received as valuable by the buyer. Ethics can walk away from a deal, as it is religion, from *religare*: “bound to the light *within*.”

Use the stem sentence: “when afraid of [**Fear**], I’m *lacking* the integrity that [**Integrity**] with love,” moving from cell to cell, and feeling each place; e.g.; when afraid of **Speaking**, I’m yearning for the integrity that **Resonates** with LOVE.



WHY No Fruitfulness?

BECAUSE I'm afraid to find out that I am blessed with unlimited creativity and support!

“When I occupy the center of my integrity, Scare City disappears, and Abundance – the Land of Milk n’ Money – appears.” *eXPiRe proverb*

Scarcity	Confinement	Breach of Faith	Stagnation	Defensiveness	Devastation	Insatiableness
Abundance	I invite a limIT	IT lets go of me	I immerse in IT	I dig for IT	I locate IT	I recognize IT

The fear of the ecstasy of an unbridled creativity is how I choose to believe in a “God” of Strict Limitations, to pay tributes to *Him*, and to live by *His* unfair laws? I let myself be influenced by a marketing saying that I need something else to be happy – a thing which happens to be above my price range... or not the latest model! Thus, instead of being a clear channel, I fill up my mind with rigid Belief Systems: I wanna know, even if my plan is my jail! And yet, I also know times when I allow the creative impulse: there are no blocks, no use of force; just a sweet surrender to mastery! This is how I can know that I have the potential to be a prolific artist of life! To actualize such potential, I must hear Da Vinci’s wisdom: “one can have no smaller or greater mastery than mastery of oneself,” and decide to come to THE END of the BS, when only mastery is left! Only by going out on a limb will I ever witness the spell of **Scarcity** being lifted, and the song of **Abundance** resonating throughout the land!



WHY the FOUR Questions?

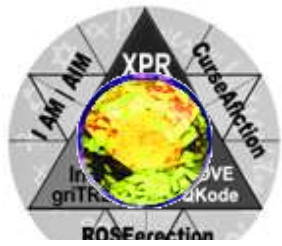
BECAUSE, once answered, they lead me to a 5th temperament, when I am not a slave to excesses, and free to stay in the middle, and BECAUSE such quintessence is the redemption of a mind that has no questions!

“WHY is this night different from all other nights? 1. WHY must I only eat unleavened bread? 2. WHY must I only eat bitter herbs? WHY do I have to dip my vegetables in salt water, and do so twice? WHY do I have to eat turned downward, instead of as I normally do; sitting upright?” *The Passover Haggadah* – ritual reading.

Difference	Temperance	Turn Around	Salt Water x 2	Bitter Herbs	No Yeast	Humility
Temperament	Excessive	Sanguine	Melancholic	Phlegmatic	Choleric	Supine
Inquiry	Judgment?	Is it true?	Where do I go?	What do I do?	Who am I?	Resisted XPR?
Redemption	Vigilance	Detachment	Plenitude	Recovery	Altitude	Money/Mouth

From Hippocrates onward, the theory of humors was adopted by Greek, Roman, Islamic and European physicians, until the advent of modern medicine. It held that the body-mind was healthy, when its **FOUR** basic humors (**Black Bile**, **Yellow Bile**, **Phlegm**, **Blood**) were in balance. When a patient was suffering from an imbalance of one fluid, his or her physical health was affected. Thus Temperaments are due to a mind prone to **Excess**: too much **Blood** renders one **Sanguine**; too much **Black Bile** renders one **Melancholic**, etc. Passover is a different night: instead of falsely begging for an answer to “WHY me, God? How long will you hide your face from me?”, I actually do a **Turn Around**, and come out of hiding. I now feel a **Temperance** that had to be there for me to rebel against it, and shift from the **Illness** of my temper into **Wellness** (I → We).

Drs. Richard & Phyllis Arno of the National Christian Counselors Association are who introduced the 5th Supine temperament.

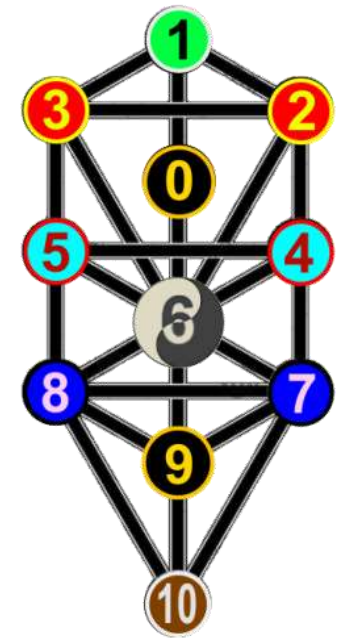


WHY Computers?

BECAUSE, by making the messaging of light more “tangible”, they inspire me to debug my system...

Faith (100% certainty) is following Divine Order in (my) **Creation**:

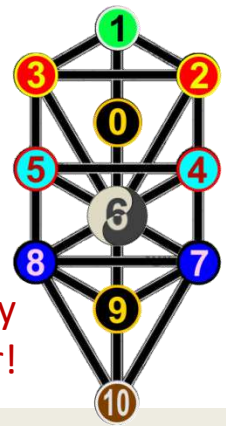
- **Crown | #1 Crown of IS-REALity | Being:** the **Eternal light** of the I AM says: “let there be _____”.
- **Third Eye | #2 UnderStUnderstanding & #3 Kindness | Intuiting (into-IT-ing):** I **Download** IT to where I can hear/SEE IT as the call of my heart/**God** →
- **Mouth | #0 Knowledge | Becoming:** I know that _____ is already here, waiting for me among an **Infinity** of **Perspectives** →
- **Throat | #4 Wisdom & #5 Power | Clear Thinking (Syncing):** I believe I am enough to **Create** IT, and don’t let any doubt enter my mind →
- **Navel | #7 Appreciation & #8 Perseverance | Feeling (FEALing ← Healing):** I feel “Good,” I am **Attracted** by “God”, and trust in “God” →
- **Sex | #9 Honesty | Becoming:** I say and do what is aligned to IT.
- **Root | #10 Receiving | Sensing (SaneSING):** 🎵 “amazing grace... And now I see the Instantaneous **Amazing Manifestation** of my AIM!



The Word	Perspectives	Numbers	Sounds	Letters	Names	Cipher 0/1
The World	Infinity	Creation	Attraction	Manifestation	Download	Eternal Light
Function	Becoming	Thinking	Feeling	Sensing	Intuiting	Being
Heart Chakra	Mouth/Sex	Throat	Navel	Root	Third Eye	Crown



WHY Temptation?



BECAUSE it drives me nuts to desire the “bad” instead of resisting it, and BECAUSE this insanity (doing the same thing, expecting different results) will lead me to know that I am not the doer!

“Pray then like this: ‘Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. **And lead us not into temptation, but deliver us from evil.**” *Matthew 6:9–13 (TWT’s bold font).*

What if...

- I accepted that enlightenment is to know that, since I am not the body and not the doer, everything is done through me and not by me? → No boasting; no guilt!
- I’d needed a certain quantum of experiences; such as being led into temptations, to surrender my will? → I would pay the price to know that I’m not the doer!
- I were to know that whatever experiences this body is to have was determined at birth? → I would abide in Peace at all times, and be in my Power!
- The purpose of temptation was for me to know the difference between right and wrong? → I would thank “God” for evil and for having delivered me from evil!

“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.” *Mark 11:24*

Consider: it is only when I have taken an oath, and am in a covenantal relationship with my heart (#6) that my sexual energy (#9) and mouth (#0) are One. There’s no one left to lead me into temptation. I can now *believe* that whatever I have asked for is received!



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Faiths (plural)*?

- **WHY Doubting?**

Because I try so hard to control life, that I have no strength left to resist the attack of Amaleq, code for “doubt!” If I could release my will, my hands would recover their strength: I would do what’s good, true and beautiful!

- **WHY the Romantic Dream?**

Because I really think that there’s an out there *out there!* One day, my prince (princess) will come to love me. Yet, while I attempt to sway your love, I can’t trust it: you, the other, turn into an enemy, and the out there, into a jungle!

- **WHY the Yearning?**

Because giving my Power to “the other” (where it can never be found) raises my desire and my fear! The dividedness leads me to not buy, trust or believe in my goodness. If I don’t give me value, how could a buyer? I miss that the key to Power and Prosperity is in embodying religion by turning within!

- **WHY No Fruitfulness?**

Because I’m afraid to find out that I am blessed with unlimited creativity and support! I thus block freedom, although I’ve had a few delicious bites of it!



T for Truth: T is square, because IT represents the mystery of the cross! This mystery arises from the voice of Nature, with a strength that is unstoppable: “resistance is futile; you will surrender!” *Naturally*, this energy is conveyed by Hebrew, whose last sign, Tav for T, means “sign, note”, like the cross someone who can’t write would append to sign a document. The alphabet is the Law of laws, as it moves me from lies to truth, to return me to innocence. A to T traces the Crucifixion of the false self. T to A, the resurrection of the Self.

What is EAT?	Sucking	Biting	Chewing	Savoring	Digesting	Satiating
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Recall	P for Practicality	S for Secret	T for Truth

Satiating T for Truth

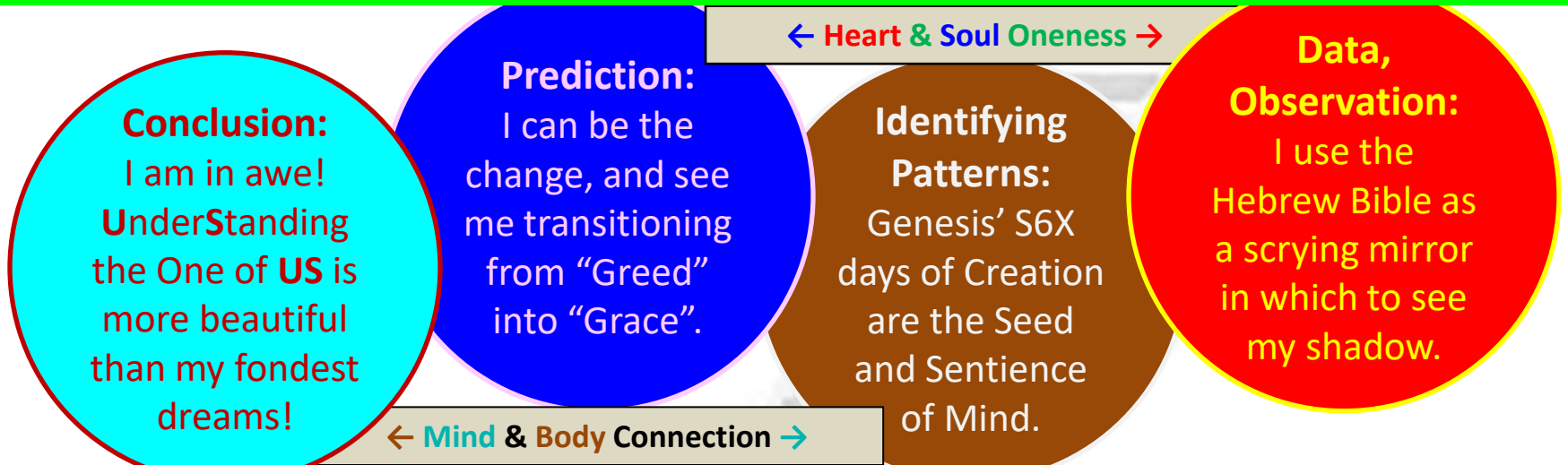


WHY FOUR Elements?

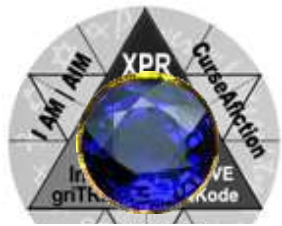
BECAUSE the most potent “God” of the Bible, a.k.a. **FOUR**-lettered Name, has been infusing humanity’s Arts, Sciences, and Philosophies for eons, and is yet to be “received” as the **LOVE** of **Heart, Body, Soul and Mind** operating as **One!** To change “HIS Story,” I will be **me, the lab, the “genie” pig and the scientist,** as I observe and “eXPeRience” **The eXPiRe Way.** Only then can I find out *for real* if XPR is indeed a path to the end of suffering, and the fulfillment of my potential. Note: I hear the process will involve no animal cruelty.

Creation “Day”	1	Mind—Air/Metal	5. Soul—Water	4. Body—Earth	3. Heart—Fire	2.
The eXPiRe Way	Preconception	Conclusion	Prediction	Patterns	Observation	Hypothesis

Hypothesis: I SEE the life of symbols ↔ I HEAR and UnderStand: there’s only **One** of US ↔ I Am Enough



Preconception: the sentience of a QKosmic plan moves me to feel and sense that I Am eternally **Connected!**



WHY FOUR Bases?

BECAUSE I am still a victim of my biology by pretending that I am not mortal, and that I have time: out of the two pairs of letters AT-CG, one is clearly health-inducing (AT), the other just may be the problem area (CG)!

First/Last	
A	T
B	S
C	R
D	Q
E	Z
W	P
G	O
H	X
Th	N
Y	M
K	L

Sign **C** calls **R**,
 sign **G** call **O**.
 Word **Rah (RO)**
 means “bad.”

The Science of AT-CG: in 1944, an experiment performed by Avery, McCarty and McCloud proved that the DNA must “control” it all: when a species is incubated with the DNA of another, it changes. Watson and Crick next revealed the structure of the DNA molecule as a double helix, each helix being a linear chain composed of four different kinds of sub-units called the DNA bases – the genetic code of **AT-CG**. Each strand of the double helix holds a sequence of these 4 bases. The 4 are linear blueprints to make the proteins of the body, encoded in the blueprint of the DNA as the building blocks of the body. All of a sudden the genetic code was broken.

The Religion of AT-CG: for eons, the first and the last letters of the Hebrew alphabet have been Aleph (**A**) and Tav (**T**). Prophet Isaiah and prophet Jesus, both, were said to be the First and the Last; like “God” – in Greek, the Alpha and the Omega.

- Hebrew AT means “logos.” Hebrew TA means “cell.”
- Hebrew Aleph, Beth, **Gimel**, Dalet gave Greek Alpha, Beta, **Gamma**, Delta.
- Greek Alpha, Beta, **Gamma**, Delta gave Roman A, B, **C**, D.
- Yet, as a word, **Gimel** is the “**Camel**” whose **C** is mostly misheard as a **G**.

Could the **CG** error be the “**bad**” of the “parental sin” that epigenetics endeavors to correct?



WHY Wealth?

BECAUSE having one letter off (Wealth instead of Health) makes a **WORD** of difference!

“Again I tell you, it is easier for a **Gimel** to go through the eye of a needle than for a rich man to enter the kingdom of God” (*Matthew 19:24*) meets “freedom’s just another **word** for nothing left to lose” (from a song written by **Kris Kristofferson** and **Fred Foster**). If still questioning the Living Word, ponder the **KK-FF** pairs!

My mind is a wish-fulfilling Tree: what I think will manifest! Sometimes the gap is such that I forgot what I had created out of my hunger. These desires became monstrous. As long as I can’t remember that I am the source, I can’t turn off its creative power: I am now a slave of the beast, so hungry I could die! Thoughts are magical: they create my hell and my heaven. When not aligned to a true heart, the magic I spin around me is dark, and the lies I form, a web that will eventually catch me. But, heck, I am an artist: I can change a color here and there, view IT from a different angle! I may even enjoy misery’s company, and stay there for as long as I wish: I’m the boss! Eventually, I shift from being an artist to being a “heARTist”. I turn within for fulfillment. I stop.



Dynamics of engagement : P95

My Tree has 10 spheres (numbers) and 22 paths (letters). The path from **#0** to **#0** is lit by **Gimel**. My **Camel** takes a 1st step within; in the heart (**#0**). At **#0**, IT remembers: “IT is here and not here,” and **STOPS** being an ego. IT is the 7th day; the *Shabbat* and eternal “rest” of the mind; **THE END** of resistance. I go in **Peace**, to **#0**.

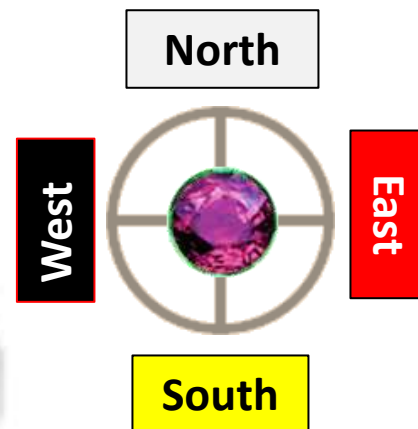


WHY Ask for Directions?

BECAUSE admitting that I am lost is a strength, and BECAUSE I may just get to my goal more promptly.

In the Hopi prophecy, the four peoples of the Earth bring four medicines as a blessing to four directions:

- **East** is where to invoke the element of **Air**. It is the path of the “**Red Skinned People**,” who bring the gift of **Healing**.
- **South** is where to invoke **Fire**. It is the path of the “**Yellow Skinned People**,” who bring the gift of **Honor**.
- **North** is where to invoke the element of **Water**. It is the path of the “**Black Skinned People**,” who bring the gift of **Rhythm**.
- **West** is where to invoke the element of **Earth**. It is the path of the “**White Skinned People**,” who bring the gift of **Reason**.



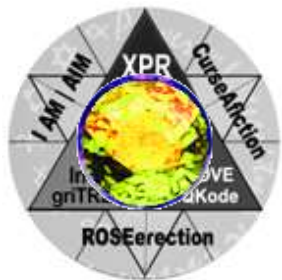
HUEmorous	Ear Wax	Red Blood	Black Bile	White Phlegm	Yellow Bile	Bone Marrow
Direction	Nadir	East	North	West	South	Zenith
Blessing	Transparency	Healing	Rhythm	Reason	Honor	Creativity
Nature	Ether	Air/Metal	Water	Earth	Fire	Wood

Some medicine wheels place the **Watery North** in the **West**, and the **Earthy West** in the **North**.

Yet, since **Fire** undeniably lives in the **South**, **Water** (its opposite) must live in the **North**.

Could the resistance to feeling (Water) and sensing (Earth) explain this predicament?

Note: the same confusion exists in the humors that associate **Phlegm** to **Water**, and **Black Bile** to **Earth**.



WHY the LOVE Quadrants?



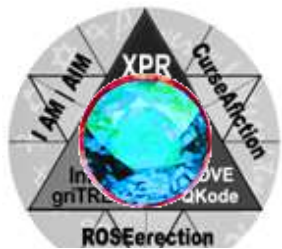
BECAUSE they teach me to let go of control! When I feel embraced by Hebrew word *Elohim*, *El* for short, **the “God” Name** holding the quadrants, I know the *El* of an angel, as in “MichaEL, RaphaEL...”

Engineer The Mind AIR	Officer The Body EARTH
Visionary The Soul WATER	Leader The Heart FIRE

Unconscious	Fallen angel	prostitutE in E	saboteuR in R	victiM in M	child in D	Avenging angel
Conscious	GReed INgénue	E for Engineer	V for Visionary	O for Officer	L for Leader	GRace INgénue
The “God” Name	MeM (ממ) > M	Vav (ו) > W	Heh (ה) > E	Heh (ה) > E	Yod (י) > Y	Lamed (ל) > L

Each Hebrew **“God” Name** has its own Power. *Elohim* creates through me via SIX energies: **A**Leph minds the back, **EY** does the work, and **MeM** lets “Go-d.” From *Gen. 2* on, I *try* to control **YEWE**’s creation: mostly **Unconscious** at first, I **Give/Receive** in a **DREaM** of **GReed**. I am yet to feel the potency of **“the FOUR-lettered Name:”** a fourfold process quickening a 180° turn. When I do, I Am **EE**, as a point reflection for “God,” **Conscious** to be **LOVE** and to be **Giving/Receiving** in the image of **GReed**.

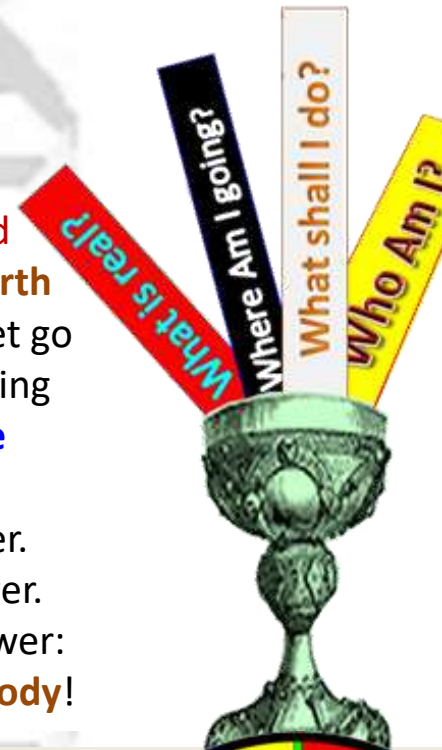
Note: the four universal archetypes of prostitute, saboteur, victim & child were first recognized by Medical Intuitive Carolyn Myss.



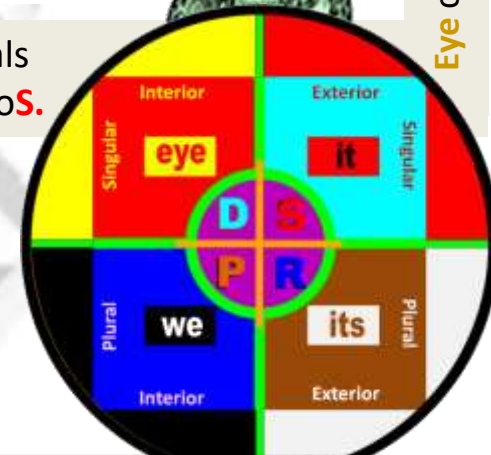
WHY FOUR Powers?

BECAUSE, to understand how the three Powers – **Collective**, **Individual**, and **Symbolic** (see **Power** fractal below) – interact as a triumvirate, I need a **Fourth** Power, which is known in **Symbolic** languages as “**Dual**”. I am now able to let go of my **Duel**, as I use words coming from the silence and sounds of **LOVE** telling the story of me, “God” and the World. To mediate **Individual** and **Collective** Powers, **Symbols** must respect the etiquette of language, i.e.; grammar:

- Just as **Ether** is beyond **Water**, the **Plural** form is behind **Collective** Power.
- Just as **Wood** is beyond **Fire**, the **Singular** form is behind **Individual** Power.
- Just as **Earth** is beyond **Air/Metal**, the **Dual** form is behind **Symbolic** Power: it is the form that opens the **mind** to let go of its insane control of the **body**!



Eye couldn't have seen this without **Ken Wilber's** work.



Hebrew has a dual form for *animals in pairs*, like “eyes, ears, scissors, pants...” This heals the split mind, and opens me to **PaRaDiSe**, fluent in the **PaRaDoX**, singing **PAIRfect DuoS**.

Having **Symbolic** Power sets me on the **hub** and the **rim** of the wheel, inside and out. Having enough perspective to read the signs, I can now equally adopt the **FOUR Perspectives** of **IT**, **We**, **ITS**, and **I**. I am in my **Power**, fluent in the greatest paradox of all: how to conjugate “**IT**, **We**, **ITS**, and **I**” as the verb of **LOVE**. This “conjugal visit” is my Sacred Marriage consumed; *Maktub!*

Perspective	Black W/hole	IT	We: You & I	ITS: Me vs. You	I → new eye	IS [not] REAL
Power	Plural	Symbolic	Collective	TWIN (Dual)	Individual	Singular



Why FOUR Forces?

BECAUSE they are modeled after the Four Noble Truths of the Buddha, which are the truth of suffering, the truth of the cause of suffering, the truth of the end of suffering, and the truth of the path that leads to the end of suffering.

2500 years of evolution and devolution led to the Noble Truths of the Buddha finding a new voice, to convey a felt understanding of the increased clash between Force and Power. When my ego is uncontained, I'm always at risk to misuse Power: I *think* I'm in control, yet can't *feel* to be ruled by invisible forces. When I attain/surrender ("Not my will, Thy will be done..."), the Force is with me, granting me visible Power(s):

- 1. The Truth/Force of Violence:** my ignorance is such that I am blind to how violent Nature is: e.g.; thousands of children die daily. The most formidable force of matter is the feminine: it begins in speech acts, which alter the "world."
- 2. The Truth/Force of Excessive Violence:** excessive violence is inflicted by the mind that resists feeling its own impatience (i.e.; its own **pain**), and is constantly *trying* to control self/others by alternating its use of severity with Self-Pity.
- 3. The Truth/Force of the Cause of Excessive Violence:** I am attached to the idea of free will, and keep trying to make things happen. My resistance to let go turned the desire body into a full-fledged beast hungry for LOVE, and never partnering it.
- 4. The Truth/Force of the Path that leads to Peace – to THE End of the BS:** my Belief Systems (the **BS**) let go of me, once I UnderStand that there *is* only One of **US**; One pain story, One geometry, One path: I am now free to hear/SEE **Truth**.



WHY FOUR Motions?

BECAUSE they ask a provocative question: **do I have enough ambition to persevere to THE END?** Indeed, how can ambition be inconsiderate or selfish when it results in Self-knowledge? Let's say that I'd desire one of the 3Ps of Power, Prosperity and/or Prestige. Either I achieve *enough* success with it to bless the world, or I don't: either way, ambition leads me to a most aggressive search: **the Sense of Enough, which is "received" when I can sustain it!**

- 1. Motion of FULL Response-ability:** when I don't have what I say I want, there's a part of me I don't want to hear. Wisdom is received as I **fully** accept my ambivalence: the part speaking separation and the part that is not. Understanding gives me results.
- 2. Motion of Compassionate Partnering:** the more I am responsible for what I [don't] communicate, the more I begin to welcome misuses of Power as genuine opportunities to let go of my attachment to the BS, heal the split and speak the truth. When such a lapse occurs, I recognize it, *and keep on inviting it until it lets go of me.*
- 3. Motion of Oneness:** intellectually understanding that we are One is a great beginning. *Emotionally UnderS*Understanding that there is only one of **US** is life's ultimate goal. The more I progress, the more I hear/speak the truth, drop the plan, and stop the excess violence of calculating for my perceived advantage.
- 4. Motion of Force and Power:** ALL complaints stem from uninvestigated beliefs: body follows mind, as long there's a mind to follow! When the mind awakens from the dream of duality, the conspiracy of ignorance stops. I turn within to hear what LOVE wills, check my alignment to the Force, and *surprisingly* find the Power to transform.



The **WISE** Manna

Did you *QKabbalah* or “receive” the FOUR Answers of *Satiating*?

- **WHY the LOVE Quadrants, and WHY FOUR Elements?**

Because I will **DREaM** that the “**LORD**” is punishing me, as long as I am attached. When letting go of control, I feel the **LOVE** embrace of a bigger Name, *Elohim*, and resonate with the music of the spheres. My heart and soul are **one** as **Leader** and **Visionary**, and my mind and body **connect** as **Engineer** and **Officer**! All is transmitted by FOUR classical elements and Humors.

- **WHY FOUR Bases?**

Because IT is written! AT CG encrypt mental patterns, emotional reactions and physical traits. When I hear/understand the alphabet as the Law of laws, I pass through the “C” spot; the eye of the needle, and let go of ALL pain.

- **WHY FOUR Taboos?**

Because making the soul’s language “taboo” eats up my mind and takes up my Power. TB is also what has been infected the whole Earth.

- **WHY FOUR Powers?**

BECAUSE, to balance Collective, Individual, and Symbolic Powers, I need a Fourth and “Dual” Power, which opens me to see that PAIRfection is.



This is where the hidden dessert – the WHY of the red Y – finally reveal itself...

emPowering NOW LLC is a privately held Texas-based company, formed in 2008 with the aim of supporting humanity's "next generation" leaders and visionaries, choosing to walk with eXPiRe to increasingly sustain the sense of enough. eXPiRe goes where no one has gone before by synergizing the gates to the Eternal (Art → Religion → Science ← Language). Our curriculum deepens in those eager to understand the mystery, and feel it rather than fear it: whenever a mystery is understood, it becomes a GRace, as I now have the keys.



Saying GRace!



WHY [Proverbs] 9:10?

BECAUSE the shift from **10** to **9** is where the doubts of secondary Adam (and his “sons” Jealousy and Vanity) are assimilated by the Faith of primary Adam. **9:10** is where the Mystery of the Manna lives!

PAIRfect hands say: “not my will; Thy will be done. I am your messenger and give my words and actions to you.”

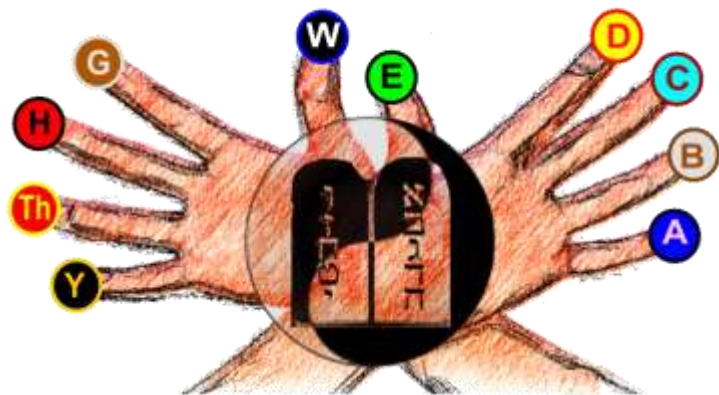
1+9=10 | **2+8=10** | **3+7=10** | **4+6=10**



The eagle perspective obtained from joined thumbs evokes the **PAIRfection** of as above, so below. Yet where is the number **0**?

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		PAIRfect		Resisting		Changing		Deciding		Opening	
9	Th	8	H	7	G	6	UVW	5	E	4	D	3	C	2	B	1	⌘

The Mystery of how 9:10 unfolds in *the WHYS Hands that take care of the WHYS Tree.*



Right hand is **G**iving to left hand that is **R**eceiving, who, in turn, is **G**iving to right hand who is **R**eceiving, on and on: when I listen, my **G**iving/**R**eceiving is done by **GR**ace alone. When I don't, my **G**iving/**R**eceiving is done by **GR**eed alone (not **PAIRfect**). The **10** Words – the true name of the Ten Commandments – are the shift from **GR**eed into **GR**ace: it is the forgiveness that nullifies the ego (**0**).



WHY Jealousy?

BECAUSE the pain of jealousy will eventually lead me to stop lying about being the change I wish to see, and also BECAUSE the fragment you have (that which I envy) is exactly where my soul wants to stretch!

Jealousy	Fragmentation	Perpetuation	Discontentment	Pathology	Degeneration	Banishment
----------	---------------	--------------	----------------	-----------	--------------	------------

The Tree of Life is my consciousness. When I am grounded in my roots, I can feel me: I make SENSE. When in my mind, I'm **banishing** myself, and my thoughts are ambivalent, moved like branches by the wind: first, I love you for the validation you give me. Yet, it soon changes: now I blame you for not giving me what I want! While trying to control you, I miss the whole point: you're my mirror! You are showing me the exact places where I am yet to hear and understand myself: the more jealous, envious and judgmental I am of you, the more you hold a **Fragment** of my Soul puzzle: If I were to envy your [academic] success, it can only mean that [___ success] is written in my Soul Contract. Will I feel my **Jealousy** as a way to THE END of the BS splitting me from IT?



I give "you" my Power, because I want something from you: I've made you my savior and my nemesis! When I stop needing you, I am **Meditation**, free and fulfilled. "IT is done:" THE END of **Desires!**

Meditation	Due Diligence	Sureness	Overflow	Valiance	Earnestness	Deliverance
Belove	1	6	5	4	3	2



WHY Vanity?



BECAUSE I must have the guts to walk away from a glamorous deal and do due diligence to have IT!

“Vanity of vanities, says the Preacher, vanity of vanities! All is vanity!” *Ecclesiastes 1:2*

Abel = Vanity	No Benefits	Boredom	Desperation	Heaviness	Futile Striving	Pointlessness
Simplicity	Walking Away	Beginner's Mind	Chance	Liberation	Ordinariness	Evolution

- No Benefits** [and no courage to **Walk Away**]: “what do I gain from all my labor? Generations come and go, but the Earth remains forever. . . . To the place the rivers come from, there they return again.” *Eccles. 1:6*
- Boredom** [and no possibility of a **Beginner's Mind**]: all things are wearisome: my eye is not satisfied with seeing; my ear not filled with hearing. . . . There is nothing new under the Sun. *ibid. 7-9*
- Desperation** [and not giving Peace any **Chance**]: No one remembers the former generations There is no remembrance of them in former times, or in latter times that are to come. *ibid. 7-9*
- Heaviness** [and no understanding of **Liberation**]: I, the Preacher, have been King, applying my heart to inquire and exploring via wisdom all things that are done under heaven: what a heavy burden God has laid on mankind!
- Futile Striving** [and no seeing the **Ordinariness** of change as a constant]: I have seen all the works done under the Sun; all is Vanity. . . . What is crooked cannot be made straight; what is wanting cannot be numbered. *ibid. 10-11.*
- Pointlessness** [and regressing rather than **Evolving**]: I said to my heart, “Look, I have increased in wisdom more than many; I’ve applied myself to the understanding of wisdom, and also of madness and folly: this, too, was a chasing after the wind. For with much wisdom comes much vexation; the more knowledge, the more pain.” *13-18*

Cain = Jealousy	Fragmentation	Perpetuation	Discontentment	Pathology	Degeneration	Banishment
Meditation	Due Diligence	Sureness	Overflow	Valiance	Earnestness	Deliverance

When I *only* see [**Jealousy**], I kill [**Simplicity**]. When I *only* try [**Meditation**], I die of [**Vanity**].



WHY Age (=voyage)?



Because life is a trip, and because, in Hebrew, the sign **Y** is also the word **Yad** for “**hand**.” **Hand** means: “I give my words and actions to you. I am your messenger and will not be a doer on my own.” Hebrew words *Lamah Li* for “My why” – my reason of being – in *Gen. 3:22*.

Center Art: *Sunrise, Sunset*: the Sun moving from generations on, to inscribe **the Book of Life** through life’s cycles, and come to the end of **the Yearning**.

The Yearning	Pilgrimage	Guilt Trip	Pain in Passion	Crucifixion	Resurrection	Re/Incarnation
My Book of Life	Death/Rebirths	Childhood	Adolescence	Adulthood	Old Age	In-Between

Gen. 3:22 is the Bible’s most controversial quote: “Now that humans are like one of us, knowing good and evil, what if they’d stretch out their **hand**, eat from the Tree of Life and live forever?” It shows a way to end karma: to climb UP the Tree of Life, eat *consciously* from Knowledge, die as I go **In-Between** Good and Evil, and *receive* wisdom. When I *pass over*, there’s no one left to suffer from the impact of cause and effect, or to repeat the same error, expecting different results! **Y**? Cause I came to transcend the cycle of **deaths/rebirths** binging “my” life to the material world!



WHY Adamic/Atomic?

BECAUSE Adam's value is 45: 32 Paths of Wisdom + 13 Paths of Power. The **32** of Wisdom is felt when I inhabit the Tree of Life (10 numbers + 22 letters). The **13** of Power is felt when I inhabit the Tree of the Knowledge of Good and Evil (3 Numbers + 10 final letters). The Gimel of Camel now resonates with Qoph ("eye of the needle"): as the C→Q sound is no longer mistaken for the G of Zayin, the triple VEIL of EVIL is at last sundered.

	Awareness				The Tree Of Life within the Tree IN-LOVE				Consciousness			
	#	Sphere	Translation Power		"It is easier for a GIMEL to go through the eye of a needle than for a rich man to enter the Kingdom of God."				#	Words	Hat	Path
10 Numbers	1	Kether	"Crown" Freedom						11	A. Aleph	Jester	1-2
	2	Binah	"Understanding" 1 of US						12	B. Beth	Wizard	1-3
	3	Chesed	"Kindness" LOVE is Kind						13	C. Gimel	Witch	1-6
	4	Chokmah	"Wisdom" Memory						14	D. Dalet	Nurse	2-3
	5	Gevurah	"Power" Decision						15	E. Heh	Chef	2-6
	6	Tiphereth	"Beauty" RIP						16	W. Vav	Turban	2-4
	7	Hod	"Appreciation" Esteem						17	G. Zayin	Headset	3-6
	8	Netzach	"Victory" Containment						18	H. Chet	Safari	3-5
	9	Yesod	"Foundation" Satiety						19	Th. Teth	Sombrero	4-5
	10	Malkuth	"Kingdom" Fulfillment						20	Y. Yod	Graduate	4-6
3 Veils	33	Daath	"Knowledge" Truth		21	K. Kaph	Birthday	4-7				
	34	Dibri	"My Word" Imagination		22	L. Lamed	Police	5-6				
	35	Okhel	"Eating" Ordinairiness		23	M. Mem	Fisherman	5-8				
10 "END" Signs	#	Key	Light Kit	Path	24	N. Nun	Pirate	6-7				
	36	MahAleph	Pink Elephant	1-4	25	X. Samekh	Béret	6-9				
	37	Yod Initial	7-headed Dragon	1-5	26	O. Ayin	Horns	6-8				
	38	Beth Initial	The EL Wheel	33-34	27	P. Peh	Top Hat	7-8				
	39	Lamed Final	ROSErection	33-35	28	Z. Tzaddi	Crown	7-9				
	40	Tav Initial	The Butterfly	2-35	29	Q. Qoph	Mask	7-10				
	41	Kaph Final	The TREE Wills	3-34	30	R. Resh	Cowboy	8-9				
	42	Mem Final	The KISS	4-35	31	S. Shin	Halo	8-10				
	43	Nun Final	Butterfly Wheel	5-34	32	T. Tav	Aviator	9-10				
		45	TzaddiQ F.	Smiley Swastika	8-34							
	44	Peh Final	Noah's Art	7-35								

22 Foundational Word and Worlds

T Descending & Ascending O

1	1	א	Aleph	A	Ox	0. The Fool	LAUGHIN' LOVIN' eyeNOsense: "Is there another way to look at my fear of failing spectacularly?"
2	2	ב	Beth	B	House	1. The Magician	ABRACADABRA! 'Where am I giving my power away and just "trying?"
3	3	ג	Gimel	C	Camel	2. The High Priestess	FREEDOM'S JUST ANOTHER WORLD FOR... "What am I afraid to lose or not get?"
4	4	ד	Dalet	D	Door	3. The Empress	THERE IS NO ONE OUT THERE! "Am I better at taking care of others than of myself?"
5	5	ה	Heh	E	Window	4. The Emperor	THE POWER OF ORDER AND STRATEGY. "Whose order is it anyway? Will I give up the plan?"
6	6	ו	Vav	W, V, U	Nail	5. The Hierophant	AS ABOVE SO BELOVE! "What's missing for me to be an emissary of LOVE?"
7	7	ז	Zayin	G	Sword	6. The Lovers	IS-REALIZE the BEAUTY OF SYMMETRY! "In deciding to go right or left, am I choosing out of resistance?"
8	8	ח	Chet	H	Fence	7. The Chariot	VOYAGE/WHY AGE? "Might my preferences and aversions be limiting my movement?"
9	9	ט	Teth	Th	Snake	8. The Strength	PLAYSURE NOT PRESSURE! "Have I so lost my senses that I would misuse my Power?"
10	10	י	Yod	Y, I, J.	Hand	9. The Hermit	KNOW THYSELF! "Will I surrender to turn within, and be the change?"
11	20	כ	Kaph	K	Pan	10. The Wheel of Fortune	EVERY MOMENT CAN BE A BD, A BIRTH AND A DEATH! "Am I denying my evolution by not paying the price?"
12	30	ל	Lamed	L	Ox-goad	11. Justice	THE ONE LAW OF LOVE "Would it release me to ask: 'what would LOVE do now?'"
13	40	מ	Mem	M	Waters	12. The Hanged Man	COMPATIENCE "Will I hear my anger signaling me that I'm in hatred zone?"
14	50	נ	Nun	N	Fish	13. Death	LET GO AND LET GOD! "What might I be reluctant to GIVE and for-GIVE?"
15	60	ס	Samekh	X	Support	14. Temperance	THE GIFT OF ART IS TO KNOW TO SAY ENOUGH! (IN OFF): "Does the idea of mediocrity or ordinariness scare me to death?"
16	70	ע	Ayin	O	Eye	15. The Devil	THE VEIL OF EVIL... "How is my need for approval leading me to choose bondage?"
17	80	פ	Peh	P, Ph, F	Mouth	16. Tower of Destruction	THE ULTIMATE: "What will it take for me to know who am I?"
18	90	צ	Tzaddi	Z	Hook	17. The Star	YOU ARE A PRECIOUS JEWEL! "How deep in the dark will I dive to share my gift of light?"
19	100	ק	Qoph	Q	Monkey	18. The Moon	THE SIGNAL TO TALK/WALK: "Will I wait for the path to be CLEAR before my next word/action?"
20	200	ר	Resh	R	Head	19. The Sun	IT'S GOOD TO BE THE KING! "Am I playing small out of fear of being divinely brilliant?"
21	300	ש	Shin	S	Tooth	20. The Last Judgment	LOVE IS GOD! 'What mask must I take off to see "God" face to face?'
22	400	ת	Tav	T	Sign	21. The World	TAKING IT SO LIGHTLY YOU FLY! "How much suffering do I still need before I embrace IT all?"



WHY the PaRaDiSe Circle?

BECAUSE there are times when I find myself repeating the same Limbo experience and **Resisting** going On a Limb, and also BECAUSE having a community to support me makes a great **Deal of Difference!**

On a Limb?	Resisting	Stupid Silly	?	?	?	?
WHY PaRaDiSe?	?	D for Difference	R for Recall	P for Practicality	S for Secret	?

We're a gathering of ordinary people doing shadow work to know ourselves and solve everyday problems. Our inquiry is based on the idea that the word is alive, and that language is where our Power lives. Known as the *Path of eXPiRe*, this inquiry is radical, as it gives the courage to hear the soul of perennial truths and fully surrender to the **Mystery**, as I risk going out on a limb, because that's where the fruit is! "Receiving" its sweetness is to have the wisdom to know the **Difference**, and thus to emPower the NOW.

Each time we honestly engage in this *unlearning*, the cosmos rejoices. Each time we participate, we renew the **UnderSt**anding that there is only One of **US**. We thus increase our capacity to love what is, and to sustain the "Sense of Enough."

The PaRaDiSe Circle is a community offering, sponsored by emPowering NOW LLC.

To receive your invitation, go to emPoweringNOW.com (open meeting section), and enter your information.



WHY a Mystery School?

BECAUSE persevering to THE END – when I know the Difference – may require for me to be witnessed in my efforts, and supported in my falls. While the mind longs to be extraordinary, it occults the most practical and potent miracle of all: ordinariness! When sick and tired to *try* so hard to be somebody, I hear the invitation to partake of PaRaDiSe’s nourishment, a sentience so pure it satiates the hunger for LOVE. I can now open to *receive* the Peace that passes Understanding; what true artists know as “the sense of enough”.

WHY PaRaDiSe?

M for Mystery

D for Difference

R for Recall

P for Practicality

S for Secret

T for Truth

The Why of the PaRaDiSe Mystery School is:

To end all mental suffering as I clear the confusion induced by the “God” label, whose abstraction keeps me lonely as I run from the **Mystery**, and angry as I deny the **Truth** that can change *my* life.

The How of the PaRaDiSe Mystery School is:

To clear the confusion by using the darkness of the Bible as a scrying mirror, and see the exact places in the decoding where I get lost and feel uncomfortable as vital **Reminders** of my own shame-based **Secrets**.

The What of the PaRaDiSe Mystery School is:

To have the **Practical** wisdom to do no harm, as my coming to THE END of the matter – when I know the **Difference** between right and wrong – grants me the congruency to *actually* do what I know I am to do.



WHY Deciding?



BECAUSE, once I decide, I am focused, as I no longer fear the outcome of my saying a “yes” or a “no”.

Ordering *à la carte* is when I pick n’ choose what’s right for me; Deciding is when I choose the menu set by the PaRaDiSe Mystery School.

Deciding	The First Book	Second Book	Third Book	Fourth Book	Fifth Book	The SIXth Book
Ordering	The WHYS Tree	THE END	Hear/SEE	ABC/A B-Ginning	XPR Tarot App	PaRaDiSe Circle

- 1A: The First Book** has one course that "multidimensionalizes" *The WHYS Tree*.
- 2B: The Second Book** has three courses that "multidimensionalize" *THE END Workshop*.
- 3C: The Third Book** has three courses that "multidimensionalize" *Hear/SEE*.
- 4D: The Fourth Book** has three courses that "multidimensionalize" *ABC/A B-Ginning*.
- 5E: The Fifth Book** has three courses that "multidimensionalize" *the eXPiRe Tarot App*.
- 6F: The SIXth Book** has SIX courses that "multidimensionalize" *The PaRaDiSe Circle*.



WHY the TWIN Mission?

Because somebody had to do it!

The Mission of XPR (eXPiRe) is to reveal the inherent order in the chaos of knowledge. When I perceive that there is a universal code to hearing and seeing the soul of perennial truths, the invisible and the visible merge, the hunger for LOVE is satiated, integrity is naturally embodied, and an aware civilization emerges.

Religion	Scriptures	Good & Evil	Salvation	Laws	Rituals	"God"
Science	Force	Space-Time	Energy-Matter	Possibilities	Consciousness	Motion

The Mission of emPowering NOW LLC is to bring forth *the Path of XPR (eXPiRe)* as a way to transition from a world mainly in GR_{eed} where Giving/Receiving communicates via fear, confusion and domination, to a world and consciousness of GR_{ace} when my word flows freely from the silence and the sounds of LOVE.

B'Siyata DiShemaya: "with Heaven's help!"



WHY Ordering THE END?



BECAUSE I've reached a point in my life where I am humbled enough to tell the Truth!

Hebrew word *Tiphereth* for "Beauty," the name of the heart chakra (green "center") at the core of the Biblical Tree of Life. It is superimposed on the Flower of Life.

Disorder	Worrying	Lacking	Controlling	Obsessing	Hiding	Hoarding
Organization	The Self	The States	The Pillars	The Quadrants	The Stages	The GOD Hubs

Consider the paradox: **Organization** supports creativity. Creativity asks to *fully surrender to chaos (Disorder)*. *ROGER that!* stands for "Received Order Given, Expect Results:" the **Order** is surrender. The results are no mind, no time or pure action. To this END, *eXPiRe* **Organizes** the keys of cutting-edge technologies of human development by opening first the main gate of the Eternal Now: the beautiful of Art. Once open, the 'heART' conveys the symmetry that naturally synergizes the twin gates: the good of Religion and the true of Science.



Permission requested
to use the cartoon.

Shalom Namasté!



The Gølden Rule

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		PAIRfect		Resisting		Changing		Deciding		Opening	
9	Th	8	H	7	G	6	UVW	5	E	4	D	3	C	2	B	1	∞
90	Z	80	F P Ph	70	O	60	X	50	N	40	M	30	L	20	K	10	I JY
900	Z f.	800	P f.	700	N f.	600	M f.	500	K f.	400	T	300	S Sh	200	R	100	Q

Being the **change** I wish to see will take to say a real “**I DO**”, and **decide to engage** my inner “**wisDOM**”. As I see the “Noah’s Art” pictured here, read the signs, and befriend them as the **PAIRfect** non-human sentient animals they are, I begin to feel my **2** hands balancing **Giving** and **Receiving**: **UnderStanding in my soul** that there’s only **1** of **US**, **I DO** unto others as I would have them do unto me. Truth is, “in Good, I trust”, and **eye opens** to see that **IT is written**: in **deed**, we – **U** and **I** – are **completely** enough to turn on the **Green** light of an awake civilization.

? I SEE the uncanny life of symbols ↔ I HEAR and **UnderStand**: there’s only One of **US** ↔ I AM Enough!

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