



WHY am I so powerless to heal?

Out on a Limb?	?	?	?	?	?	?
WHY PaRaDiSe?	?	?	?	?	S is for Secret	?

A Bite of the WHYS Tree



WHY *not* Healing?

What I resist persists! Therefore, for me to *not* heal my creation of family, food, sex, money or [_____], I must be refusing to heal! And it makes me wonder: WHY would I say I want healing, yet *act* as if I wanted to do harm? Moreover, WHY do I lie, when I thought that honesty was high on my list?

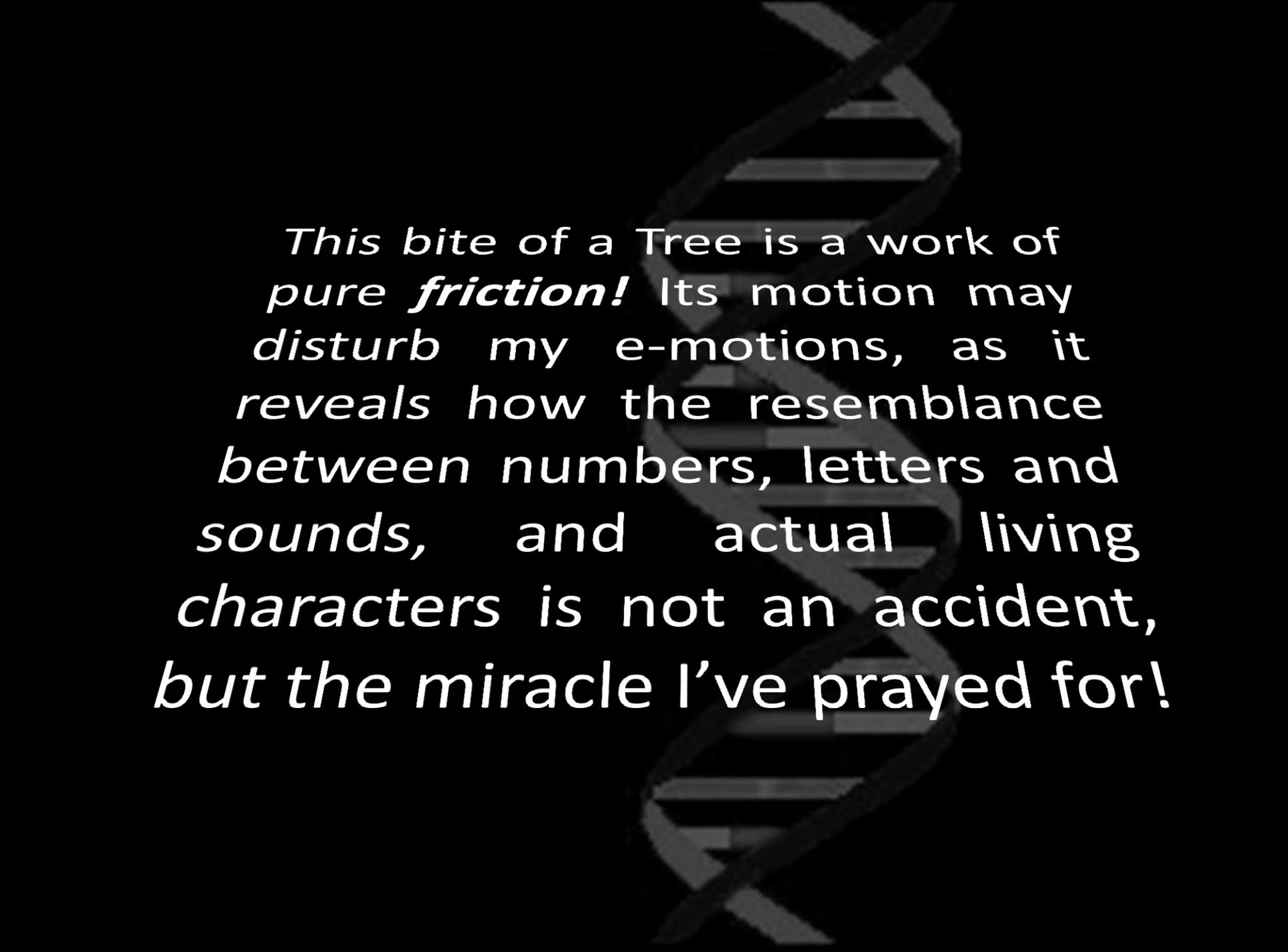
It's because I have a **secret** or two to protect... I think I'm safe; that people can't read my mind, and again, I am fooling myself! Humans are empaths: they can feel me and sense me, *whether I or they choose to know it or not!*

So WHY do I resist healing? Because I am a sentient being without sentience – the capacity for feeling and sensing. I turn it off, especially when life gets intense! Here is a visionary way to keep connected: to open to the sentience of non-human animals, such as numbers, letters and sounds. Possibly, then...

? I'd SEE the uncanny life of symbols ↔ I'd HEAR and UnderStand: there's only One of US ↔ I'd be Enough!

The Nine WHYS of this WISE Tree Bite

1	2	3	4	5	6	7	8	9
Biting?	Learning?	Breaking?	Creating?	Receiving?	Deciding?	Ordering?	Sexing?	Healing?



*This bite of a Tree is a work of pure **friction!** Its motion may disturb my e-motions, as it reveals how the resemblance between numbers, letters and sounds, and actual living characters is not an accident, but the miracle I've prayed for!*



WHY a Bite?

If only, BECAUSE of these “S6X” delicious reasons:

1. BECAUSE, no matter how big a meal I may have had, I still want dessert! So, yes, I am looking for the foods that would satiate my emotional **hunger**.
2. BECAUSE, as much as I **doubt** that it is even possible for me to know eternal bliss (wouldn't that mean to know “God's” thoughts?), one can still hope!
3. BECAUSE the “God” label, and its ensuing communication of fear, confusion and domination, has gotta go! I want to love... I want to listen... I wanna be real in my relating! I wanna walk the talk, and stop the **betrayals!**
4. BECAUSE I **don't have** that much time; I just want a quick sound bite!
5. BECAUSE I have a good life! I don't really have a problem with food; I'm lucky that way... It's the system I **blame**; the chemicals they put in our food...
6. BECAUSE, no matter how many times I may have compromised, I still want to be among the dreamers who won't **quit** on their vision; those who are artists enough to imagine a world in Peace, and take an active part in manifesting it!



THE Story

Hunger

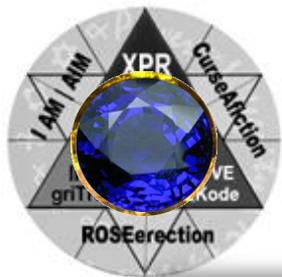
Doubt

Betrayal

Defense/Attack

Blame

Defeat



WHY the “IT” in Bite?

There is a Tree Story, where **eating** from the Tree of the Knowledge of Good and Evil would surely cause **death!** In this *WHYS Tree* story... Stop! I get the “work of friction” now! I’m annoyed by the **Colors** and **CAPS!** I want to think that I am “*The Author...*” But the Truth is: **IT** writes me; I have very little to do with the what, when, where, how... and certainly not the WHY: **IT** just is! As irritating as the process may be, the pearl **IT** reveals to me is glowing, and deeply healing, e.g.; that there would be **eat** in “**death!**” And **IT** makes me wonder... What if the emotional shifts caused by “**IT**” as **Codes** were cosmic **winks** to open me to feeling more, good and bad, and thus loving **IT** all? I’m back to where I started, in Genesis (funny), with a Tree of Good and Bad! Is the Bible subliminal, existing below the threshold of consciousness? If so, what’s “**S6X**”? I see **Number 6** (as in **SIX** colored cells below?) and hear the **Sound SEX** in **Letters SX!** I feel more *to come!* This Word thing; Powerful!

The Word

1. Perspectives

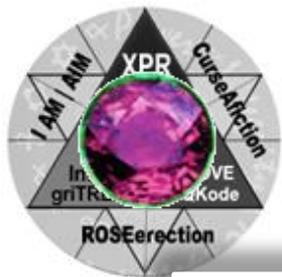
2. Numbers

3. Sounds

4. Letters

5. Names

6. Cipher 0/1



WHY the Bit in “BITe?”

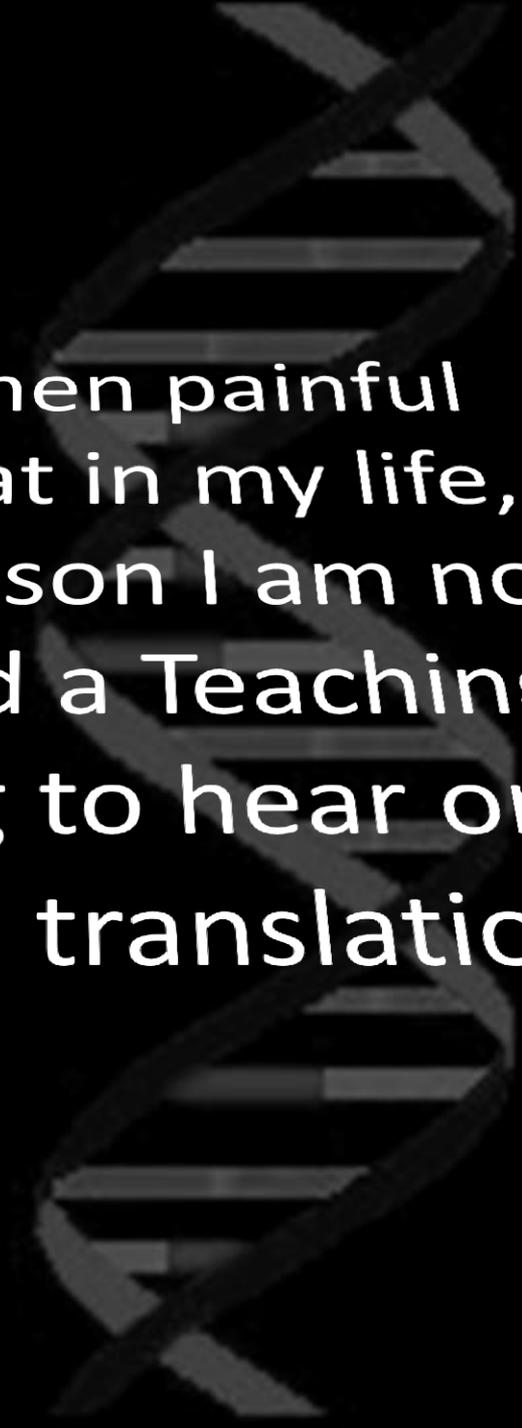
BECAUSE one BITe at a time is how to eat an elephant, *even when it is a BIT much, as it occupied humanity’s living room!* This entity is as immense as it is clever, being the indoctrination that controls the collective unconscious (and thus me). It starts in the belief that “there’s an out there *out there*,” which compels me to look for love in the wrong places, and increases my **Hunger**.

Now that my mind is split, its pendulum swings from one pole (I’m chosen; special) to the other (“I’m not enough; flawed”), over and over again, until I am fully hypnotized and identified. No matter which “side” I am on, as either one of the LORD’S Elect, or not enough to be chosen, I’m equally miserable.

This leaves me with one question: what is this teaching with the Power to indoctrinate and sway an entire world, including me?

The Teaching is Religion. Yet, the problem is not in the Holy Scriptures; it is my **interpretation** of them! I am the translator, i.e.; the observer of my reality: I can only read the signs through the filters of my consciousness.





Consider: when painful events repeat in my life, there is a lesson I am not learning, and a Teaching I am unwilling to hear or SEE: a loss in translation!



WHY Transmitting?



BECAUSE just translating does not really help me to SEE that the WORD is a reflection of me.

However, if I could feel the word “God,” I can see how I’d stop making IT an outer force who keeps a running count of my every deed, to decide whether I’d go to heaven or hell!

Hebrew word *Anokhi* for “me, myself, and I” is the essence of Law, as it is the first word of the Ten Commandments: “me, myself and I [Am the Lord your God who freed you from the land of Egypt. . .]” The transmission “Ego-Egypt” speaks of a mind that projects what it denies onto the other, *out there*. *Anokhi* comes from Sumerian *Anunnaki*, “giants” whose scientific knowledge humans are yet to feel.

Art: *Stairway to Heaven*, Silk tapestry 6'x4' – from the forthcoming exhibit “*Torah, a Song of LOVE*”



WHY Made in Heaven?



BECAUSE, to explain a subjective experience in such a way that it is learned, the teacher must have died to the ego, and gone to heaven: s/he must have a language so REAL, it is to die for!

Not Sensing	No Clarity	?	No Hearing	?	No Sight	?
Sentience	SIXth Silence	?	Oral	?	Written	?

English marries **Hebrew** to transmit that **Jerusalem** for “City of Peace” is built on a *consciousness* of Peace: when I depart, it won’t be REAL Estate I’ll take with me, but the State of being REAL. Observing the city or the consciousness I occupy is done through degrees of **Sentience**: the **Silence** of **Clarity** is the purest. **Oral Teachings** come next, and last, **Written teachings**. What if this last level – the **written** “images” – revealed to be the richest level, as the visual learner in me (64% of us) keeps on **seeing** how real the Living Word is (e.g.; heaven *is* havin’)? How would the repeated miracle increase the authenticity of my communication?

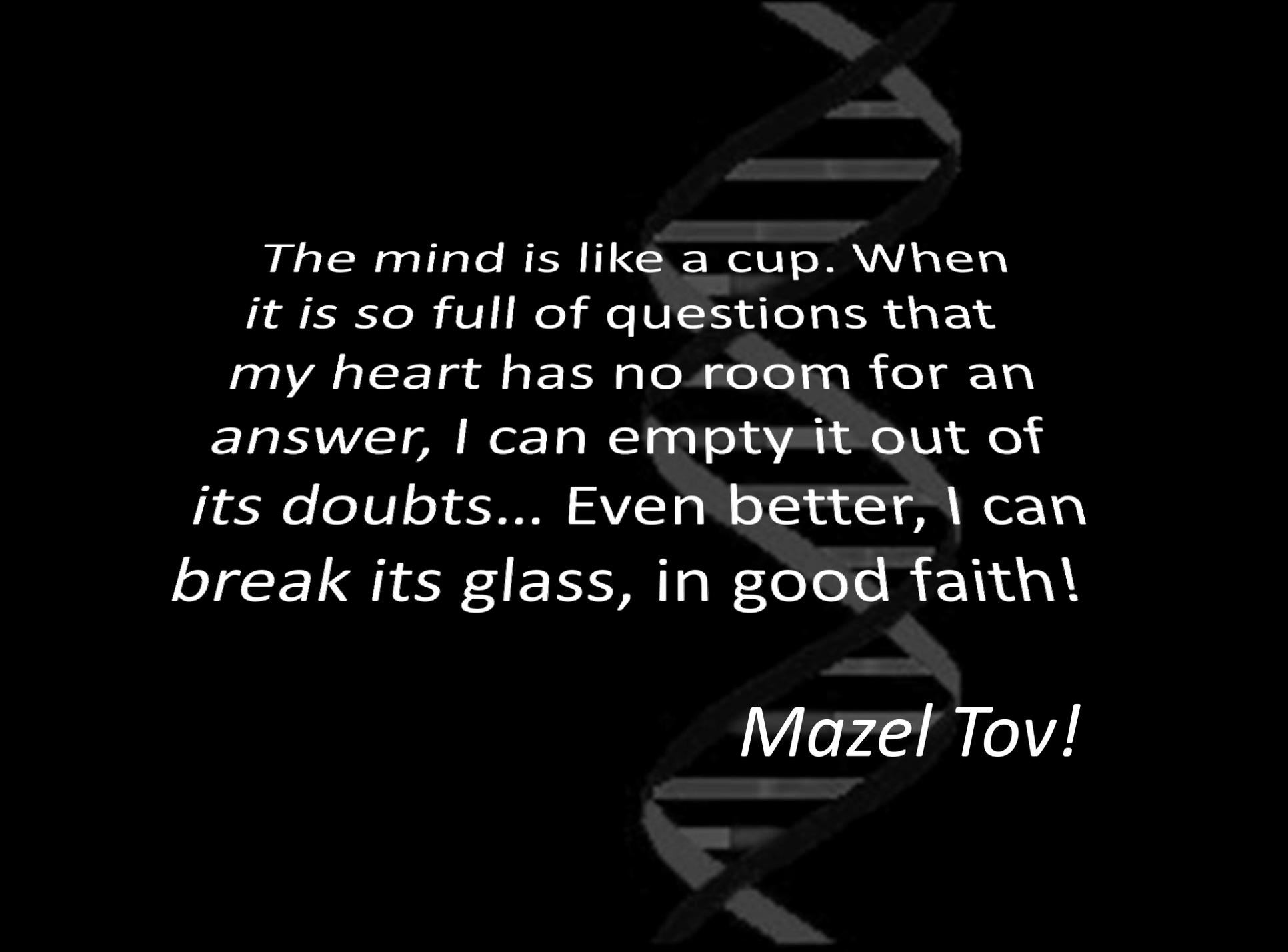


WHY *Maktub*? مكتوب



BECAUSE, when I am disconnected from my soul, and can't hear the inaudible nor see the invisible, I can use the next few pages to help me beyond the fear that prevents me to hear/SEE what is!

Maktub, Arabic for “it is written,” and its Hebrew sister *Ketubah*, are calling to be *received*, as the written prenuptial “agreement” I have, whether I am aware of it or not, with what many term “God.” This contract is sacred, as it has been inscribed in the ether of Akashic records *before the beginning of time*, for me to have a “**Good** Life”. English/Hebrew (S/Hebrew for short) is the Sacred Marriage to convey how to embrace what has me SCARED of the SACRED.



The mind is like a cup. When it is so full of questions that my heart has no room for an answer, I can empty it out of its doubts... Even better, I can break its glass, in good faith!

Mazel Tov!



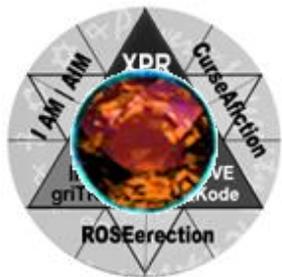
WHY is Linear “Written?”



BECAUSE it calls me to transition into **Sacred Time**, when I live as if each day were the last! Arabic *Maktub* and Hebrew *Ketubah* join to affirm “**It Is Written;**” the outcome is already known by “God.”

Linear Time	Cosmic Tension	Intention	Individualism	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

The idea of predestination is disturbing to me. I can accept that the big events of my life; my country, my family, my career, would be “written,” but the book I just got: was that also *planned*? East and West agree to see that whatever experience this body is to have was already decided at its birth. Yet what about my freedom, and responsibility for what I say and do? The answer is in **Sacred Time**.



WHY is Sacred “Written?”



BECAUSE “SACRED” plays with “SCARED”. Symbols, or any writings on the wall, are often enigmatic to me, as is the root of *hieroglyph* for “sacred sign.” I fear what I would have to do if I *actually* read the signs!

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

It is written: the **WORD**, and not the **WORLD**, was created in **SIX “days!”** I can feel how the beginning of time is the beginning of mind, as I decide, consciously or not, to obliterate the Now by focusing on a past or future memory. I am now using my words to create a world of pain. Hear, hear: the Hebrew Bible’s first word has two main translations: 1. in the beginning, 2. created-SIX. The **sacred** word traces a 6-stage process, for me to understand my beliefs so fully (e.g.; **Linear**) they spontaneously diffuse.





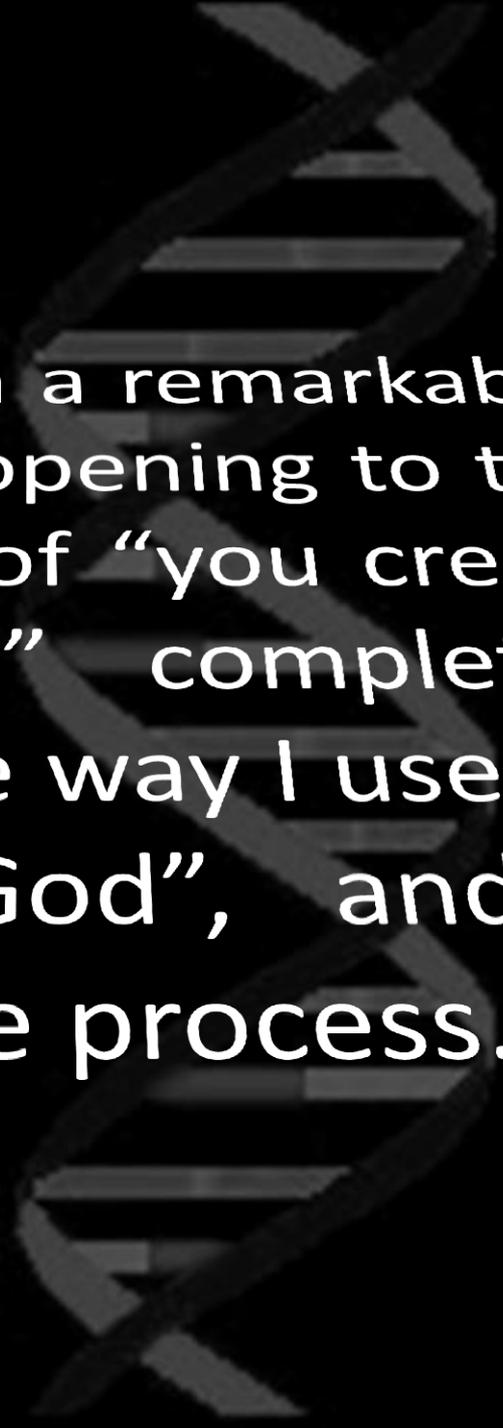
WHY is Tension “Written?”



BECAUSE, while I delight in reading the signs I judge to be good, I’m tensing up as I look at the signs I see as “bad.” This goes on until I see that the signs I call “bad” do, in fact, guide me to embody a more loving version of myself.

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

First “Day” of Creation: when I feel the **Cosmic Tension** vigilantly evolving me to LOVE, I hear and feel that God is Good. It is written for “me” to attain the ultimate aim: **Self-Mastery**! And “I” called the light *Day*, and the darkness “I” called *Night*. On the note of creating **my** reality: do **eye** tend to make the day a “**Good**” thing, and the night, an “evil” thing, or the contrary? What’s **my** style?



I am living in a remarkable age, when opening to the perspective of “you create your reality” completely redefines the way I used to think of “God”, and of “His” creative process.



WHY is Intention “Written?”



BECAUSE, when I open to the perception of “I create **my** reality,” it will work with **me** (by inviting **me** to repeat **my** insane pattern), until **my** creation of unconscious time is no longer an option, or a lie I **choose** to entertain.

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

Second “Day” of Creation: when my sole **Intention** is to do no harm, I don’t doubt **my** goodness. Therein is the secret of the #1 prayer: health. It is the faith that makes me/all **Well!** Since I know this to be true, and since some parts of my life call for healing, I must inquire on **my** intentions. And there was evening and there was morning, one “Day” in my evolution as [**state my name**].



WHY is Mystification “Written?”



BECAUSE I am a mystic without a sanctuary... I looove being a **seeker**: “it’s the journey, not the destination!” But, am I **sicker**, while seeking *and* making sure I don’t find? I just don’t want it to end; I don’t wanna change!

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

Third “Day” of Creation: when expressing my soul, yet having problems making rent, I’m not a mystic; I am **mystified**! Same when paying the bills, yet having no time for love. There is a good reason why I’d let me be hypnotized: my ego is in grave danger! While journeying, I may accidentally find “God” at any time! Moreover, if I were to face **Death** *and* put my affairs in **Order**, I’d have no place to hide! And there was evening and there was morning, a bad hair “Day” in my evolution as [**my nickname**].





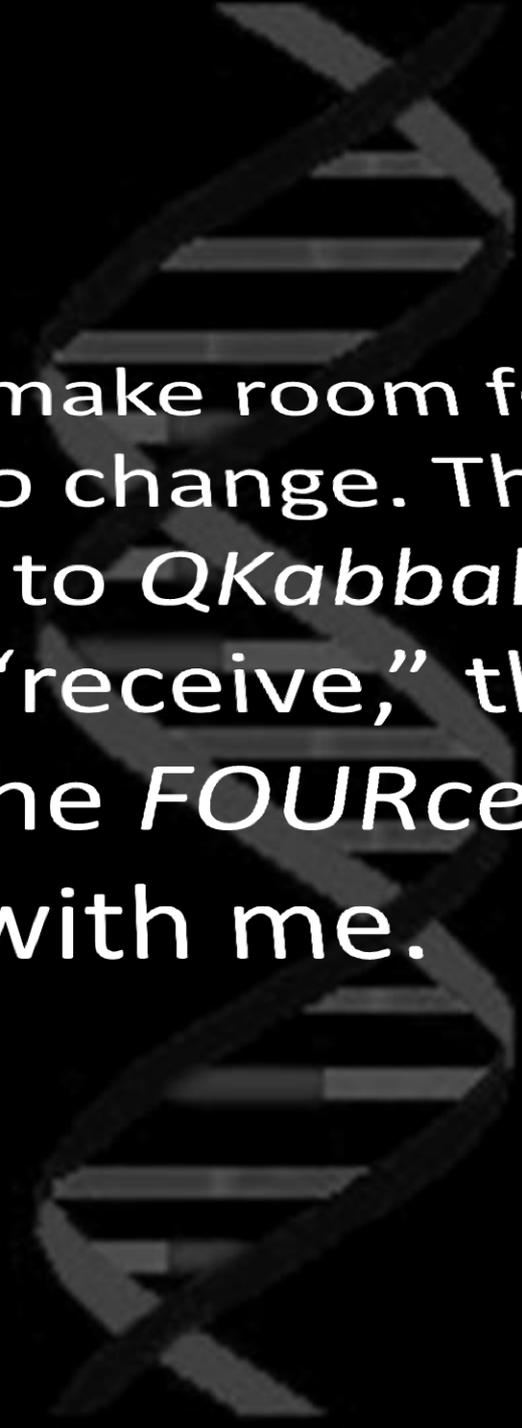
WHY is School “Written?”



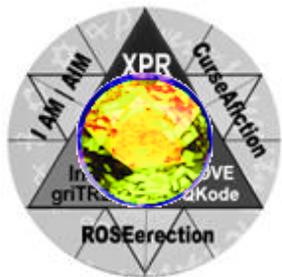
BECAUSE the back of the skull is the school where I bring my dark secrets into the light. It is Day 4, when the “FOURce” of Sacred Time is with me, that separates nights and days, and illuminates the signs of the seasons.

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

Fourth “Day” of Creation: as I sense how **the Place of the Skull** (the challenge I’m facing) was conceived *just for me* by a benevolent Spirit, I surrender to the wisdom of its plan. I now read the signs to discern night from day. No accidents: it is written for my story **to be done with!** And there was evening and there was morning, a groovy “Day” in my evolution as [**name change**].



Emptying, I make room for something to change. The more I open to QKabbalah, Hebrew for “receive,” the more I feel the FOURce of LOVE being with me.



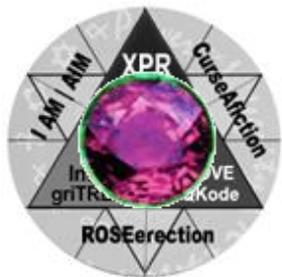
WHY is Free Will “Written?”



BECAUSE I will believe I'm the doer, and guilt me "I shouldn't have", or boast "I did it!", until I hear "not my will..." I will then no longer confuse being free to choose chocolate or vanilla, with being free to choose Peace.

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

Fifth “Day” of Creation: the more I hear “it is done,” and stop doing that which causes me to suffer, the less attached I am to the personal (my **“Free Will”**), and the more my heart opens in gratitude for a **Solidarity** genuinely in service to my sisters and brothers! And there was evening and there was morning, a memorable “Day” in my evolution as [**my favorite hero’s name**].



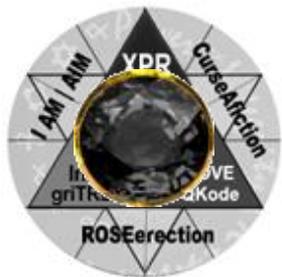
WHY is Demon “Written?”



BECAUSE, if I *try* to deny or repress my demons, I also deny and repress my **genius!** This is known by any addict or artist, who has felt the agony and the ecstasy of holding (or not) the tension in between opposites!

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

The SIXTH “Day”: as I transmute the karmic pain caused by my **Demons**, to where the **Genie** is finally out of the bottle, I am blessed beyond belief with a **Fruitfulness** that keeps on giving and multiplying: sensing when enough is “in off,” I experience no creative blocks! And there was evening and there was morning, a restful “Day” in evolution where I opened to [**my nemesis**].



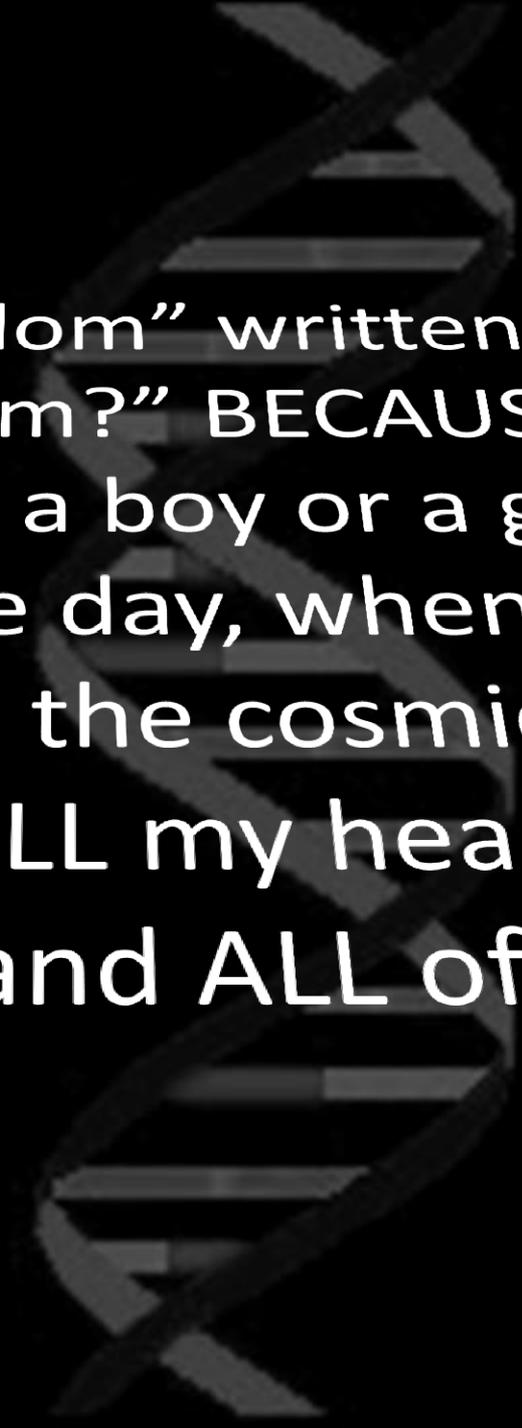
WHY is eXPiRe “Written?”



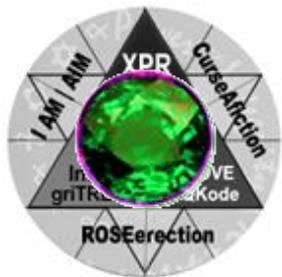
BECAUSE of a wondrous possibility: what if there was a path (“eXPiRe”) scripted so sensibly that I’d trust that 1. there is an end to the BS, and 2. getting there won’t be the drudgery I picture?

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	“Free Will”	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

WHY *Maktub*? I see it now: it is BECAUSE I choose to know that *this* too would pass; the ways I defend my individuality by attaching to the idea of intentionality (my new word for “free will”), while I am in fact wasting “my” time! Also BECAUSE I’m a dreamer: I do imagine All the people living life in Peace, and I’m ready, *I think*, to read my own decoding on the holy wall of scriptures, and to be the change!



WHY is “Wisdom” written
to be “wIsDOM?” BECAUSE,
whether I am a boy or a girl,
I dream of the day, when I
say “I DO!” to the cosmic
forces, with ALL my heart,
ALL my soul, and ALL of me!



WHY Wait?

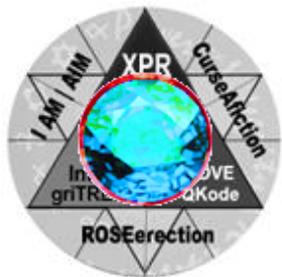


BECAUSE I dream I have time before I'd **decide** to wake up. For now, I prefer to see **red** out of judging *you* as bad, than to see the **green** light signaling *me* to go to Good Now!

MOVIE Trivia: the star of the TV show *I dream of Jeannie* was named Barbara **Eden**. Latin word **Genius** from Arabic **Genie**, from Hebrew **Gan**, in "**Garden**" of **Eden**.

Linear Time	Cosmic Tension	Intention	Mystification	The Skull Place	"Free Will"	Demon-Genie
Sacred Time	Self-Mastery	Wellness	Death Order	It is Done!	Solidarity	Fruitfulness

Wait! That my **Genius** could be seen *and* heard: that's my fondest dream! As for observing, out of all future memories, the version of me that's **Fruitful**, including **\$\$\$**? Seems too good to be true! Hmm, this must mean that I *want* to believe in me, but that I don't, as I actually doubt my value. I know; when I **decide** to believe *beyond doubt* in my goodness, I will see it for REAL!



WHY eye, & not “I”?



To find out, roll a DIE!

What’s THE Story keeping me from Deciding?

“My” Roll	1	2	3	4	5	6
THE Story	Hunger	Doubt	Betrayal	Defense/Attack	Blame	Defeat
THE Decision	Purity	Faith	Trust	Presence	Acceptance	Laughter

BECAUSE, only when I know who “I” Am, do I have eyes to see. And BECAUSE IT is a book of “heART,” so that I could picture what Faith is: when I **decide** to believe *beyond doubt* that my dream serves the Good of ALL, I will have 100% certainty in my Power to see it, and eye will see it for REAL!”



WHY THE Decision?



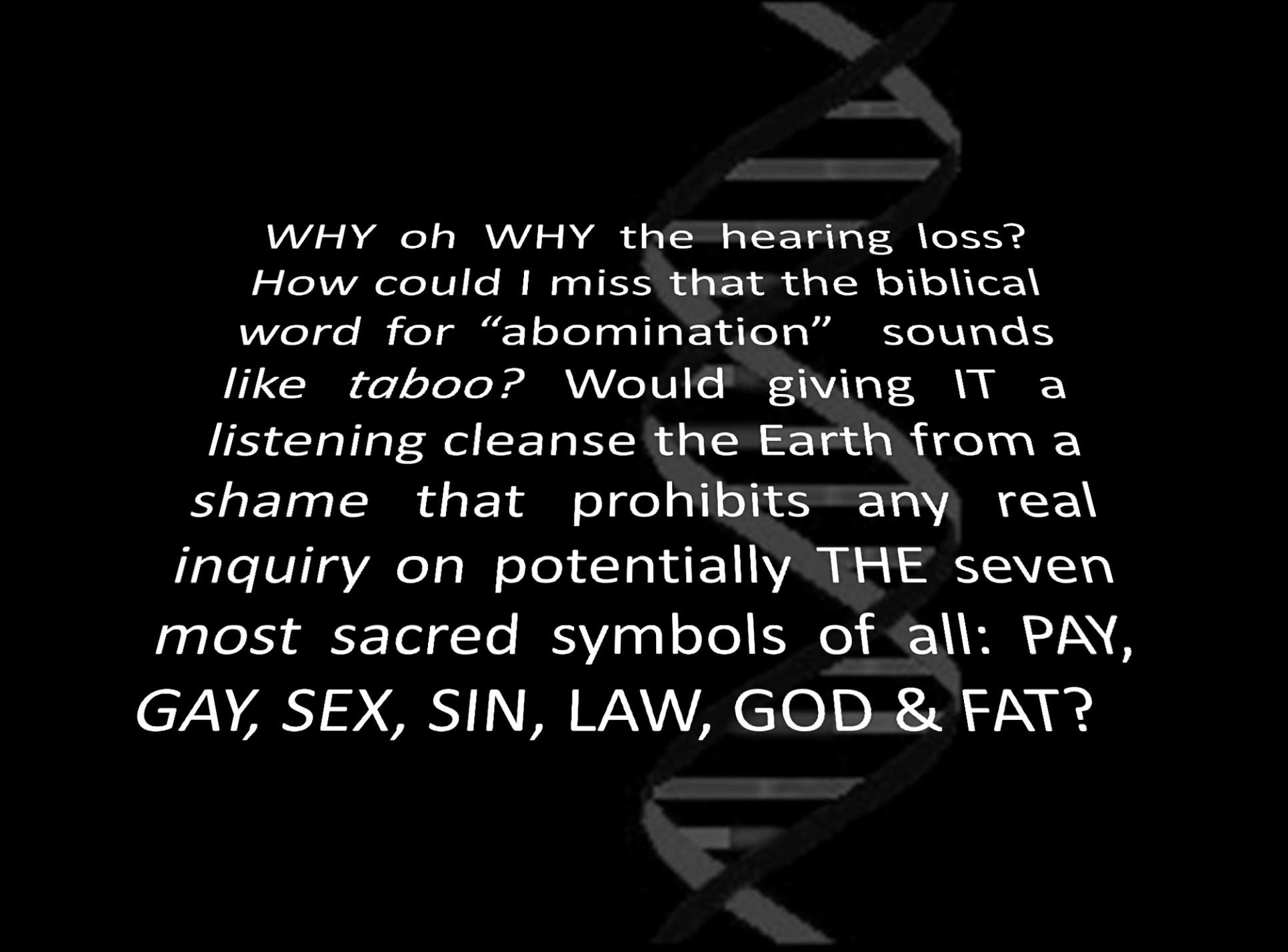
Center image: cover page of *Portae Lvcis* (“Gates of Light”), work of Joseph ben Abraham Gikatilla, Spanish Kabbalist – 13th century.

Hebrew word *Pheleh* for the “Wonder” of **32** Paths of Wisdom of the Biblical Tree of Life. *Pheleh* is the turn around of the first and most “ONEderful” Power sign: letter *Aleph*.

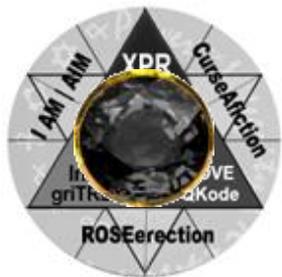
THE Story	Hunger	Doubt	?	?	?	?
THE Decision	?	Faith	Trust	?	?	?

Q: Can you help me to accept that, when life is suffering, there is a course to the end of suffering?

A: Yes, I can, provided you ask for help! Until then, there is no explanation that could convince you of what you must **decide** for yourself. Unless you’re ready for how truth will change your life, it is likely that you will be in some level of **Story**, and not deliberate in making **THE Decision** to engage. You’ll eventually quit before the end, out of imagining that your agreement is with “the other,” and your investment, in “the other.”



WHY oh *WHY* the hearing loss?
How could I miss that the biblical
word for “abomination” sounds
like taboo? Would giving IT a
listening cleanse the Earth from a
shame that prohibits any real
inquiry on potentially THE seven
most sacred symbols of all: PAY,
GAY, SEX, SIN, LAW, GOD & FAT?



WHY eXPiRe à la carte?

I eXPiRe
\$\$\$

I inSPiRe
FREE

What I am willing to Give in **Order** to Receive? What is *Enough*?

The eXPiRe Tarot App is available in the iTunes store or Google Play store.

I eXPeRience
\$\$

I eXPRESS
\$

I eXPloRe
FREE

I eXPeRiment
FREE

The PaRaDiSe Circle is a community offering, sponsored by emPowering NOW.

BECAUSE I choose which XPR will satiate my hunger!

XPR à la carte	QK at the Movies	Hear/SEE	PaRaDiSe Circle	THE END Quest	eXPiRe Tarot App	The WHYS Tree
XPR Transforming	InSPiRing	eXPloRing	eXPeRimenting	eXPeRiencing	eXPRESSing	eXPiRing



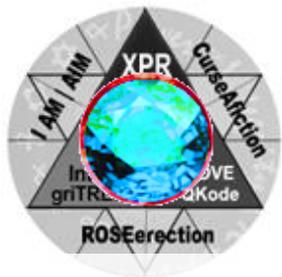
WHY the 4 of PaRaDoX?



BECAUSE Hebrew word **PaRDeS** for “orchard” is also a 4-lettered Name and an acronym invoking a process by which to find **PaRaDiSe** where I lost it; in the **PaRaDoX** spoken by my intuition, a.k.a. God’s language.

Out on a Limb?	?	Stupid Silly	Distract Destroy	Tired Toxic	Irritated “I”	?
WHY PaRaDiSe?	?	D for Difference	R for Reminder	P for Practicality	S for Secret	?

Being fluent in the **PaRaDoX** is to *truly* “love the neighbor as the Self”. It is to say *Namasté*, and *really* salute the divine in ALL. It is to give *you* the understanding and the love I want from *you*. The endeavor is not for the faint of heart. When I choose to be called, I will hear how the healing I seek is in feeling *for real* how I create my WORLD with my WORDS: “it is not what goes into my mouth that defiles me, but what comes out of my mouth”. I will then develop a healthy appetite for “The WHYS Tree”.



WHY go out on a limb?

BECAUSE that's where the fruit of the WISE is!

Whys—noun, plural: questions on the cause, reason or purpose for which something is said or done.

Wise—adj.: to have the Power to know the difference between good and evil, and the Kindness to do good!

On a Limb?	Resisting	Stupid Silly	Distract Destroy	Tired Toxic	Irritated "I"	Quitting
WHY PaRaDiSe?	M for Mystery	D for Difference	R for Reminder	P for Practicality	S for Secret	T for Truth

It has been said that asking “why” is a victim’s question. It has also been said that, when the WHY is big enough, the HOW and the WHAT find a spontaneous answer. However, when the WHY is not big enough, I’ll use the HOW and the WHAT as excuses for not doing what I said I would. *The WHYS Tree* is for me to raise a big enough WHY to open to the wisdom of a mind that has no questions, and a heart, no answers.

1. **Resisting** is a sure sign that I am afraid of *becoming* the **Mystery**.
2. **Stupid Silly** is a sure sign that I’m resisting the **wisdom** to *know* the **Difference**.
3. **Distract Destroy** is a sure sign that I’m resisting *feeling* the **Reminders** of “bad is good!”
4. **Tired Toxic** is a sure sign that I’m resisting *sensing* the **Practicality** of “no more BS!”
5. **Irritated “I”** is a sure sign that I’m resisting *intuiting* where I’ve hidden a **Secret** or two.
6. **Quitting** is a sure sign that I’m resisting *being* the **Truth** that would set me free.

*WHY the Path of eXPiRe? BE-
CAUSE it starts and ends with
The WHYS Tree, for me to eat
so deliberately from the Tree
of the Knowledge of Good
and Evil that I would come to
know the difference between
“WRITE” and wrong, and thus
fulfill my soul contract!*



WHY the “God” Chakra?



BECAUSE there has to be a way for the mind that says “I don’t want to!” to be at one with the heart that says: “jump!”

Secrets	?	Theft	Flirtations	?	?	?
Honesty	Straightness	?	?	?	?	Lucidity

Hebrew word *Yesod* for “Foundation” names the sex chakra of the Biblical Tree of Life. The letters of *Yesod* can reorder as *Sohdi*, for “my secret.” To remember where I buried my agendas, I must EAT from the famous Tree of the **Knowledge** of Good and Evil. It is how to hear my heart, and **Know the difference** between right and wrong. When I no longer have any dark \$exual \$\$ecrets, I meet *El Shaddai*, THE GOD Name “of Enough” who spins my sacral center. Note: Sanskrit *Svadhithana* (sex chakra) evokes the “sweetness” of *HONEstY*.



WHY Not Having?

BECAUSE, not understanding that energy follows thought, I do not choose to go deep in the abysmal Self, and to come to the solution by inquiring on my beliefs.

“In the beginning the Earth was null and void and darkness was upon **the deep**”. *Genesis 1:2*

Personal Issue	Memory	Money	Sex	Food	Family	Authority
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Evolutionary tension compels something to come out of nothing, e.g.; “let there be healing!” When I speak the Truth, I see that healing had always been there! Manifesting IT came out of an act of **pure** will (a word) moved by a **sane** mind: “body” (energy made manifest) followed mind, and came out of the “deep;” the field of the etheric abyss. Therein are ALL past and future memories, which can be downloaded via the Logos – Hebrew *S.ph.r* (English XPR) for “numbers, letters, and sounds”. Since symbols are what consciousness uses to create, I ask:

1. Do I have an issue with any of the cells of the colored line above?
2. Do I accept that “energy follows thought” as a Truth?
3. If yes, WHY am I still looking for an answer to my problem in the material world, by way of a new plan to conquer it? Might I be afraid of facing the unknown health that would be manifest from answering: who am I?



WHY is Absolute “Written?”

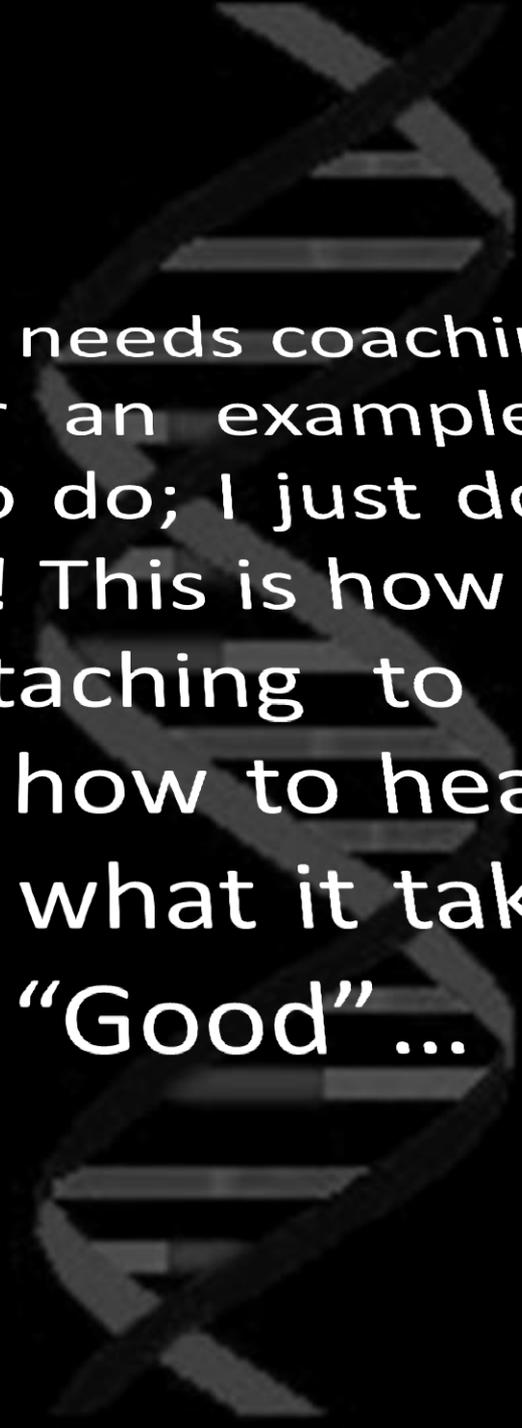


BECAUSE I can trust that I am **the One** I’m looking for, when I hear how true it is that “there are no absolutes”, *only One Absolute!*

Hebrew word *Kipurah* for “Absolution.”

Projection	?	?	Divorce	?	?	?
Law of LOVE	Absolution	?	?	?	?	?

The mention of a book of all past and future memories first appears in Babylonian mythology, via scribe Belet-seri, who records human activities for Ereshkigal, the Queen of the Underworld, to pass Judgment. The same position of celestial scribe was filled by Egyptian Thoth, Greek Hermes, and Hebrew Metatron. Conveying the freedom of images in the midst of images, the Word now becomes transparent – unsalable. It awakens the “eXPReSSion” of that which can’t be said, to lead me to understand what understanding is.



*No one really needs coaching.
Take me, for an example, I
know what to do; I just don't
want to do IT! This is how I do
harm, by attaching to "I'm
bad"! Next is how to heal my
mind, and do what it takes to
let go, and let "Good" ...*



The Gølden Rule

9		8		7		6		5		4		3		2		1	
Completing		Ordering		Engaging		Desiring		PAIRfect		Resisting		Changing		Deciding		Opening	
9	Th	8	H	7	G	6	UVW	5	E	4	D	3	C	2	B	1	∞

→ I see the **PAIRfect 10** of an alphabet joining **9 Completing** and **1 Opening** ↔ my right brain and left brain merge ↔ my right and left hands unite in pure action ↔ I have my results ←

The emPowering NOW Team – dedicated to the simplicity of “do no harm!”

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