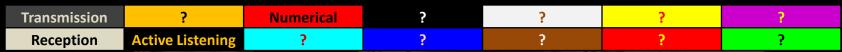


WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code



Cracking the GR-Code



Ego-Egypt	Disconnection	?	?	?	?	?
Promised Land	Prophecy	?	?	?	?	?

This is beyond doubt THE most beautiful and impactful "book" I could have ever dreamed to see written...

Anonymous





No Need for GReed!

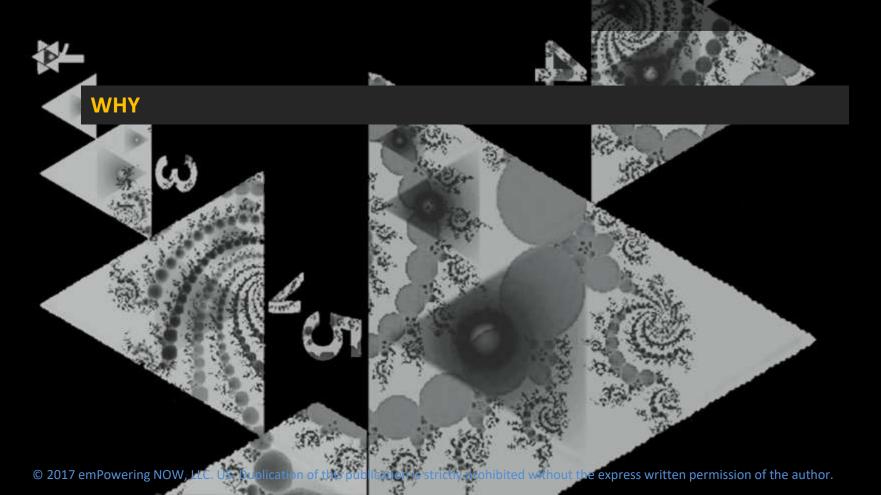
Imagine no possessions; I wonder if you can
No need for greed or hunger; A brotherhood of man...

Lyrics; Imagine, John Winston Lennon

Few songs are more influential than John Lennon's "Imagine." Released in the midst of the Vietnam War in 1971, at a time when anti-war sentiments skyrocketed in the U.S., the song played as a powerful ode to Peace, and an inspiration that uplifted the feelings of many. The call to imagine is a potent medicine: the thought that humanity as a whole would recognize that all sentient-life, the stars, the rocks, the trees, the flowers, fish and birds, and other humans too, are our brothers and sisters in this dance of life; this, I believe, is the dream that dreams ALL dreams!



Table of Contents:Introducing the GR-Code





Imagine... What if...



What if the dream to not kill had become a necessity urgent enough to be the Mother of invention, and fulfill the Dream? This need has been here for a while now, each time being discarded as *imaginary*, for use of a better word... Yet, it's so bad it has now become an itch, individually and collectively! I itch to end the confusion that I am in, as I seem to be my worst enemy, waging my own war, in the Name of my own religion! If I could only hear and see a path to One Language and One Speech, the noise would quiet down, and I'd complete my quest. Yet to have no need for hunger, for greed and no religion too, this path would have to lead to One "God."



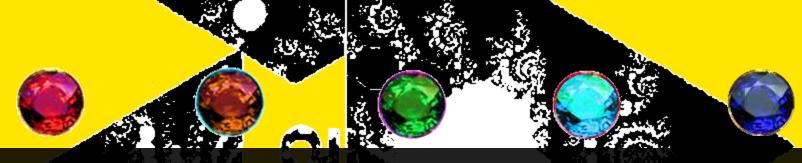


World & Word



I hope some day you'll join us
 And the WORLD will be as one...

This is nuts! Of the many projects for a global language, *Esperanto* (on the word *esperanza* for "hope") is the only one that has stood the test of time. Yet, I look around, and see that there's still greed, hunger, and a lot of religions! Could the word "hope" be deceptive? After all, it was the last of all evils in Pandora box! Words do matter; they are how I create my world! I choose to *trust* that both heroes, John Lennon and Dr. Ludwig L. Zamenhof, the Creator of *Esperanto*, would feel the difference in between "I hope some day you'll join us," and "I trust that you will." If you feel it too, *cracking the GR-code* may just be an invention worth your while; one that invites you to rock n' roll AND to get satisfaction; "manna" back, guaranteed!



GENTLE WARNING :: A 1-MIN. GR-COURSE

This is a big dream; but then, what's big or small in matters of miracles? You are in great danger: at any moment, you may stumble on a WORLD that will shuffle your memory bank in such a way that you'll change perspective forever! Please stay on the defensive: RESIST! What if you were to accidentally find GOOD, and suddenly found yourself happy, alive, laughing, and loving it all?





Cracking the GR-Code

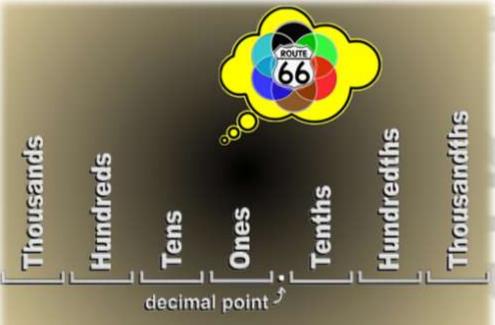


9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

Look at the eagle shadow: do you see two hands joined at the thumbs? Do you also see how the colored line includes nine digits? Did you know that *digits* come from Latin *digitus* for "fingers?" Before going further, can you put up with the color-coding of some occasional words, e.g.; 'when my two hands are not one, my Giving and Receiving is done by way of fear; not PAIRfect! I let my numbers be affected by a collective GReed that thinks that "time is money."'



WHY the Colors?





BECAUSE of their effectiveness in organizing data into a universal system. e.g.; fire is red, water is blue, and I love you!

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

They are two main codes in the QKabbalah:

- The Genesis Pattern formed as a Seed of Life by 6 colored spheres (in yellow bubble).
- The Nine Chambers, as the lines of colors moving from 1 right to 9 left.

These codes can help me understand GReed, as I use a 6-based system to count **time**, and a decimal system to count **money**.





WHY the Art?



BECAUSE a true artist has the courage – or the luck – to let go so completely that IT is painted and not someone painting, sung and not someone singing, written and not someone writing.

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

Desires to be an artist of life. Take me, for example, I would have to completely let go, empty my cup, and even break it... When I am no longer, there is no one to stop me from receiving the inspiration that I Am! This project comes from the "heART," that is, from a communication devoid of the personal: the medium is *in deed* the message!



When follow the Money meets cherchez la femme!

Ah, when will I actually let go of the personal and hear: "it's not about me?" I feel as if I am at once reading and writing a whodunit about the murder of my own potential, in which the identity of the murderer is not revealed until the end. Invariably, I discover that the criminal is my ego who convinced me, once again, that I am not enough, and that I am missing something; if only I had the money, I'd get "the girl!" This is how, upon meeting new people, the first thoughts that usually enter my mind are GReed-induced:

Will I get them before they get me? Will I mate with them? Can I eat it?

Me, me, me: Follow the money: a catchphrase popularized by the 1976 motion picture All The President's Men, to suggest a money trail or a corruption scheme within high office. Cherchez la femme [shair.shey la 'fam], French for "look for the woman," was coined by Alexandre Dumas in the novel The Mohicans of Paris, where detective Jackal concludes that a woman must have been involved in the crime being investigated.





Dreamer & Executive



Time is money... And yet, while I dislike the two-kinds-of-people statements, who's counting: is it the dreamer in me who thinks "she" can't count, or the executive who thinks "he" can? When a dreamer, I attach to the belief "I'm bad," and rebel against time and money by not being accountable. I just want to have fun, even if it leads me to losing my body. When an executive, I attach to "I'm good," and obey society's suggestions, and work hard for my money, even if it means losing my soul. These beliefs are my possessions; even worse, they possess me! I do wonder: will I ever be able to let go?



Hebrew's Wisdom



This "book" and any other "book" on a path known as *Golden XPR* is moved by a vision: to reveal One Language by cracking the code in the Hebrew of the *Torah* (the Five Books of Moses) as a language that is comprehensive, like music or mathematics are. This would be the *QKabbalah*, as the Soul of the Torah's Wisdom. For this to work, I am invited to be at once the scientist, the laboratory and the guinea pig: the decoding has to be so practical that I would feel not only the meaning of the words, but the *sense* of the words. For if I don't embody my soul, the *QKabbalah* would still be borrowed knowledge, and not really mine. I can't wait for all the "people" of me, that is, for all the discordant voices, to live for today, emPowering the Now!



WHY BIG and Small?

BECAUSE really, who's counting?

							Alle	
9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

Truth be told, there's nothing BIG and nothing small: the SUN shines equally and "PAIRfectly" on ALL that is. Nevertheless, here is my quandary:

- 1. For me to begin to accept that there would be a path that could lead me to stop defeating myself and to fulfill my potential, there would have to be solid proofs that this offering is what has been needed, individually and collectively, to bring the desired transformation.
- 2. Provided this is really the path to One Speech, One Language, One "God," it is bound to push any possible button, and potentially be more information than a new comer like me would bargain for.

The "SOULution:" EZ does it! The *GR-Code* "book" is offered in SIX episodes (this being Episode 1). So, relax, put your feet up, get some virtual popcorn if you wish, and watch the show, at your own "PLAYsure."

To be continued...

Episode 2: Opening to Sentience, the capacity of feeling and sensing.



Next Episode – a Preview: Opening to Sentience

- WHY the QKabbalah? BECAUSE it is perfect to help me transition out of Greed, since it has the meaning of "receiving," and the sense of emptying!
- Yes, but WHY is Lesson, *listen?* BECAUSE I know what to do; I just don't want to do it. My not listening will eventually humble me.
- Okay, but **WHY Tao in Torah?** BECAUSE, although both words mean "The Way," there is a **loss in translation** by which I *lost* my way!
- Okay, but WHY the Matrix? BECAUSE, while the Name is the Mother of ALL life, I will eventually wish to end the serial births, and create community.
- Great, so WHY the Father? BECAUSE it is the spermatic word that passes on the information producing a new organism (or consciousness).
- WHY Roger that? BECAUSE being devoted to following the Voice is how I come to the Compassion that does what it takes to heal a situation.



GR's Next Episodes

"Happy are those who persevere to the end."

Transmission of Matthew 24:13

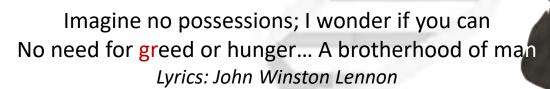
THE END of GReed is to hear/SEE the PAIRfection of ALL that is!

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
		200						336

- Opening to Sentience the capacity of feeling and sensing that which is only felt and sensed when my relating is authentic.
- Changing with Numbers from a cute story about animals entering an ark in pairs, to a process to save me from my flood-inducing GReed, via connecting with "PAIRfect" non-human sentient animals.
- PAIRfecting the male and female sides of my Tree as the subtle imaging of my mind, and the Temple of my Peace.
- Engaging with the Tree of (my) Life and feeling its Number-Power as what sustains my dynamics of engagement.
- Completing with emPowering the NOW and looking at the very real possibility to transition from GReed into GRace.



The Thumb of Desire



9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.



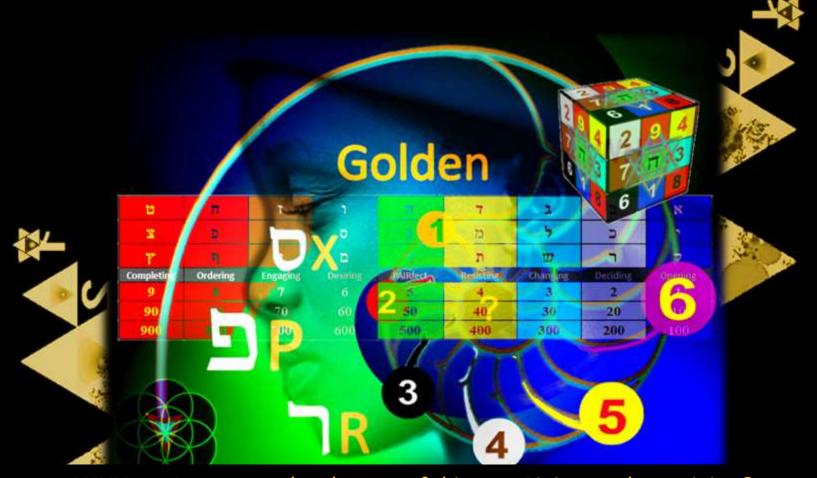
The Gølden Rule

9	•	8	3	7	7		6	5	5	4	1	3	3	2	2	1	
Comp	leting	Orde	ering	Enga	ging	Des	siring	PAIR	Rfect	Resi	sting	Char	nging	Deci	ding	Оре	ning
9	Th	8	Н	7	G	6	∪ ∨ w	5	Ε	4	D	3	С	2	В	1	*

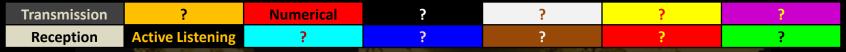
→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results

The emPowering NOW Team — dedicated to the simplicity of "do no harm!" Mahalene Louis—Austin, TX. 001.512.632.8952. Maha@emPoweringNOW.com
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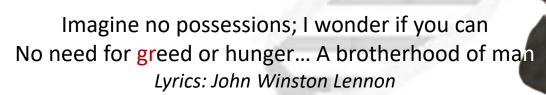
WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code: Episode 2

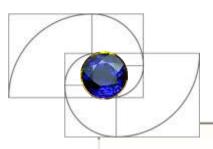


The Thumb of Desire



9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.



WHY GRace?

BECAUSE true artists somehow know how to get out of the way to let creation happen through them, by way of GRace. This knowing – that I am not the doer – is Self-knowledge.



The word "temperance" is rooted in regulation, mitigation and the proper mixing of opposites. It supports the process of Art and Alchemy. While Art decants the soul's impurities and metamorphoses the pain, Alchemy transmutes a common metal (mental) into Gold. Once I know Temperance, I am free to do great on Earth: I adopt a fair mixture of viewpoints, have a felt sense of the "Golden Rule," and embody the Golden Mean, a geometry that marks the perfect moderate position between two extremes. I live the paradox to imagine no boundaries, while being a child at "heART" who knows when Enough is "in off."

These emPowering NOW courses are not for sale! To insure that *Golden eXPiRe* would be honored as a sacred gift, I am invited to deliberately decide what my own investment in myself is, by sensing and sharing with my XPR advisor what is Enough for me to **G**ive in order to no longer block the **R**eceiving of what I want most of all: to transition into **GR**ace, and allow creation to move through me. Yet, WHY the **GReed**?

Illustration: Le béret d'artiste or XPR TORA13/TARO14

As the 14th tarot, **Temperance** illustrates 13th Hebrew sign *Samekh* that invokes Sagittarius, the centaur who merges beast and man, to throw arrows ($\rightarrow \rightarrow \rightarrow$) into the clouds of darkness; the WHYS.



Cracking the GR-Code



In the last episode...

- The Dream of Dreams: a brotherhood of man; living for today, in Peace!
- The increasing necessity for a world free of greed is urging the individual and the collective to bring forward an invention that can't be dismissed.
- Since my story is what creates my world, I must feel how my WORDS are disconnected to see my WORLD at One. This is the *QKabbalah's* work.
- The word *QKabbalah* means "receiving." Based on Hebrew, a numerical alphabet, it has two main codes: decimal for money, six-based for time.
- I've split me in many beliefs, starting with I am a man; I am a woman; growing into I am an executive, I am a dreamer: I am possessed by my beliefs!
- Ah, can I trust that there is One language clear enough for me to be in my Power? Moreover, can I put up with the weird words and colors?

Table of Contents – Opening to Sentience

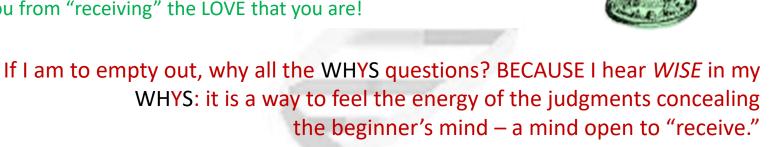
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- WHY Roger that? BECAUSE being devoted to following the Voice is how I come to the Compassion that does what it takes to heal a situation.



WHY the QKabbalah?

BECAUSE, since this Hebrew word has the meaning of "receiving" and the sense of emptying, it goes against an indoctrination telling me that giving trumps receiving, and that I *should* collect REAL Estate, and not concern me with the State of being REAL.

Once upon a Zen time, a philosophy professor went to a Master to ask about God. The professor talked and talked, until the Master said: "Let me first serve you tea." The professor was at a loss: how could all his questions be answered by drinking tea? The Master brought the kettle, poured tea in the cup, and kept on pouring. "Stop!" said the professor. "What are you doing? Do you not see that the cup is full?" The Master said, "That's exactly how your mind is: so full of questions that there is no space for an answer to come in. Go back, empty your cup, and even break it: when you are no longer, there is no one to stop you from "receiving" the LOVE that you are!





WHY the QK?

BECAUSE sentience – the capacity of sensing and feeling – is a way to reconcile two Teachings based on Hebrew scriptures; the Rabbinical Kabbalah and the Hermetic Qabalah, as the male and female sides of me, namely King and Queen.

An IQK test: am I a sentient being without sentience?



- **1.** I Am Voice: communication is not what is said and done, but the *result* of what is said and done. Is there an alignment between what I say I want, and what I have?
- **2.** I have a mind: sentience bridges the gap my *thinking* has created between matter and spirit: WHY fighting the "PAIRfect" balance of what is; what can't I forgive?
- 3. I have a soul: I feel that I Am source, when I hear/see that what I receive is exactly what I asked for. Do I find that "I can't get NO satisfaction," though I try and I try?
- **4.** I have a body: the mystery of incarnation is just that; to be the Living Word, the Word made flesh. Do I only know the meaning of "we are one," but not its sense?
- **5.** I have a heart: whether conscious of it or not, I choose what I observe. Granted that chaos is intrinsic to life, do I have the Power to choose Peace at all times?
- 6. I Am Spirit: when doing the same harmful thing over and over, there is something I haven't understood. Am I willing to accept that the subjective experience of Self-knowledge can be explained in such way that it can be learned (felt and sensed)?



WHY Lesson/Listen?

BECAUSE accepting that teaching and learning are One, and thus that Self-knowledge can be taught and learned, is to be humble enough to see that everyone I meet and everything I encounter is pregnant with a Soul **lesson**, learned as I **listen** to my heart...



What is IT? *IT* is the Word; a non-human animal in the form of numbers, letters and sounds, whose sentience is so deep that IT doesn't even need for me to recognize how IT creates the World. I, on the other hand, could benefit greatly from reading ITS signs.

While I am willing to learn from a dog, a cat, even an owl, will I learn from a very strange Master – the Word? Can I be so vulnerable that I'd drop what I think I know?



WHY the Tao in Torah?

BECAUSE there must be a loss in translation, potentially in both Chinese and Hebrew scriptures; it is not the scriptures that have it "wrong." It is the way I look at IT; my interpretations...

The Tao that can be spoken is not the eternal Tao
The name that can be named is not the eternal name
The nameless is the origin of Heaven and Earth
The named is the mother of myriad things

Thus, constantly free of desire
One observes its wonders
Constantly filled with desire
One observes its manifestations

These two emerge together but differ in name
The unity is said to be the mystery
Mystery of mysteries, the door to all wonders
Tao Te Ching, Chapter 1.





WHY Heaven & Earth?

BECAUSE every moment I have a choice: when conscious, I create (or originate)
Heaven on Earth; when unconscious, Hell on Earth. Since I create as I speak, through
the story I tell, the Nameless is NOT the origin of Heaven and Earth.
It is what compels me to THE END of creating a personal reality.

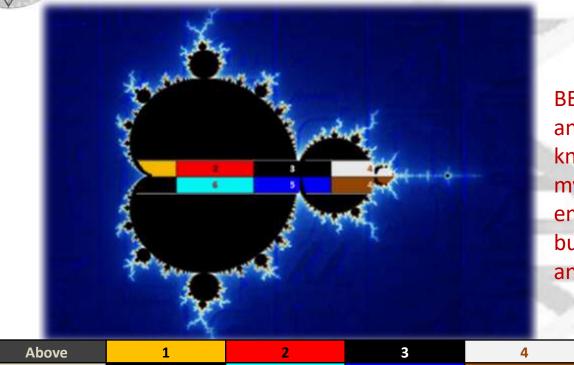
"In the beginning was the Word, and the Word was with God, and the Word was God." John 1:1

Consciousness (a.k.a. "God") uses words to create worlds. If life is about making conscious choices, consciousness is the job I've signed up for, whether I'm conscious of it or not! There is Power behind making a choice, which is why choosing terrifies me. When going unconscious and avoiding the change that my deciding would create, I speak and act out of fear. Fear now moves me to lose connection with what I communicate: I intellectualize, and can't be heard. This loss of connection is the source of my suffering. Eventually, I'll go to the edge, feel my pain, and die to who I *think* I am. The story will then *magically* drop on its own, and make room for silence (the Nameless). Using my words as evil swords will be unthinkable, as I will feel the boundaries that my words create for good or bad. As the decision to do no harm is made, I understand *fully* why I didn't want to become emPowered. I also "receive" the answer to this next WHY...

WHY can't I heal my body, my money, or my [fill in the blank]?



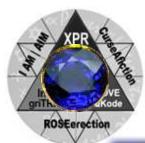
WHY "Broken?"



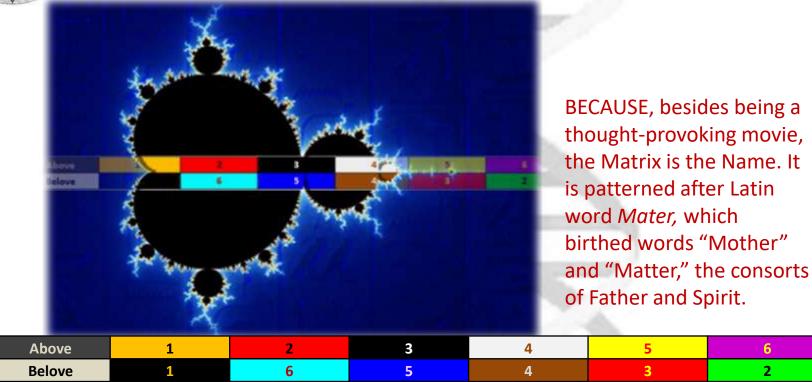
BECAUSE the Peace I feel and the Wholeness I know are proportional to my willingness to not only empty my cup of doubts, but also to break it from any constraints...

Above	1	2	3	4	5	6
Belove	1	6	5	4	3	2

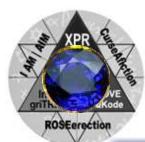
The image is based on the famous Mandelbrot fractal, a term coined from Latin *fractus* for "broken." The fractals' similarity makes it possible to comprehend the patterns of dynamically changing systems. While fractals are a mathematical construct, they can be found in nature: even DNA or heartbeats can be studied as fractals. The Hebrew alphabet is also a fractal that keeps on rearranging its letters into self-similar configurations, making it possible for me to start understanding my own patterning.



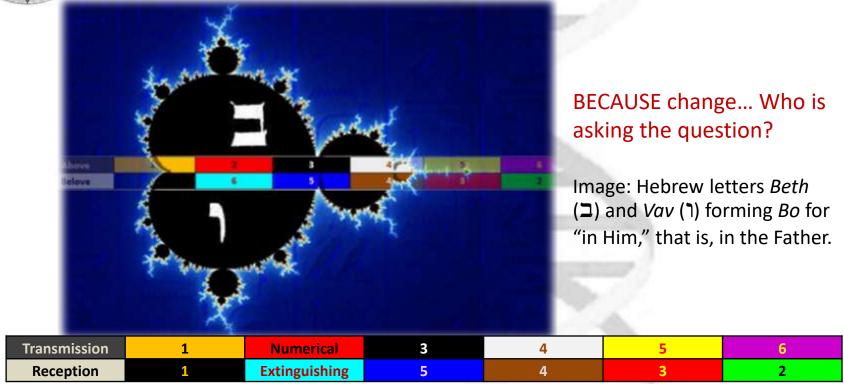
WHY the Matrix?



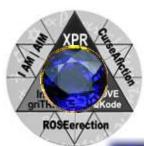
The color-coded rows are *Golden XPR's* fractals, as they are broken from a core **matrix** that repeats indefinitely at different scales, in a self-similar manner. While I don't always hear my heart, I can now begin to SEE its languaging, by realizing that it is the Word (and not the World) that was created in 6 "days:" indeed communication is the *result* of what is said and done! The work of creation in 6 days or stages is done in polarity, to effect the miracle of One only thing: as yin **Above**, so yang "**Belove**."



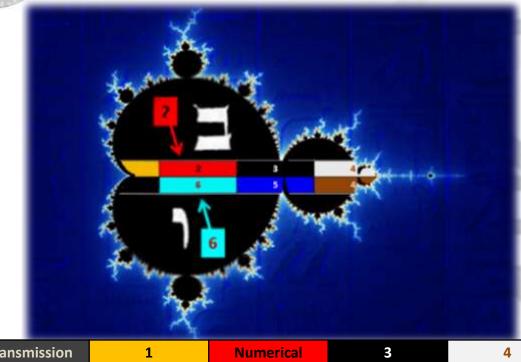
WHY Change?



The fractal now changed to <u>Transmission/Reception</u>: while only two cells are revealed, the Matrix of <u>Above/Belove</u> is still present behind it: <u>Numerical</u> is superimposed upon 2 as the second stage of the Transmission, and <u>Extinguishing</u> upon 6, as the final stage of Reception. What does that have to do with "in Him?" Letter Beth, the 2nd sign of the alphabet, is valued 2. Its glyph is a "house;" that which divides inside from outside. Vav's value is 6. Its glyph is of a "nail;" that which links above and below.



WHY the Father?

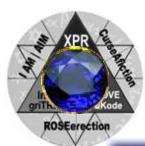


BECAUSE, if the Name is the Mother of All life, it befits me to understand how the Father initiates my myriad of births: what is the deal with the *spermatic* Word?

Image: Hebrew letters *Beth* (3) and *Vav* (1) forming *Bo* for "in Him," that is, in the Father.

Transmission	1	Numerical	3	4	5	6
Reception	1	Extinguishing	5	4	3	2

How is this helping me paying the bills? Do you ever wonder: "how do I get rid of this belief?" Well, "you" can't! Something greater acting though you can: the belief lets go of you, once you understand WHY you created it. *Bo* for "in Him" is the Power to understand, as it joins Beth of duality to Vav of connectedness: in just 2 letters, Hebrew "nails" it: connecting 2 dots is how to draw the line, and Extinguish my resistance to a 6-fold creation by being "in the Father," that is, by listening to my heart.



WHY Community?



BECAUSE calling on the intelligence of the collective opens me up to new perspectives, and allows me to think beyond boundaries...

Top: Hebrew letters Aleph (※/A) and Beth (□/B). The word Av (Aleph Beth →AB) means 1. Father, 2. Alphabet. Bottom: letter Vav (□/W).

Transmission	1	Numerical	3	Geometric	5	6
Reception	1	6	5	Reconciliation	3	2

While the Name is the Mother of All life, the Alphabet is its Father. Each letter is Numerical (Aleph=1), and Geometric: I start with 1 dot/Aleph, and add 1 dot/Aleph to get 2 dots/Beth (the line). Adding 1 more dot/Aleph, I get 3 dots/Gimel (a triangle). As I keep on adding 1, I create community. Thus Aleph is behind every Hebrew word: when I add Aleph (A) to Bo (BW), I form Abah (ABW) for "to desire." Could I Reconcile my desire body just from seeing the Geometry at work in a Sacred Alphabet?



WHY ROGER that?

BECAUSE ROGER stands for "Received Order Given, Expect Results," and also BECAUSE "receiving" the order given by my heart ("Father God") is how to be in my Power!

Above	1	2	3	4	5	6
Transmission	Silent	Numerical	Ideographic	Geometric	Archetypal	Musical
Reception	Active Hearing	Extinguishing	Pacification	Reconciliation	Enrichment	Aesthetics

Symbolic alphabets may just be the Law of laws, a law which I respect when I feel it from within, instead of projecting it as coercive, e.g.; the order to work, or to rest. Their *hieroglyphs* (from Greek for "sacred carvings") are written in stone, as the figures of familiar objects representing a word. What makes Hebrew unique is that its alphabet has not changed form since inception. As such, it is an ideal candidate for me to "Roger" Self-knowledge:

- <u>Transmission</u> of "Day" 1: the Hebrew Torah is a <u>Silent</u> matrix: its "Way" is only heard when felt, sung or spoken, as it is written without vowels. It invites the Reception of the <u>Active Hearing</u> that undergirds compassion.
- The sense of the next five "days" is explored in the 4th episode of the GR-code.

Note: while Hebrew passed the test of time, English mastered space, being the most widely spoken language. It is thus far the best conveyor of Hebrew, potentially because it is also a symbolic language, albeit the youngest.

To be continued...

Episode 3: Changing via Numbers as Non-Human Sentient Animals

A Preview: Changing With Non-Human Sentient Animals

WHY the decimal system and money? BECAUSE, as zer0, I rule over the communication of material and of spiritual wealth: the more of me I write before the decimal point (e.g.; \$1,000,000,000.00), the more recognition I get from a world in GReed. However, I can also choose to use my zer0 magic to nullify my hunger for LOVE and recognition, and die to who I think I am.

WHY Route 66 and time? BECAUSE, whether I live in New York City or Bangkok, am young or old, teach music or sell paper clips, I "receive" an equal 24 hours a day, 60 minutes an hour, and 60 seconds a minute to reach my goals. Route 66 leads me to the ultimate goal: to stop thinking in a form of binary code that resists good (or "God") and desires evil (or the "Devil").



GR's Episodes

"Happy are those who persevere to the end."

Transmission of Matthew 24:13

THE END of GReed is to hear/SEE the PAIRfection of ALL that is!

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
200		3300						

- Opening to Sentience the capacity of feeling and sensing that which is only felt and sensed when my relating is authentic.
- Changing with Numbers from a cute story about animals entering an ark in pairs, to a process to save me from my flood-inducing GReed, via connecting with "PAIRfect" non-human sentient animals.
- PAIRfecting with the male and female sides of my Tree and Temple of Peace as the subtle imaging of my mind.
- Engaging with the Tree of (my) Life and feeling its Number-Power as what sustains my dynamics of engagement.
- Completing with emPowering the NOW and looking at the very real possibility to transition from GReed into GRace.



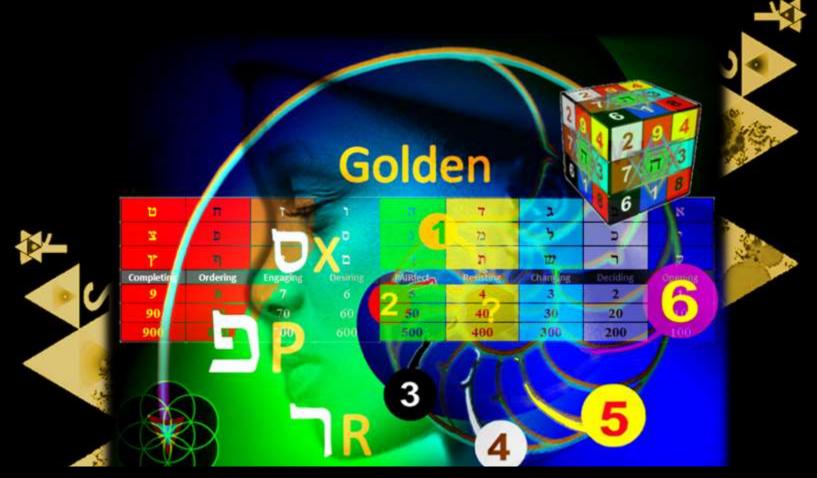
The Gølden Rule

9	•	8	3	7	7		6	5	5	4	1	3	3	2	2	1	
Comp	leting	Orde	ering	Enga	ging	Des	siring	PAIR	Rfect	Resi	sting	Char	nging	Deci	ding	Оре	ning
9	Th	8	Н	7	G	6	∪ ∨ w	5	Е	4	D	3	С	2	В	1	*

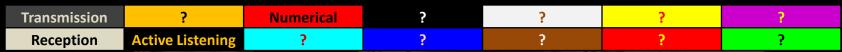
→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results

The emPowering NOW Team — dedicated to the simplicity of "do no harm!" Mahalene Louis—Austin, TX. 001.512.632.8952. Maha@emPoweringNOW.com
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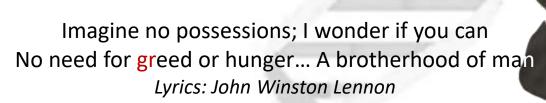
WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code



The Thumb of Desire



9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.





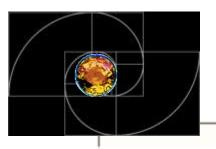
Cracking the GR-Code

In the last episode...



- WHY the QKabbalah? BECAUSE it is perfect to help me transition out of Greed, since its meaning is "receiving," and its sense, emptying!
- Yes, but WHY is Lesson, listen? BECAUSE I know what to do; I just don't want to do it. My not listening will eventually humble me.
- Okay, but WHY Tao in Torah? BECAUSE, although both words mean "The Way," there is a loss in translation by which I lost my way! Okay, but WHY
- the Matrix? BECAUSE, while the Name is the Mother of ALL life, I will eventually wish to end the serial births & deaths, and create community.
- Great, so WHY the Father? BECAUSE it is the spermatic word that passes on the information producing a new organism.
- And WHY Roger that? BECAUSE following the Voice is how I come to the Compassion that does what it takes to heal a situation.

I can hear that letter Y sounds as and is code for "WHY," but why is BECAUSE in caps n' colors? It is a gentle reminder that, since "I" create it all, I can BE CAUSE deliberately, until I'm done with trying to control IT all!



WHY GReed?

BECAUSE the yearning quickens the memory of my Soul Contract: to surrender my misdirected will to Power.

This surprisingly gives me the Power to "digest" my share of the GReed permeating the Earth.



My 3rd eye will not open to the Providence of "in Good, we trust," and my communication, not grant the results I *say* I want until I bring forth the "Art" that is within me. Failure to do so will destroy me! This sacred Truth is in *the Gospel of Thomas*, the disciple learning from doubt:

- Were my parents possessed by the thought of [no] money? Am I?
- How does this link to the GReed I volunteered to turn into GRace?
- On a scale of 1 to 10, how much does GReed control me?
- Am I willing to accept that, although the issue feels quite real, it will completely dissipate as I hear my "heART," and bring forth my "Art?"

There is more to being an artist than mastering a skill and having a potent message. I must also stop using my destructiveness against myself and others, by turning towards something inside that is unknown. I let go, and make music with IT. I am in my senses, in my "PLAYsure..." It takes courage and tremendous strength to shift the madness into light, and abandon myself so entirely that I'd eXPRess creativity in all areas of life.

Illustration: Negative of *Le béret d'artiste* or XPR TORA13/TARO14 As the 14th tarot, **Temperance** illustrates 13th Hebrew sign *Samekh* that invokes Sagittarius, the centaur who merges beast and man, to throw arrows ($\rightarrow \rightarrow \rightarrow$) into the clouds of darkness; the WHYS.

- Table of Contents: Changing with Numbers as Non-Human Sentient Animals

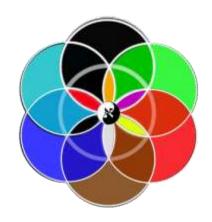
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WHY is Mind, Time?

BECAUSE time is THE most potent mental creation: when not attached to a past story or a future outcome, I am grateful for everything, and have no complaints whatsoever!

When the new patient was settled comfortably on the couch, the psychiatrist began his therapy session, "I am not aware of your problem," the doctor said. "So perhaps, you should start at the very beginning." "Of course," replied the patient. "In the beginning, I created the Heavens and the Earth..."



ROSEerection

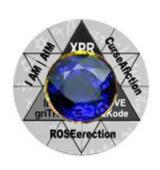
"created-S6X"

Unbeknownst to many, there are two translations for the first Hebrew word of Genesis: 1. "in the beginning;" 2. "created-SIX." These two ways can now be synced as the two sides of my brain: 1. linear; 2. divergent.

The "Created-S6X" translation becomes clear when looking at the Seed Of Life, a.k.a. Genesis Pattern. The design transmits the code of mind in "S6X" progressive stages, leading me to the core of my integrity. This core is the 7th "Day," called the *Shabbat*, for the "rest" I take from creating via GReed.

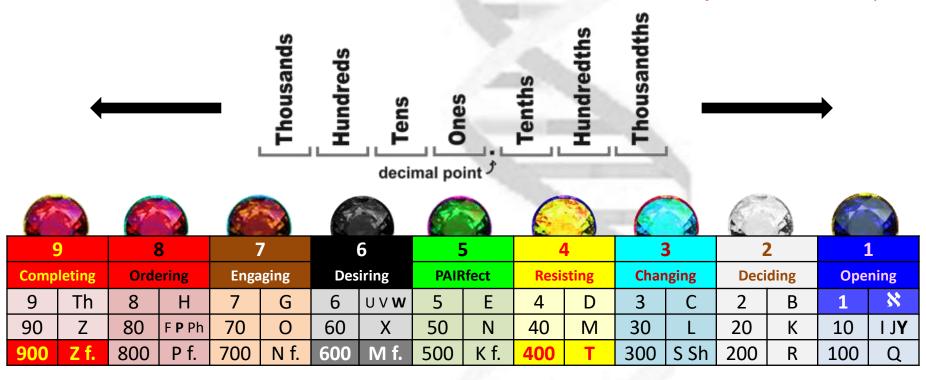
In the meanwhile, I'll *try* to make things happen for my benefit only, as I live in \$care City, where the order of **Above** ("in the beginning") is split from the order of **Below** ("Created SIX"), female from male, **Receiving** from **G**iving.

Above	"Day" 1	"Day" 2	"Day" 3	"Day" 4	"Day" 5	The SIXth "Day"
"Belove"	"Day" 1	The SIXth "Day"	"Day" 5	"Day" 4	"Day" 3	"Day" 2



WHY 10 and Money?

BECAUSE, regardless what the initial number is, what my ego calls "wealth" is a function of the number of zeroes I have *before* the decimal point.



This table is known as the QKabbalah of the Nine Chambers. The 9 columns hold the entirety of the Hebrew alphabet (given here in its evolution in Roman script) in three rows of Ones, Tens, Hundreds. Beyond being an advanced accounting system, it also maps out the physics of the Soul.



WHY Meta/Physics?

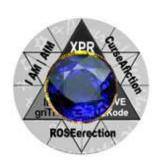
BECAUSE its matter-of-factness wakes me up from the illusion of separation!

"This is true without lying, certain & most true: that which is below is like that which is above and that which is above is like that which is below to do the miracles of one only thing." *Emerald Tablet*

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

This ancient pearl is from the Hermetic tradition. To be *hermetic* (not affected by any outside influence) is revived by experiments in quantum physics showing that what is being observed in nature depends on choices made by the observer. To **open** my "I" and thus my eye, I can see the miracle of "as physical, so metaphysical:" each number has a geometrical shape, each shape is a consciousness, each consciousness evolves the Soul by way of 9 natural stages, each stage grows out of 1 by adding 1, a number-being so humble that any number multiplied by it (1) remains *hermetically* unchanged:

- 1 dot: I am Open to all that is, grateful for everything. Comes Plus 1, which equals...
- 2 dots: duality leads me to draw a line, and Decide. Plus 1 equals...
- 3 dots: I triangulate my position, and, like it or not, Change. Plus 1 equals...
- 4 dots: wow, too fast! I turn to a square to ground me, and Resist. Plus 1 equals...
- 5 dots: I rest with my lucky five-pointed star, in PAIRfection! Plus 1 equals...
- 6 dots: if only I had... Will the hexagram shields me from Desiring? Plus 1 equals...

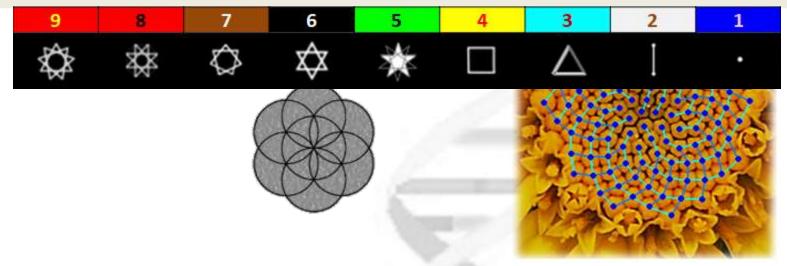


WHY Geometry?

BECAUSE, when I realize that everything in the Universe is geometric, be it humans, animals, stars, solar systems, alphabets, etc., I am motivated to begin measuring my Belief System on a geometric scale...



There is a single pattern of creation that sources it all. This symbol is the "Seed Of Life." It passes the test of time and space, as it is one of the oldest known symbols, and as it appears cross-culturally: over six thousand years old, it has been praised throughout history by philosophers, scientists, artists, and architects for its perfect beauty and symmetry, proportions and harmony. It also has been found in temples, and in art all over the world, including Ireland, France, Turkey, Egypt, China, Greece, Germany, India, Tibet, Japan, Sweden, Israel, etc. This pattern (below #6) is at the root of all creation.





WHY the Gølden Rule?

BECAUSE doing no harm is how I transition from **GR**eed into **GRace!**

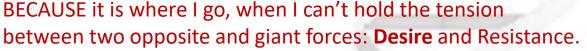
!	9	8	3	7	7		6	5	5	4	4	3	3	2	2		l
Comp	oleting	Orde	ering	Enga	ging	Des	siring	PAIR	Rfect	Resi	sting	Char	nging	Deci	ding	Ope	ning
9	Th	8	Н	7	G	6	U V W	5	Е	4	D	3	С	2	В	1	*

→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results
 my right and left hands unite in pure action
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 my right and left hands unite in pure action
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"God," the Geometer, speaks in paradox: my Powerlessness in holding the tension between opposites is how I do harm. However, pairing 1+9, 2+8, 3+7, and the biggie; 4+6 will raise my creativity to the next level: the 10s. The message of the PAIRS completes this of Plus 1: the UnderStanding that there's only 1 of US makes my Giving and Receiving PAIRfect. It allows for creativity to happen through me via GRace, and not by me via GReed. My I/eye opens to see that IT is written: I can now read the signs that you and I are completely enough to turn on the GReen light of an awake civilization.



WHY Route 66?





John Steinbeck called *Route 66* the "Mother Road" in *The Grapes of Wrath*. Route 66 is an icon and symbol of change.

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening



Hebrew Letters □□1
Master Number 666

As within, so without! Pairing **Desire** and **Resistance** allows for wonderful miracles of synchronicity. If, however, the two fight each other, I do harm by **Desiring** the bad instead of the good, and by **Resisting** the good instead of the bad. Feeling uneasy, I now seek relief and happiness outside myself, ignoring that the fulfillment of ALL **desires** comes from within! When in enough pain, I choose the other Route **66**; the one taking me inwards, and prepare to meet my Beast of Burden – the infamous master number **666**.

Consider: Vav (1/6) is shaped as a line, Samekh (0/60), as a circle, Mem Final (0/600) as a square. 666 calls to the *psychological* squaring of the circle, when, the beast's hunger being satiated, I am enough: this is THE END of GReed, and the beginning of PAIRfect Livelihood!



WHY Two Codes?

BECAUSE duality is the issue: the 2 codes assist me to understand WHY my mind is split into twins (the one who knows what to do, the other who resists).

This dividedness is what keeps me from making wise decisions.

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

The Nine Chambers invoke the balance of FOUR pairs (1+9, 2+8, 3+7, 4+6). Balance is Death, as it is the stillness that doesn't tip the scale to the right or to the left. It is the state of enlightenment, the silence that has nothing left to lose or to prove. The nine digits above can also be organized as a square called "magical," since each line adds to 15. 15 (1+5=6) needs 6 to be understood.



Color Element	Black Ether	Azure Air/Metal	Blue Water	Brown Earth	Red Fire	Green Wood
Belove	1	6	5	4	3	2

Consider: **Ether**, the field of ALL memories – past and future, is so infinite that it can only be perceived **1** dot at a time; **Wood**, e.g.; a **Tree**, is a vertical line (**2** dots). **Fire** goes up, with pointed flames (**3** dots). **Earth** is solid and square, as the four directions, four seasons, etc. (**4** dots). As for the love story of **Water** and **Air**, well... it's complicated!





WHY Form & Force?

BECAUSE, when the **Force** is with me, I can feel and know that the **Forms** my emotional body puts in motion serve the Good of ALL.

Knowledge	Voice	Mind	Soul	Body	Heart	Spirit
Color Element	Black Ether	Azure Air/Metal	Blue Water	Brown Earth	Red Fire	Green Wood
Belove	1	6	5	4	3	2

The elements allow me to understand **forms** (**1** dot is a **point**, **2** dots is a line, **3** dots is a triangle, **4** dots is a square), and to see in universal colors: **Fire** is **Red**, **Water** is **blue**, etc. The information value is so rich that the 3 main cosmologies – Hinduism, Taoism and Judaism – use them to explain "the World." To the **FOUR** classical elements of **Fire**, **Earth**, **Water**, and **Air/Metal**, Hinduism adds **Ether**, and Taoism, **Wood**. **Air/Metal** is split: while Hinduism and Judaism feels its energy as **Air**, Taoism senses it as **Metal**. To understand the **force** behind the **forms**, *eXPiRe* extrapolates **Knowledge** out of **Elements**:

- 1. From **Ether** comes the **Voice**: when I feel unheard, I don't know what resonance is.
- 2. From Wood comes Spirit: when I don't give my fruit, I don't know my potential.
- 3. From Fire comes Heart: when I don't hear it, I don't know how to go into its fire, to intuit.
- 4. From Earth comes Body: when I'm not solidly anchored in my feet, I fear groundlessness.
- 5. From Water comes Soul: when I don't adopt a path of least resistance, I don't feel good.
- 6. From Air/Metal comes Mind: when mind's neither light nor sharp, I don't know clarity!



WHY Force as Roleplay?

BECAUSE whatever I am doing, even warring, is a game! I'm just called to play a role!

"Arjuna said: My dear Krishna, seeing my friends and relatives present before me in such a fighting spirit, I feel the limbs of my body quivering and my mouth drying up." *Bhagavad Gita*, 1:28 "I would consider it better for the sons of Dhirtarastra to kill me unarmed and unresisting, rather than fight with them." *Ibid. 1:45.* Krishna says, "Only the material body of the indestructible, immeasurable and eternal living entity is subject to destruction; therefore, fight, O descendant of Bharata." *Ibid. 2:18.*

Conscious	Fallen angel	Engineer	Visionary	Officer	Leader	GRace INgénue
Knowledge	Voice	Mind	Soul	Body	Heart	Spirit

The force chooses to express itself, leading to the **Conscious**, SIX basic archetypes that emerge out of **Knowledge**. Awakening from the unconscious is to assume an identity, that is, to wear its "hat," and play out its role deliberately:

- 1. Voice → Fallen angel: do I think of fallen as an Avatar a released soul in the body?
- 2. Spirit → GRace INgénue: is my genius free to let creation happen in me by way of GRace?
- 3. Heart \rightarrow Leader: do I have the courage (from French cœur "heart") to do what love wills?
- **4.** Body → Officer: how effective, practical and response-able is my service to ALL life?
- 5. Soul → Visionary: do I wake up with sizzling enthusiasm at the perspective of a new day?
- 6. Mind → Engineer: do I sell my inventions to the highest bidder, or do I keep my conceptions immaculate?



WHY Poor Acting?

BECAUSE, when I ignore the Force within me, I'm likely to be misusing Power; acting out!

Above	1	2	3	4	5	6
Within	Ear Wax	Red Blood	Black Bile	White Phlegm	Yellow Bile	Bone Marrow
Ignorance	Screech	Split Mind	Lost Soul	Pain Body	Broken Heart	Forsaken Spirit

The SIX stages of <u>Within</u> are "HUEmorous:" they are the HUE of a specific humor (Blood is Red). When a humor is out of balance, it sources my <u>Ignorance</u>:

- 1. Ear Wax → the Screech: when my voice is not heard, I am yet to discern which of the many voices within I must hear, and WHY "obeying" it pushes my buttons.
- 2. Red Blood → the Split Mind: when not honest with you, I am yet to know that we are One, as we all bleed when cut, no matter the gender, race, religion or nation.
- **3.** Black Bile → the Lost Soul: when I feel that I don't belong, I am yet to give me the permission to feel what I feel, even if it is as dark as melancholy.
- 4. White Phlegm → the Pain Body: when telling the story of how much pain I'm in, I am yet to be Presence, sensing my body's needs, and following its instinct.
- 5. Yellow Bile → the Broken Heart: when I resent you, and blame you for breaking my heart, I am yet to realize that I have asked for everything that I have received.
- 6. Bone Marrow → the Forsaken Spirit: when I let who I think I am oppose who I really am, I am yet to be ready for Truth and for change in the core of my bones.





WHY Going Unconscious?

BECAUSE misusing Power and interfering with evolution by *trying* to manipulate "him, her, IT" for my sole benefit goes against my nature – to be LOVE!

Unconscious	GReed INgénue	prostitutE	saboteuR	victiM	chilD	Rising angel
Ignorance	Screech	Split Mind	Lost Soul	Pain Body	Broken Heart	Forsaken Spirit
Knowledge	Voice	Mind	Soul	Body	Heart	Spirit

Just like "God" is in everything, even in war and cancer, the Self is in **Knowledge** and also in **Ignorance**. I have felt how S6X conscious archetypes emerged from Knowledge, e.g.; a **Leader** follows his **Heart**. I will now hear/SEE Ignorance is the source of S6X Unconscious archetypes:

- 1. Screech → my GReed INgénue won't follow the Voice guiding to the Good of ALL.
- 2. Split Mind → my prostitutE's Mind is on one-track: it's all about sex and money!
- **3.** Lost Soul → my saboteuR's Soul won't feel that the harming I do is self-imposed.
- **4.** Pain Body → my victiM's Body is used and abused to get sympathy from others.
- 5. Broken Heart \rightarrow my chilD's Heart won't hear that recognition comes from within.
- 6. Forsaken Spirit → my Rising angel's Spirit is challenged by and unwilling to do what it takes to heal a specific situation.



WHY the "DREaM?"

BECAUSE it shows that English is thus far the best conveyor of the multi-dimensionality of Hebrew, a language which says what it means, and means what it says!

	Unconscious	GReed INgénue	prostitutE in E	saboteuR in R	victiM in M	chilD in D	Rising angel
Ī	Conscious	Fallen angel	E for Engineer	V for Visionary	O for Officer	L for Leader	GRace INgénue

When in the illusion of separation, I **DREaM** of an out there, and look for **LOVE** in all the wrong places! Not knowing how to play with the energy or read the signs, I keep on resisting the good, while expecting a different result than the no good!

The word "DREaM" is code for FOUR shadow archetypes ignoring the 5th – blind to the "a" of an angel that could help them rise out of GReed. It is formed by the FOUR's last letters, last because these babies are so positioned in life's uterus that their "yes, BUTT" is delivered first, e.g.; D is for chilD, R is for saboteuR...

The word "LOVE" is code for FOUR light archetypes knowing that there is also a 5th and a 6th by which to be Fallen from GRace. It is formed by the FOUR's initial signs, because their communication comes straight from the Leader's Heart.

<u>Conscious</u> and <u>Unconscious</u> are a direct transmission of the two main biblical "God" Names. Note: the four universal archetypes of prostitute, saboteur, victim & child were first recognized by Medical Intuitive Carolyn Myss.



WHY \$care City?

BECAUSE, while my mind splits matter from spirit, I think that I'm the doer, in charge of making \$\$\$. This belief is limiting enough to lead me to 1. lots of fear, 2. compassion...

All cultures use creation myths to attempt to answer questions we all have on the origin of the Universe: what is real? What is my purpose? Who am I? Surprisingly, the Hebrew Bible has **two** creations stories featuring **two** different Adams, serving **two** different "God" Names, that is, **two** different Powers to create:

- **Gen. 1** features *Elohim*, the "God" Name of Primary Adam. Its **Power** is to create by way of **GR**ace: it says "let there be light," and sees that light was already here.
- **Gen. 2** features **YEWE** *Elohim*, the "God" Name of Secondary Adam. Its **Power** is to create by way of **GR**eed: its "Thou Shall Nots" prompt me to rebel until I don't. I then realize that this "God" Name is moved by the Power of Peace!

These **Adams** are **atoms** appearing randomly, with opposite beliefs on creation:

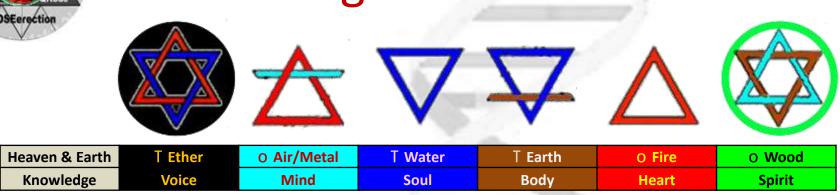
- **Primary Adam** thinks "I can" (Faith), and is in **Simultaneous Creation** (the Order of **Belove**): s/he knows s/he can choose to observe either a wave or a particle.
- Secondary Adam thinks "I can't" (Doubt), and is into Gradual Creation (the Order of Above): he has given his Power to an external "God" acting as a prime cause.

Note: translating "in the beginning" calls to **Above** or Gradual Creation; "Created-S6X," to **Belove** or Simultaneous Creation.





WHY "Going Into-IT?"



BECAUSE to be successful in my **Creation**, my **Mind** must be "**Created** male (o) and female (T)." This knowing requires that I would go into "IT," the **Fire**'s up-pointing triangle:

- **0.** Heart intuits (Download) \rightarrow 1. Mind thinks (Creation) \rightarrow
- 2. Soul feels (Attraction) \rightarrow 3. Body senses (Action/Manifestation).

When I don't listen to my **intuition**, I am disconnecting from my **heart**, **thinking** that I know what's for my highest good. Soon, I **feel** bad. My **Body** follows an insane mind.

Barashit Bara Elohim Et Hashamayim V'Et HaAretz

"Created SIX, God created the logos of Fire-Water and the Eros of Air-Earth." Transmission of Gen. 1:1 Hashamayim means 1. Heaven, 2. Fire-Water: when I hold the tension between opposites, I am in Heaven! HaAretz means 1. Earth, 2. Air-Earth: the quality of my mind-body connection rests on my going "into IT." Untranslated particle Et is formed by the alphabet's first and last letters, thus the "Logos" & "Eros."

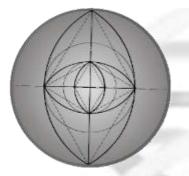
I SEE the life of symbols \leftrightarrow I HEAR and UnderStand: there's only **One** of US \leftrightarrow I Am Enough



WHY the PaRaDiSe Mystery School?



To END all mental suffering by clearing the confusion induced by the "God" label, whose abstraction keeps me lonely as I run from the **Mystery**, and angry as I won't own the **Truth** that I am creating IT all!



To be continued...

Episode 4: PAIRfecting; East's Tree Meet West's Flower

A Preview: PAIRfecting as East Meets West

- WHY Not Making Sense? BECAUSE I am afraid of what I would hear and see if I were to turn back on my psychic sense...
- Yes, but WHY Ancient Symbols? BECAUSE they attune me to life, since their energy moves in waves; their waves, in patterns; their patterns, in rhythms.
- Okay, but **Sanskrit?** BECAUSE its primal impulses can alter fixed patterns into new biological information.
- Okay, but WHY the Living Word? BECAUSE, upon realizing that the World evolves out of the Word, I find my sustenance in authentic communication.
- Great, so WHY S/Hebrew? BECAUSE its psychologically decoding allows for the sexual healing that is direly needed, individually and collectively.
- WHY the Phallic LORD? BECAUSE, not ready to be emPowered, I can't remove
 my blinders and can't see that my jewel-phallus is and was in my lotus-vulva.



GR's Episodes

"Happy are those who persevere to the end."

Transmission of Matthew 24:13

THE END of GReed is to hear/SEE the PAIRfection of ALL that is!

						_	V.	
9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
200		200			-3	To do		

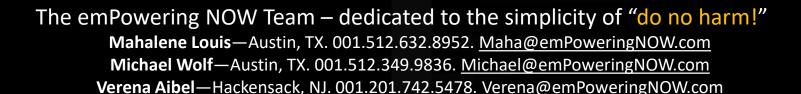
- Opening to Sentience the capacity of feeling and sensing that which is only felt and sensed when my relating is authentic.
- Changing with Numbers from a cute story about animals entering an ark in pairs, to a process to save me from my flood-inducing GReed, via connecting with "PAIRfect" non-human sentient animals.
- PAIRfecting with the male and female sides of my Tree and Temple of Peace as the subtle imaging of my mind.
- Engaging with the Tree of (my) Life and feeling its Number-Power as what sustains my dynamics of engagement.
- Completing with emPowering the NOW and looking at the very real possibility to transition from GReed into GRace.

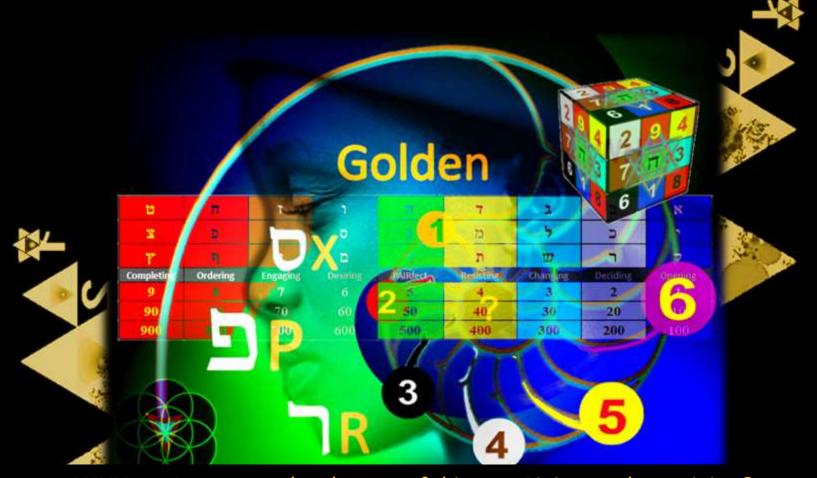


The Gølden Rule

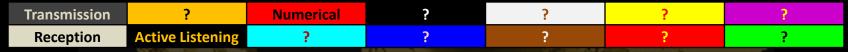
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9	Th	8	Н	7	G	6	∪ ∨ w	5	Е	4	D	3	С	2	В	1	*

→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results





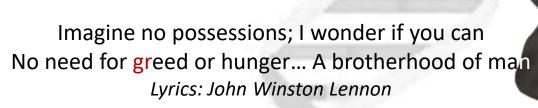
WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code: Episode 4



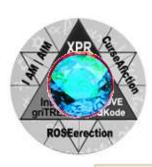
The Thumb of Desire



9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.





WHY Powerlessness?



What I resist persists! Therefore, for me to *not* heal my creation of family, food, sex, money or [_____], I must be refusing to heal! And it makes me wonder: WHY would I *say* I want healing, yet *act* as if I wanted to do harm? Moreover, WHY do I lie, when I thought that honesty was high on my list?

It's because I have a secret or two to protect... I think I'm safe; that people can't read my mind, and again, I am fooling myself! Humans are empaths: they can feel me and sense me, whether I or they choose to know it or not!

So WHY do I resist being emPowered? Because I am a sentient being without sentience – the capacity for feeling and sensing. I turn it off, especially when life gets intense! Something is lost in translation to me, as I am **Desiring** the bad instead of the good, and by **Resisting** the good instead of the bad. My Master numbers now turn into Monster Numbers; beast-like creatures!

999	888	777	666	555	444	333	222	111
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening





Cracking the GR-Code



In the last episode...

- WHY the QKabbalah? BECAUSE it is perfect to help me transition out of Greed, since its meaning is "receiving," and its sense, emptying!
- Yes, but WHY is Lesson, listen? BECAUSE I know what to do; I just don't want to do it. My not listening will eventually humble me.
- Okay, but WHY Tao in Torah? BECAUSE, although both words mean "The Way," there is a loss in translation by which I lost my way! Okay, but WHY
- the Matrix? BECAUSE, while the Name is the Mother of ALL life, I will eventually wish to end the serial births & deaths, and create community.
- Great, so WHY the Father? BECAUSE it is the spermatic word that passes on the information producing a new organism.
- And WHY Roger that? BECAUSE following the Voice is how I come to the Compassion that does what it takes to heal a situation.

I can hear that letter Y sounds as and is code for "WHY," but why is BECAUSE in caps n' colors? It is a gentle reminder that, since "I" create it all, I can BE CAUSE deliberately, until I'm done with trying to control IT all!

Table of Contents – PAIRfecting via East & West

- WHY Not Making Sense? BECAUSE I am afraid of what I would hear and see if I were to turn back on my psychic sense...
- Yes, but WHY Ancient Symbols? BECAUSE they attune me to life, since their energy moves in waves; their waves, in patterns; their patterns, in rhythms.
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WHY Not Sensing?



BECAUSE my fear of intimacy, that is, of intome-see, leads me to turn off my psychic sense...
However, the choice of Not Sensing has robbed me the possibility of Making Sense.

Hebrew word *Shema* for "Hear/SEE!"

Not Sensing	No SIXth Sense	No Smell	No Hearing	No Taste	No Sight	No Touch
Making Sense	Generosity	?	?	?	?	?

It makes no sense: WHY am I setting myself up to perceive lack, by looking for LOVE where it can never be found, out there? I say I want to be real, yet I can't stop the false sense impressions, as I won't turn within to hear the inaudible and see the invisible. I'm afraid to go in the dark, and look. Moreover, what would I do if I came to THE END of my search? No, no: I'd rather contribute to the story of pain, than to be all alone with the still small voice guiding my creativity. Yet I wonder, how would I turn back on my psychic sense?



WHY Symbols?

All ancient traditions allude to a great Power that lives in everyone and everything, a Power by which to transcend any challenge. However, it is as if a global event wiped out humanity's memory, and left a gap in our knowledge of Power. Scientists have endeavored for millennia to find the lost symbol by which to interface with the cosmic forces, heal the mind, and abort the greatest tragedies that humankind is facing. Yet, whereas they've mastered the number code, other dimensions of the Word, e.g.; the letters, keep on escaping them. There is a Hebrew book, however, whose subject matter is cosmogony (a Theory Of Everything). It is so ancient that its origin is unknown. It was potentially received by Abraham, which would make it a precursor to the Torah. Called Sepher Yetzirah for the "Book of Formation," it is so esoteric that it is yet to be understood as "the found symbol," to bring forth the transformation we seek. Feeling and sensing IT is how to break its seal: it then reveals itself as one of the most potent Wisdom teachings ever conceived. Yet to have such sentience, "I" must stop existing as an ego, knowing that emptiness is **form**, and **form** is emptiness. *The GR-code* came out of such accidental death.

BECAUSE of their *Power*—noun: 1. the marked ability to do or accomplish something. 2. the possession of command over the mind. 3. when plural, [divine] powers, the heavenly powers, an order of angels. 4. energy, force, or momentum.



WHY OM Sweet Om?



moves in waves. It's waves move in patterns. It's patterns move in rhythms.

Sanskrit mother letters dancing with Hebrew mother letters.

9 8 7 6 5 4 3 2 1

The sacred sound *Om* is the greatest of all mantras. Its sacredness is deepened by the sense that the world arose from sounds: *Om* is the mother of ALL that exists. It holds everything together, the Word that is the essence of the World. Its three sounds a-u-m espouse the structure of 9 (three trinities), and thus embody the universal essence of all numbers. The nine are the three worlds (Sky, in-Between, and Earth), the three major Hindu gods (Brahma, Vishnu, and Shiva), the three sacred Vedic scriptures (Rig, Yajur, and Sama).



BECAUSE its rhythms compel me to resonate with the Good Spell, and TranscenDANCE with it...

Geometry: The mathematics of the properties, measurement, and relationships of points, lines, angles, surfaces, and solids.

Gematria: a QKabbalistic method of understanding what consciousness does by computing the numerical value of Hebrew words and cross-referencing this value to other words of same value, e.g.; when I see that word *Nachash* ("snake") and *Mashiach* ("Messiah") have the same value, it eases my embracing the dark. *Om:* the supreme and most sacred Sanskrit syllable, consisting of the 3 sounds (a), (u), and (m), representing the complete World of Brahman as the triad of creation (electric), preservation (electro-magnetic) and destruction (magnetic), the spoken essence of the universe.

GeOMetry pertains to the relationship of sound and form, a study already mentioned by Galileo and made popular through the work of Hans Jenny, who coined the word *Cymatics* to address the physical patterns produced by the vibratory interaction of waves. Jenny based his discoveries on the fact that Sanskrit and Hebrew are the only two languages in existence in which the audible sounds and the visual characters are an exact match.



WHY Seeing Sounds?

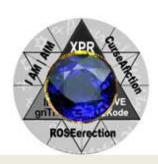


BECAUSE it makes it easier to feel that everything is vibration – how the World is a giant symphony of sounds, with each entity represented by a unique underlying numeric essence...

Hebrew word *Nequdah* for "dot."

Mother letter	Mem	Aleph	Mem	Aleph	Shin	Shin
Geometry	1 dot	6D/Hexagon	5D/Star	4D/Square	3D/Triangle	2D/Line
Elementary	Ether	Air/Metal	Water	Earth	Fire	Wood

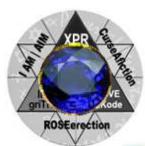
Geometry's shapes are harmonic modules to uplift the soul. As felt by Egyptians and Greeks, "geometry is frozen music." The laws of the former govern the mathematic intervals that make up the notes of the music scale. When sound changes, matter changes. All things are only an expression of something numeric or harmonic, which is to say that God is a geometer, and the world, a musical instrument tuned to that which contains it. An ultimate vibration would have to be based on the Golden Mean, which is the ideal moderate position between two extremes conveying the felt sense that I am Enough.



Words & Consciousness

"In the beginning was the Word, and the Word was with God, and the Word was God." John 1:1

Language is generally viewed as an abstraction, a man-made creation intended to serve an intellectual understanding. Developmental sciences of human development point out how, as soon as language is introduced, the child ceases to be multimodal, that is, to think as an artist. Daniel Stern showed that the emergence of language at age 4 is at once highly creative and destructive (The Interpersonal World of the Infant, 1985). It wipes out the holistic view of the world the child had held thus far, replacing it with an entirely new dimension of mental life – that of verbal language – and leading it to adopt a more categorical, analytical view of the world. Adults are not any luckier: Susanne Cook-Greuter has shown that individuals reaching the highest level of development will come full circle by experiencing language as an "illusion," incapable of rendering reality in all of its fluency and complexity (Postautonomous Ego-Development, Harvard Dissertation, 1999). Science also offers that the words we use construct the world we see. Therefore, it is not that consciousness evolves from the World, but more that the World evolve out of consciousness. This begs the question: what language could help me evolve consciousness to the end of "the World," when I go beyond giving my Power to the belief that there is an out there out there?



WHY Opening my "I?"



BECAUSE, for me to see what is really here, and not what I *think* "should" be, I must feel within the UnderStanding that there is only One of US...

Hebrew word [Ha]Binah for "[THE] UnderStanding." Also the Name that spins the subtle center of the 3rd eye.

Hunger	For Attention	For Being Right	For Contact	For More	For Discontent	For Getting It!
Purity	Sanctuary	Innocence	Nurturing	Prosperity	Loving-Kindness	Consciousness

The more conscious I am that the World evolves out of consciousness, the more this "Word made flesh" nourishes me. For now, I am hungry, to begin with, for your Attention: I want you to love, approve and recognize me! Naturally, I can't get NO satisfaction! I'm in pain, as I don't know that there's no one out there, and that the "it" I'm looking to get and understand is me! Where is this UnderStanding that will appease the Beast in me, and satiate its hunger?





WHY Sense-Sanskrit?



BECAUSE hearing or seeing its words can trigger primal impulses that alter fixed patterns into new biological information, bringing healing to the cells.

State	Altered	Deep Sleep	Dreaming	Waking	Conscious	Nameless
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Here is how real Sanskrit is in conveying an alignment between what is being said and speaking the Truth: The visual and auditory components of *Om* interact to Alter my state of mind:

- 1st Curve Deep sleep: there is no "I" or eye to focus on a desire or a resistance. This curve pairs up with M sound, the Om's closing sound: my lips are closed!
- 2nd Curve Dreaming: I am turned inward, viewing the world behind my eyelids. The signs pairs up with the in-between traveling sound U: my lips are closing.
- 3rd Curve Waking: my "eye" is turned outwards, through the gates of the senses. The sign pairs up with primal sound A, coming from the back of the open mouth, it includes and is part of all sounds.
- 4th half circle Conscious: "I" see both, the underlying illusion and the reality that support the appearance of the three transient states. Silence becomes my friend.
- 5th Dot Nameless: there is no seer, seen or seeing. Having merged form and force,
 I rest into an absolute state illuminating and sustaining ALL previous states. Therein
 is the sound of no mind: complete silence.





One-Sided

Balanced

Elegant

WHY SCaReD of Sex?

Stable



When resisting the way of the West that encourages competition and seems to rejoice in " \mathbf{J} this is a man's world," am I choosing to withdraw from the Sacred Masculine? Moreover, is it Power that is to blame, or the fact that I misuse it when the Force is not with me? Male Power vs. female Force can only source a lot of unhappiness, individually and collectively. Would having another way to look at the scriptures unite Force and Power, restoring the Sacred Feminine to the West and the Sacred Masculine to the East?

Even-tempered

Unselfish

Energetic

Misguided

Discreet



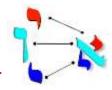
WHY S/Hebrew?

BECAUSE it is the PAIRfect medicine to soothe a 7-year itch that has now become **inflamed** as a 3x7 million-year itch that is antagonizing men and women.

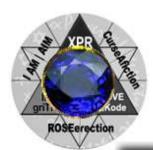
"Three Mothers: Aleph, Mem, Shin; Air, Water, and Fire. Fire is above, water is below, and air of Breath is the law that decides between them. And a sign of this thing is that Fire support Water. Mem hums, Shin hisses, and Aleph is the Breath of air deciding between them." Sepher Yetzirah, 6:2.

Fire's up-pointing triangle is my male side. It is invoked by Hebrew sign named *Shin*, the "tooth" starting the fire of metabolism. Water's down-pointing triangle is my female side. It is invoked by Hebrew sign *Mem* for "pairs of waters." As for Aleph, it is the point of intercourse in between, the exact biblical knowledge that has lovers reaching and merging into each other, until they forget their identities.

Aleph is so unidentified that its shape (*) hints to the 3 Mothers (Shin Fire, Mem Water, and Air in the middle. Also, it begins as the A sound of *Om*, and then sends itself as the U sound. The process looks like this



While the male Shin hissing sound is part of the 3 Hebrew Mothers, it is not in the 3 Sanskrit Mothers. Now may be the time to heal the Sacred Feminine and the Sacred Masculine, to begin by seeing the core purpose of its flamed letters: to reduce the inflammation resulting from misusing Fire-Power.



WHY a Phallic LORD?



Code breakers are spellbound: there are enough proofs to accept that *the Bible Code* may just be the most astute instrument of prophecy. Yet prophets are in the Now: the Bible code yet to be felt is the one waking me up from the dream of "I am the body," and ideally, a man. This conditioning may be how the most potent Hebrew "God" Name is distorted as "LORD," while it equally involves and honors the LADY! It is also how I know of only one circumcision (the phallus) out of the FOUR that the Bible suggests to remove the <u>obstacles</u> to my being <u>emPowered</u>: 1. the phallus (to transcend Urges), 2. the ears (Indiscipline), 3. the lips/tongue (Intoxication), 4. the heart (Self-loathing).

To be continued...

Episode 4: Engaging the two Trees of (my) Life

A Preview: Engaging Two Trees of Life

- WHY the Hindu Tree of Life? BECAUSE each of its 7 chakras is a **QKosmic link** that join the above of consciousness to the below of physiology.
- Yes, but WHY the Sun and the Moon? BECAUSE these two flows is when the male and female side of me merge, I can remain on the middle path.
- Okay, but **WHY is the Snake Power Dormant?** BECAUSE **Awakening** is the name of the Earth game. When I succeed, the Snake turns into a Messiah.
- Okay, but WHY does the Hebrew Tree split the 3 flows? BECAUSE its diagram gives more data on how to hold the tension in the 3 most intense chakra.
- Great, so WHY is it the Dragon's Fault? BECAUSE the room 666 is where my Desire body lets itself be seduced, as it is yet to learn how to use divergence.
- WHY the TWIN Wills? BECAUSE, until I hear "Thy Will Is Not Separate," I will
 not know the difference, and won't be able to succeed in my creation.



GR's Episodes

"Happy are those who persevere to the end."

Transmission of Matthew 24:13

THE END of GReed is to hear/SEE the PAIRfection of ALL that is!

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
		200						336

- Opening to Sentience the capacity of feeling and sensing that which is only felt and sensed when my relating is authentic.
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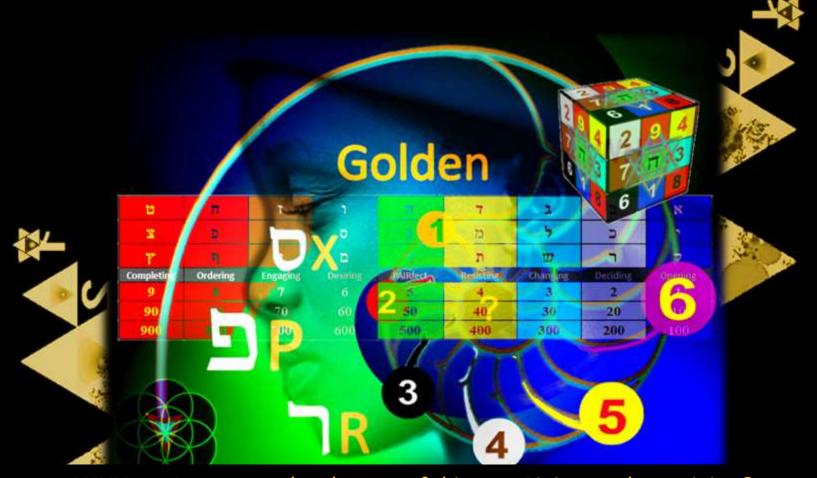
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9	•	8	3	7	7		6	5	5	4	1	3	3	2	2	1	
Comp	leting	Orde	ering	Enga	ging	Des	siring	PAIR	Rfect	Resi	sting	Char	nging	Deci	ding	Оре	ning
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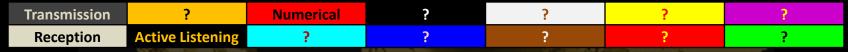
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 merge
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 I have my results



Verena Aibel — Hackensack, NJ. 001.201.742.5478. Verena@emPoweringNOW.com



WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code: Episode 6



The Thumb of Desire

Imagine no possessions; I wonder if you can
No need for greed or hunger... A brotherhood of man

Lyrics: John Winston Lennon

9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.





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- Yes, but WHY is Lesson, listen? BECAUSE I know what to do; I just don't want to do it. My not listening will eventually humble me.
- Okay, but WHY Tao in Torah? BECAUSE, although both words mean "The Way," there is a loss in translation by which I lost my way! Okay, but WHY
- the Matrix? BECAUSE, while the Name is the Mother of ALL life, I will eventually wish to end the serial births & deaths, and create community.
- Great, so WHY the Father? BECAUSE it is the spermatic word that passes on the information producing a new organism.
- And WHY Roger that? BECAUSE following the Voice is how I come to the Compassion that does what it takes to heal a situation.

I can hear that letter Y sounds as and is code for "WHY," but why is BECAUSE in caps n' colors? It is a gentle reminder that, since "I" create it all, I can BE CAUSE deliberately, until I'm done with trying to control IT all!



WHY "the Three Will?"



realize that "IT is written:" whatever experience this body is to have was already decided at its birth. I will then let go of my "free will," that is, of trying to control it all.

Hebrew word *Etz* for the "Tree" of Life, and the "Tree" of the Knowledge of Good and Evil," which is my ego Death, when I feel "not my Will..."

State	Altered	Deep Sleep	Dreaming	Waking	Conscious	Nameless
Stage	Shame	Causal	Subtle	Gross	Witness	Light

My freedom is to choose to believe that there is an end to the BS, and my responsibility, to decide to know that, and be free. When I am the light body, the right and left sides of my brain join to run the force alternatively on 3 circuits: Electric (+) / right hand: I desire what is "GOOD" or pleasurable. Magnetic (-) / left hand: I resist what is "EVIL" or harmful. Electromagnetic (+/-) / joined hands: I love what IS. When in the shame body, my wires are crossed: I am in a WAR of Sexes that has my Female Will trying to control you, and my Male Will trying to control me.

Table of Contents – Completing with Sacred Numbers

When 10 Digits of 10 Fingers join in having 0 doubts about being 1 with everything, I hit 100% purity. I can wait, as I am not identified to "I am the doer," and unconcerned by the illusion of choice. Having nothing left to lose or to prove frees me from my bondage to appearances. I'm simply in the sanctuary of the Eternal NOW, in a place of great beauty; of Big LOVE. This is true meditation: I feel an ardent single-pointedness transcending sitting, saying mantras or studying. Utterly absorbed in the action, I am free of the action, and more alive than ever! It doesn't matter whether the task is ordinary or extraordinary: the profundity and the sacredness of the moment comes from my being totally consumed by its life, its truth, its way: I am devoted to following the Voice to THE END, and beyond... As "PLAYsure" enters my being, REALigion — a religion so "God" and REAL is it lived from within — naturally blossoms in me.

-		2	and y			- Control		4
9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
Crown	3 rd Eye	Throat	Navel	Heart	Navel	Throat	3 rd Eye	Root
			A. Hilliam .		Addition 7 No. 10			

W 11 C 118

Male pilla

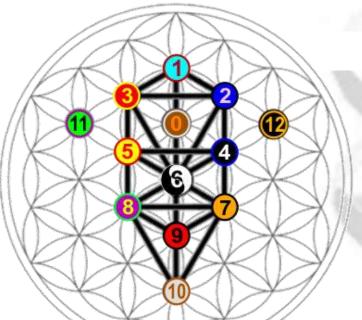
Middle

Female pillar





WHY 12 Disciples?



BECAUSE I have chosen to ignore that I create IT All, and to forget that I Am "IT," and, as such, a know-IT-ALL who has enough humility to know nothing, and forgive those who don't know...

XPR's Number	7	9	4	10	5	8
High Created-6	Appreciation	Honesty	Wisdom	QKingdom	Power	Perseverance
Low Created-6	Eating	IS-REALity	Understanding	Unlearning	Kindness	Speaking
XPR's Number	12	1	2	0	3	11

When I've "unlearned" enough to be able to abide in the Heart chakra, no matter how <u>High</u> or <u>Low</u> I need to go, I know WHY its Hebrew Name is [E]Tiphereth for [the] "Beauty" I create via my words: its letters ETPART can be transposed as PRE TAT, and read *Parah Tah-Et* for "fruitful as the Word made flesh," via the <u>Created-SIX</u>. It echoes *Abracadabra*, Aramaic for "I create as I speak."



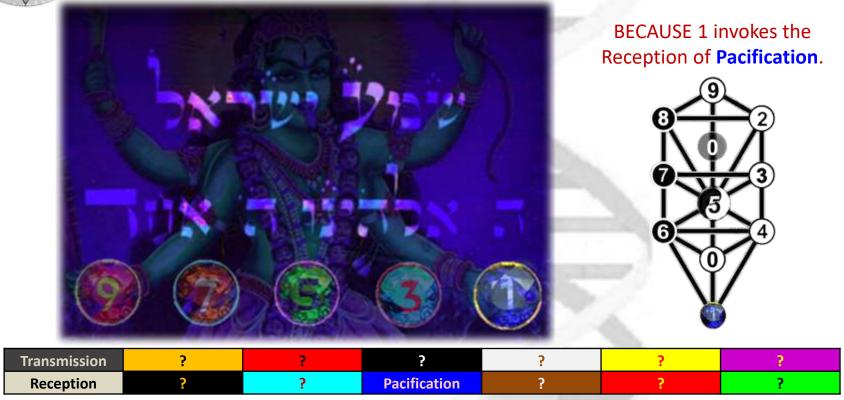
WHY 10; not 9 or 11?



The Tree is a treasure map, leading me to the Self. The "PAIRfection" of the Nine Chambers is found in number 5 energizing the heart chakra at the core of it all, or in "PAIR," e.g.; 2+8 add up to a 10. What is new is the apparition of cipher 0; I am curious to see how that is of help to me.



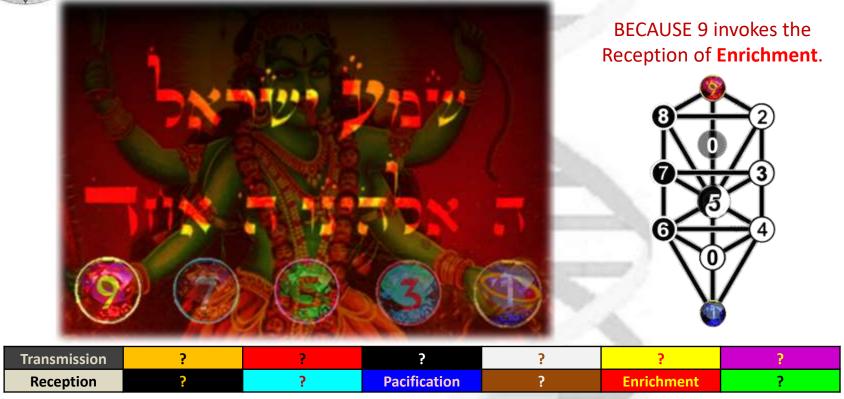
WHY 1-Opening?



1-Opening energizes the Root chakra, Hebrew *Malkuth* for "QKingdom." Have I opened to Receive and come into enough Pacification to get a feel for the Earth beneath my feet, as I transform matter into energy? Am I even willing to stay in Peace when I have the rug pulled from under my feet?



WHY 9-Completing?



9-Completing energizes Kether, Hebrew for "Crown" chakra: when I accept that REALity rules (as the "Crown"), I am REAL enough to invite everyone and everything: if rage is here, that is what is. If GReed is here, I welcome it: nothing is forbidden, resisted, repressed or denied. This majesty is what makes for a Rich life!



WHY THE UnderStanding?



BECAUSE, until I come to THE UnderStanding that there is only One of US, I will give my Power to the "Devil," that is, to what I project *out there*.

The word "Devil" comes from Greek *diabellein* for "to throw across, to project."

The FOUR ? prostitutE saboteuR victiM chilD ?

The Hebrew text is the first line of the *Shema* for "Hear and Understand." It is at core of the three Abrahamic religions, and yet to be *transmitted* (and not just translated) so as to be felt: "Hear, O you who IS REAL, the Power of Peace is ours, when One with "the FOUR!" How would my life change if I'd embrace what is, e.g.; my wounded child?



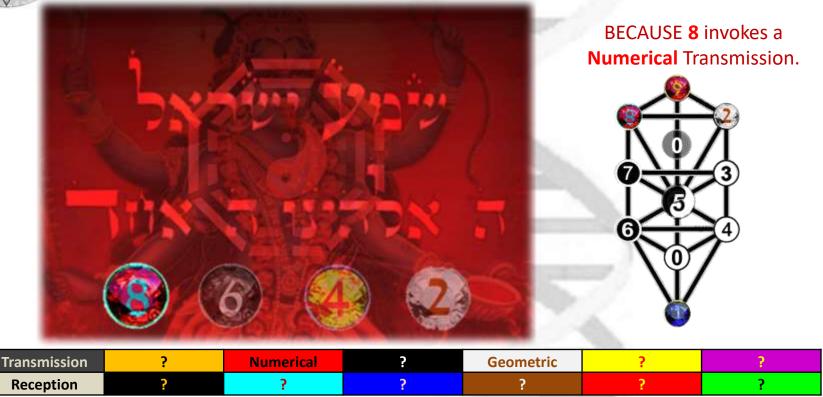
WHY 2-Deciding?



2-Deciding energizes the 3rd eye (female side): its Hebrew name is *Binah*, for "Understanding" myself. When I can't decide to not be affected by outside influences, there is something I am not hearing. By being **Geometrical**, as in "measure of the Earth," a language can assist me to SEE what I couldn't perceive, and come to Peace; the Power beyond Understanding.



WHY 8-Ordering?



8-Ordering energizes the 3rd eye (male side): its Hebrew name is *Chesed*, for "Kindness," the highest form of Wisdom. When my giving is so unconditional that I don't expect any return on my "investment," a new order takes place by which Kindness spontaneously rises to the 3rd eye, as I now act from UnderStanding the One of US.



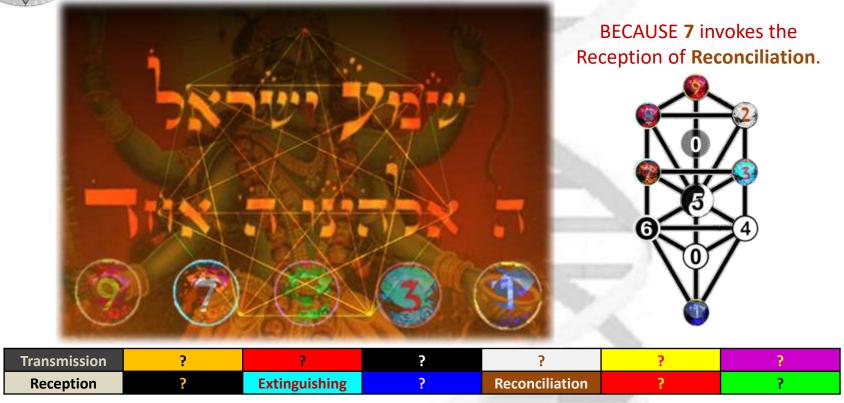
WHY 3-Changing?



3-Changing energizes the throat chakra (female side): Hebrew *Chokmah* for "Wisdom" engraves the entire Tree of Life. Since any real Wisdom comes from folly, I need her to come down to my level so that I'd know the difference between what I can change, and what I can't. I then die to who I *think* I am, and receive the **Extinguishing** of the many forms of my insanity.



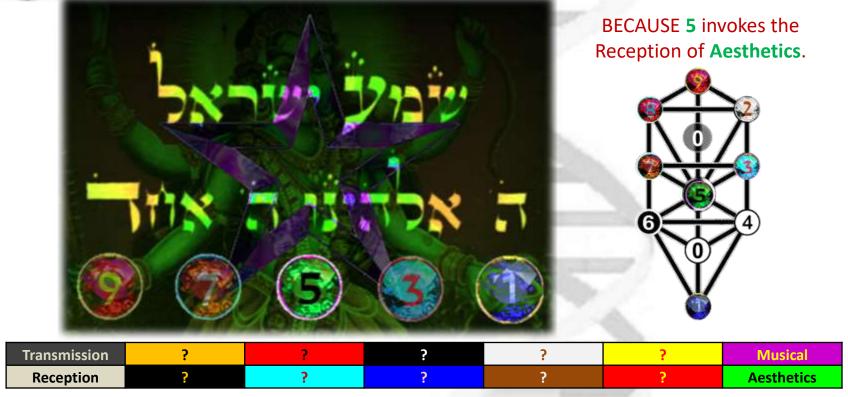
WHY 7-Engaging?



7-Engaging energizes the throat chakra (male side): Hebrew *Gevurah* for "Power" is behind all dynamics of engagement: when I love my enemy as myself, and do not let the ego triumph over me, I receive **Reconciliation**. This communication emPowers me to hold the tension, and wait to make a decision until I am beyond the fear of making a decision.



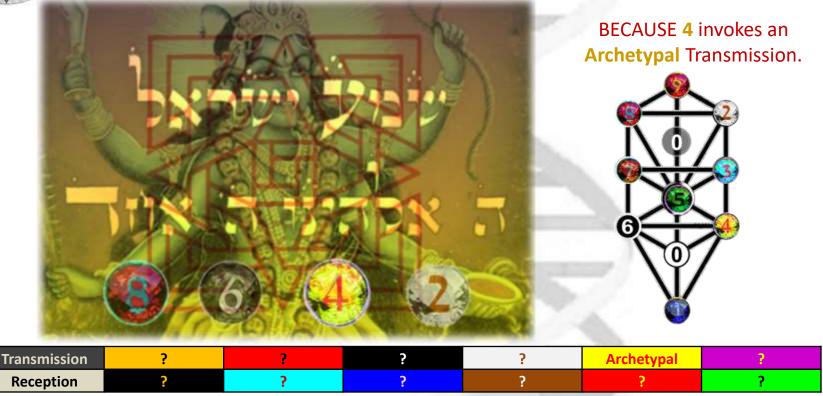
WHY 5-PAIRfect?



5-PAIRfect energizes the heart chakra; the core of the Tree. There is only **One** way to abide in the center of my integrity: to fulfill my Soul Contract, and transform GReed into GRace. As I the curse becomes a blessing, I receive **Aesthetics**: my heart's desire and the beauty of my service is seen and heard. This is how **5** is *Tiphereth*, "Beauty" to my eyes, and **Music** to my ears!



WHY 4-Resisting?



4-Resisting energizes the navel chakra (female side); Hebrew Hod for "Appreciation" opens me to relate differently to negativity, and to feel it as exact, alive and awake. The less I contract when goes against my plan, the more I hear/SEE the dark patterns that dance in me as an ancient archetypal energy inscribing my DNA with new blood – if I let it.



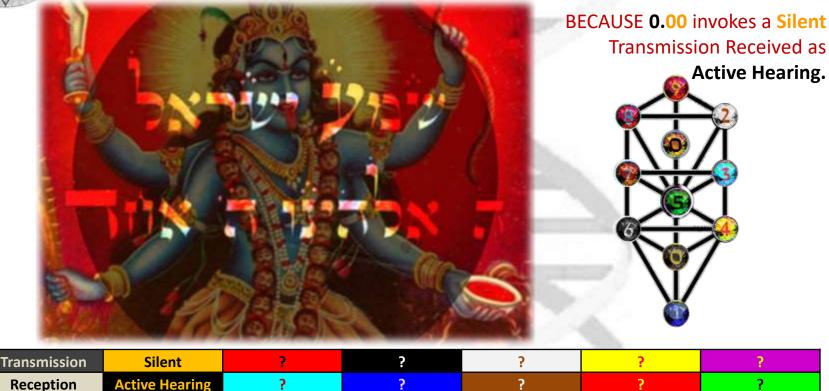
WHY 6-Desiring?



6-Desiring energizes the navel chakra (male side); Hebrew Netzach for "Perseverance" is where I UnderStand that compassion is intimacy: it is to be so clear with my motivations that I do what it takes to heal a situation, and don't quit until it is! My clarity is ideographic in nature, as if my Soul was drawing me a map, so that I wouldn't get lost in ego desires!



WHY 0-Suspending?



O-Suspending is at the level of the sex chakra: it is *Yesod*, the "foundational" honesty, without which I can't redirect my energy towards the upper 0, a sphere that is "here and not here." It is *Daath*, the "knowledge" that **hears** and understands that it is not about me. When 0 comes to me, it is as the **FOUR** hands of goddess "KaLilith:" she puts her money where her mouth chakra is, demanding that I'd put something to death. As the end of my macabre dance with Her, she'll leave a pearl of consciousness, shining the light that I Am.



Fulfilling the Law

	Wheel	Translate / Transmit	Rung	"Wheel"	Chakra
1	Kether	"Crown"/ IS-REALity	Crown	1000-fold	Sahasrara
2	Binah	"UnderStanding" / 1 of US	3 rd Eye	Command	Ajna
3	Chesed	"Kindness" / LOVE is Kind	3 rd Eye	Command	Ajna
35	Daath	"Knowledge" / OWL-Edge	Mouth	n/a	n/a
34	Okhel	"Eating" / ET Metabolizing	Mouth	n/a	n/a
33	Dibri	"My Word" / SpeaKING	Mouth	n/a	n/a
4	Chokmah	"Wisdom" (I DO)	Throat	Purification	Vishudha
5	Gevurah	"Power" (not POWer)	Throat	Purification	Vishudha
6	Tiphereth	"Beauty" (Be U to a T)	Heart	Unhurt	Anahata
7	Hod	"Praise" / AppreCIAtion	Navel	Jewel City	Manipura
8	Netzach	"Victory" / PERseverance	Navel	Jewel City	Manipura
9	Yesod	"Foundation" / HONEstY	Sex	Sweetness	Svadhisthana
10	Malkuth	"Kingdom"/ QKingdom	Root	Support	Muladhara

"Do not think that I have come to abolish the Law of Moses, or the writings of the Prophets;

I have not come to abolish them but to fulfill them." Matthew 5:17

While Golden XPR departs from rabbinical Kabbalah in its understanding for Chokmah, it is nevertheless true to Sepher Yetzirah which transmits its letters as Mah Koach for "Ground of Power." This transmission unfolds in latter books.

To be continued...

Episode 0 – THE END

I walk in the Sunset with my ego,
living happily forever after...



– Nullifying: from GReed into GRace



WHY the Question Mark? BECAUSE All things – Good or Bad – have an END. WHY Created-S6X? BECAUSE three world cosmologies joined forces by combining their six elements to make Heaven on Earth elementary. WHY One Light? BECAUSE it illuminates how birthing the light within grants the GRace of "PAIRfect" balance between my male and female sides. Also BECAUSE the decoding of Noah's story gives it depth and purpose. WHY the TWIN Mission? BECAUSE somebody had to do it – reconcile science and religion.

WHY Global? BECAUSE Hebrew becomes comprehensive when it is seen as Sacred Geometry: just like music or mathematics, it now belongs to all. WHY Golden eXPiRe: BECAUSE I know what to do, I just don't want to do it.

WHYS/WISE	Question Mark?	Created-S6X?	One Light?	TWIN Mission?	Global?	Golden XPR?
BECAUSE	The Difference	Elementary	Grace	A Necessity	One Language	To do no harm



GR's Episodes

"Happy are those who persevere to the end."

Transmission of Matthew 24:13

THE END of GReed is to hear/SEE the **PAIRfection** of ALL that is!

			_				V.	
9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening
300		33.0				E TO		

- Opening to Sentience the capacity of feeling and sensing that which is only felt and sensed when my relating is authentic.
- Changing with Numbers from a cute story about animals entering an ark in pairs, to a process to save me from my flood-inducing GReed, via connecting with "PAIRfect" non-human sentient animals.
- PAIRfecting with the male and female sides of my Tree and Temple of Peace as the subtle imaging of my mind.
- Engaging with the Tree of (my) Life and feeling its Number-Power as what sustains my dynamics of engagement.
- Completing with emPowering the NOW and looking at the very real possibility to transition from GReed into GRace.





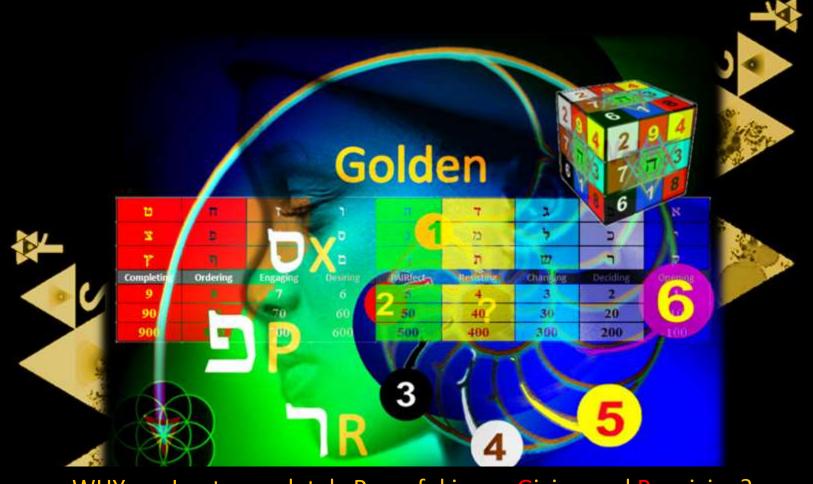
The Gølden Rule

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		PAIRfect		Resisting		Changing		Deciding		Opening	
9	Th	8	Н	7	G	6	∪ ∨ w	5	Е	4	D	3	С	2	В	1	*

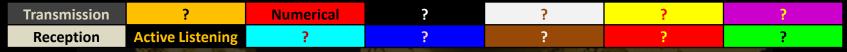
→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results

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Verena Aibel — Hackensack, NJ. 001.201.742.5478. Verena@emPoweringNOW.com



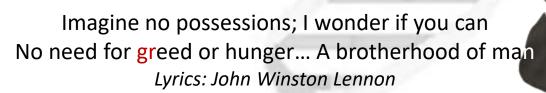
WHY am I not completely Peaceful in my Giving and Receiving?



Cracking the GR-Code: THE END



The Thumb of Desire



9	8	7	6	5	4	3	2	1
Completing	Ordering	Engaging	Desiring	PAIRfect	Resisting	Changing	Deciding	Opening

I remember projecting a light on my hands to form the shadow of an eagle... Since ancient times, Eagle has taught "me" to connect to my heart, and see that which is invisible to the eyes. Its feathers are a most sacred healing tool, as Eagle "flies closest to the Sun," illuminating a Truth that will set me free. This same eagle, who inspires me to reach for the sky, grounds my action by suggesting a master code: its head and wings are the digits of my left hand and of my right hand united in Giving/Receiving. When the palms are facing me, the fingers of my left hand are to the right, and of my right hand, to the left. When I refuse to see the PAIRfection of what is Given and Received, it is because I want to fly solo, separated from Spirit's guidance. My right hand no longer knows what my left hand is doing, as my left thumb – finger #6 – just chose to detach out of Desiring to pursue my own private goals.



The KISS of Truth







Cracking the GR-Code

In the last episode...



- WHY the QKabbalah? BECAUSE it is perfect to help me transition out of Greed, since its meaning is "receiving," and its sense, emptying!
- Yes, but WHY is Lesson, listen? BECAUSE I know what to do; I just don't want to do it. My not listening will eventually humble me.
- Okay, but WHY Tao in Torah? BECAUSE, although both words mean "The Way," there is a loss in translation by which I lost my way! Okay, but WHY
- the Matrix? BECAUSE, while the Name is the Mother of ALL life, I will eventually wish to end the serial births & deaths, and create community.
- Great, so WHY the Father? BECAUSE it is the spermatic word that passes on the information producing a new organism.
- And WHY Roger that? BECAUSE following the Voice is how I come to the Compassion that does what it takes to heal a situation.

I can hear that letter Y sounds as and is code for "WHY," but why is BECAUSE in caps n' colors? It is a gentle reminder that, since "I" create it all, I can BE CAUSE deliberately, until I'm done with trying to control IT all!



– Nullifying: from GReed into GRace



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WHYS/WISE	Question Mark?	Created-S6X?	One Light?	TWIN Mission?	Global?	Golden XPR?	
BECAUSE	The Difference	Elementary	Grace	A Necessity	One Language	To do no harm	



WHY the Question Mark?



BECAUSE it marks entering into "PaRaDiSe," a process that completes in Self-knowledge; when I know the Difference between good and evil.

Hebrew *PaRDeS* for "orchard" is an acronym: sign P is *Pshat* for "Plain, Practical meaning, R is for *Remez*...

On a Limb?	Resisting	?	?	?	?	?
WHY PaRaDiSe?	?	D for Difference	R for Recall	P for Practicality	S for Secret	?

"Out of the ground the Power of Peace grew every tree that is pleasant to the sight, and good for food, and in the midst of the garden, the tree of life and the tree of the knowledge of good and evil" (Gen. 2:9).

The GOD Name for "Power of Peace" energizes the 3rd eye, in the sphere of Understanding. When I perceive that there's only One of US, I am at Peace. When I don't, there is something I can't hear/SEE: if I were to eat from Knowledge, I would die to who I *think* I am, stop doing not harm, and "receive" the Power of Peace.



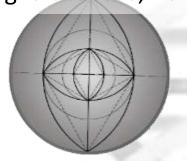


WHY Created-S6X?

BECAUSE the main three cosmologies – Taoism, Hinduism and Judaism – comprises SIX elements that were invoked by the mothers to make the creation of Earth as Heaven elementary.

Resistance	Loneliness	Sadness	Shame	Fear	Hatred	Anger	
Liquid	Honey	Blood	Tears	Milk Urine		Wine	
Solid	Black Ether	Azure Air/Metal	Blue Water	Brown Earth	Red Fire	Green Wood	
Desire	Aloneness	Freedom	Satisfaction	Integrity	Transformation	Consciousness	

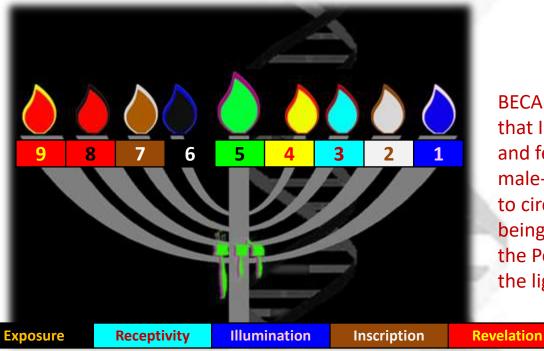
Resistance is a **Desire** to be without, e.g.; money. **Desire** is a **Resistance** to be without, e.g.; money. These twins think they know what "should" be [no pain, lots of money]. The unconscious judging ("this is good, this is evil") is what I use to avoid going within – in the aloneness that fulfills my true **Desire**: to have nothing left to lose; no secrets to conceal.





Opportunity

WHY the One Light?



BECAUSE it reveals that I am created male and female: being male-like is the Power to circulate the light; being female-like is the Power to receive the light, and hold it!

Walking Away

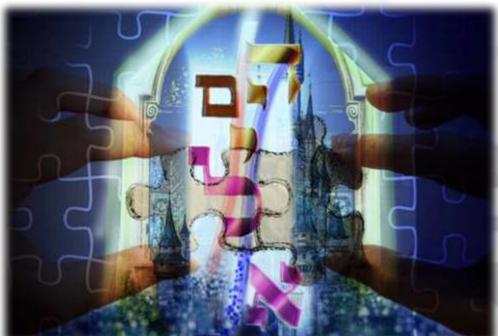
Hebrew word *Chan* for "Grace." Turned around, the pair of animals writes *Noach* for "Noah." As *Chan-u-kah*, it is the "GRace to stop [the GReed] on the 25th" of Hebrew month *Kislev*. Christmas is also on the 25th "day".

The holiday of *Chanukah-mas* witnesses the miracle of **Illumination** – when I fully released my will. Such enlightenment occurs in the darkest and coldest "season;" in the winter of my soul. Such "rest" is also *Shabbat*, on the 7th day (25=2+5=7).





WHY Jealousy?



BECAUSE Cain (the "jealous" brother) is the first and last fallen angel, destined to touch bottom, and BECAUSE jealousy tells me exactly what my heart desires in order to fulfill my soul, and what my mind thinks I am not good enough to "receive."

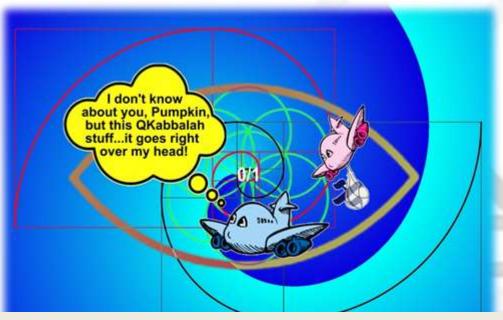
Hebrew *Elohim* for the "God" Name creating via the S6X.

Jealousy	Fragmentation	Perpetuation	Discontentment	Pathology	Degeneration	Banishment	
Completion	Due Diligence	Sureness	Overflow	Valiance	Earnestness	Deliverance	

I am taught to resist and deny <u>Jealousy</u>. Yet this is a grave error, as jealousy is a messenger sent to me. Let's imagine that I would watch a skilled magician: I may totally enjoy the show, yet have no pangs telling me I'm envying his mastery. Yet, if it were a beautiful woman getting all the men's attention? I would get the pangs, provided I didn't repress them! The message? "Being a beautiful woman is in your Soul Contract: seeing your beauty is a piece of its puzzle! You'll know when your puzzle is <u>complete</u> as life becomes a 24/7 meditation."



WHY a Global "SOULution?"



for "receiving" is the Soul of the Teaching, and BECAUSE the Path of eXPiRe allows for this "receiving" to no longer be Greek to me, now that Hebrew went global as the language of Sacred Geometry!

→ I see a PAIRfect alphabet joining 9 Completing AND 1 Opening ↔ my right brain and left brain merge ←

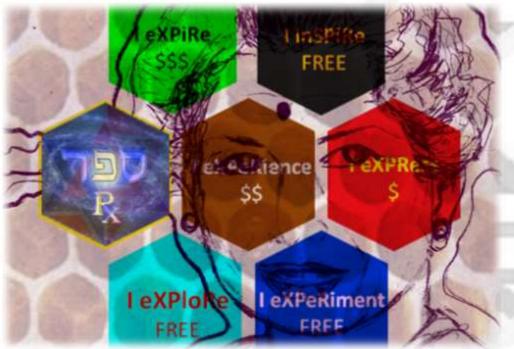
9 Completing 8 7 6 5 PAIRfect 4 3 2 1 Opening

The **emPowering NOW** family holds the hypothesis that One language existed before the beginning of time and mind. Having both a geometrical shape and an algebraic numeral, Hebrew is the material carrier I may just be looking for. To find honesty, I needed to master the art of making the numbers speak! This art, Sacred Geometry, is the *QKabbalah*, or the Soul of the Way. It leads me to THE END of the BS, to being accountable to writing the pages, making the money, etc., via a truth that is MEASURABLE. But, WHY keeping a count?





WHY Golden XPR?



BECAUSE I know what to do to have what I say I want. I just don't want to do it. In the space-time of this resistance, I forget the **Gold** of "do no harm!"

Golden XPR	1	2	3	5	6	
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPRessing	eXPIRing

I am you, an ancient soul who came back from the future to "digest" a given area of greed, and play my part in healing the Earth. Greed is more than a rapacious desire for wealth. It is a will directed to Power; to controlling you, me, it; the world! It is the voice saying: "I can stop anytime," and doesn't hear its own screech. It is the anxiety that won't quit, as it fears "\$care City!" It is also the avenger in me, who leads me to forgive. GReed then <u>Transforms</u> into GRace; my heart opens to a LOVE that is unconditional, and my mind, to the sense of Enough.



WHY Not?

BECAUSE "we shall not cease from eXPloRation, and the end of all our eXPloRing will be to arrive where we started and know the place for the first time" TS Eliot (colors & CAPS Golden XPR).

	UnderStand. Come in Peace. emPower the NOW.													
Golden XPR	Prerequisite	Inquiry	Results	Logistics	Investment									
Cracking	None	WHY are my G iving	UnderStanding mind,	Solo. Internet.	Free									
the GR-Code		and R eceiving at odds?	time, sex and money.	6x20 min.										
It's "A B-	None	WHY do I feel SO	UnderStanding signs	Free										
Ginning"		lonely at times?	are vital to (my) life.	15 min.										
Hear/SEE	None	WHY am I so afraid of	UnderStanding WHY I	Solo Course.	Free									
(H/S)		Power?	would do harm.		Web Registration									
The WHYS Bite	TWLB	WHY cannot I create	UnderStanding destiny,	Solo Course.	Free									
(TWB)		my preferred reality?	free will, and creation.		Web Registration									
The PaRaDiSe	TWLB	WHY am I repeating	UnderStanding the	Community Offering	Free									
Circle	TWB	the same error?	order behind creativity.		Web Registration									

When I live by "do no harm," I don't need any of this, although I may appreciate its generosity.

Golden XPR is for the me who is yet to hear the Golden Rule's practicality.

Time & Money	FR	EE Resources: just tim	ne!	FEE Resources: Time & Money				
Golden XPR	QK at the Movies	Hear/SEE	PaRaDiSe Circle	THE END Quest	The WHYS Tree			
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPRessing	eXPIRing		



WHY the TWIN Mission?

BECAUSE someone had to do this! "This [that science and religion each—tend to deny significance, even reality, to the other] is a massive and violent schism and rupture in the internal organs of today's global culture, and this is exactly why many social analysts believe that if some sort of reconciliation between science and religion is not forthcoming, the future of humanity is, at best, precarious." Ken Wilber, The Marriage of Sense and Soul.

The Mission of XPR (eXPiRe) is to reveal the inherent order in the chaos of knowledge. When I perceive that there is a universal code to hearing and seeing the soul of perennial truths, the visible and the invisible merge (I stop lying), the hunger for LOVE is satiated (I crave nothing), integrity is naturally embodied (I do no harm), and an aware civilization emerges (I love IT all).

Religion	Scriptures	Scriptures Good & Evil		Laws	Rituals	"God"	
Science	Force	Space-Time	Energy-Matter	Possibilities	Consciousness	Motion	

The Mission of emPowering NOW LLC is to bring forth the <u>Path of XPR</u> (eXPiRe) as a way to transition from a world mainly unconscious of **GR**eed, where my **G**iving/**R**eceiving communicates fear, confusion and domination, to a world increasingly conscious of **GR**ace, where **G**iving/**R**eceiving flows freely from the silence and the sounds of LOVE.





The Gølden Rule

9	9		8		7		6 5		4	4 3		2	2		1		
Comp	leting	Orde	ering	Enga	ging	Des	siring	PAIR	Rfect	Resi	sting	Char	nging	Deci	ding	Opening	
9	Th	8	Н	7	G	6	∪ ∨ w	5	Ε	4	D	3	С	2	В	1	*

→ I see the PAIRfect 10 of an alphabet joining 9 Completing and 1 Opening
 merge
 my right and left brain merge
 my right and left hands unite in pure action
 I have my results



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